

# Advance | Discover | Play

Learning for Your Life with  
Harper College **COMMUNITY EDUCATION**



**CAREER**TRAINING

**PERSONAL**ENRICHMENT

**LIFELONG**LEARNING (50+)

**ONLINE**+ON-CAMPUS

**ENROLL TODAY**  
**MARCH – MAY 2024**

 Harper College **Non-Credit**  
**Community Education**

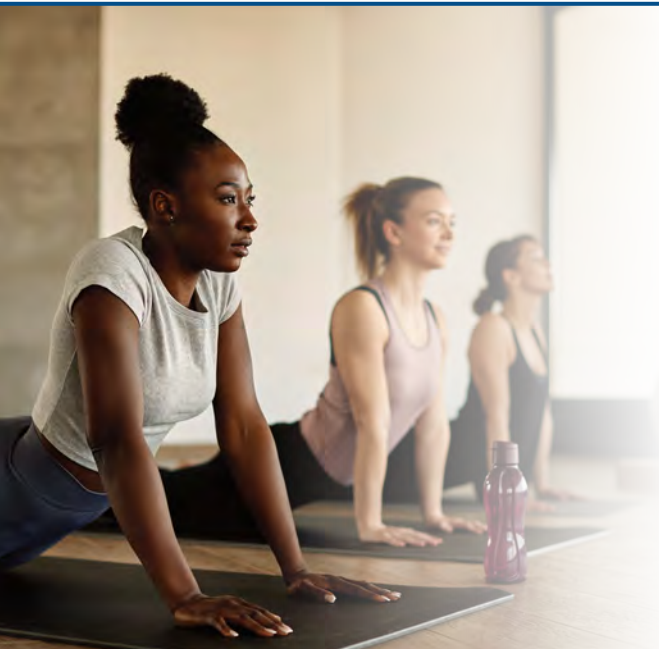
# LIFELONG LEARNING INSTITUTE (LLI)

AGES 50+

LLI is an experiential and discussion learning program for older adults. It offers you fresh, relevant and fun courses in a seminar format. That means no exams or homework – just spirited discussions, hands-on activities and new connections with lifelong learners just like you.

Learn in intimate groups led by distinguished Harper College faculty and experts in a variety of professional fields. Program leaders create engaging and innovative programs specifically for lifelong learners. Choose from a new group of featured seminar topics each semester.

Learn more at [harpercollege.edu/lli](http://harpercollege.edu/lli)



## FITNESS AND WELLNESS CLASSES IN THE HEALTH AND RECREATION CENTER – BUILDING M

Through a partnership with Palatine Park District, fitness and wellness classes will now be offered through the Community Education Department in Building M. The Foglia Foundation Health and Recreation Center was fully renovated in 2018 and features excellent facilities and programming.

A sample of the classes to be offered includes:

- Dance
- Self Defense
- Yoga
- Martial Arts

Learn more on p. 28



## IN ZONE ON-CAMPUS SUMMER CAMPS

FOR AGES 6-14, JUNE 3 – AUGUST 9

Provide your children with a summer of adventure and learning on our campus. Avoid summer boredom with over 150 different courses in sports, art, cooking, music, design, and technology. Flexible and full of options, our courses can be taken individually or full day with before and after care options. Get started and plan your summer by visiting [harpercollege.edu/inzone](http://harpercollege.edu/inzone).



# Top 10 Most Popular Courses



## Electrical Repair

**LHF0003**

Harper Main Campus

Instructor: Ernie Hagenow

p 51



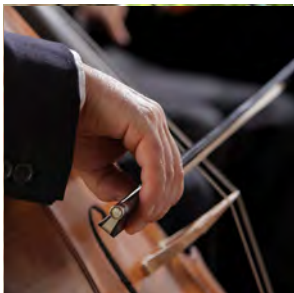
## Improv for Everyone

**LFA0002**

Harper Main Campus

Instructors: Deb Quentel  
Tracy Boland

p 46



## String Orchestra for Adults

**LMU0025**

Harper Main Campus

Instructor: Edgar Gabriel

p 44



## Conversational Spanish I

**LLL0002**

Harper Main Campus

Instructor: Rene E. Castellanos

p 66



## Healthcare Provider CPR

**LCP0002**

Harper Main Campus

Instructor: William Cannone

p 12



## Chair Yoga

**LPE0005**

ONLINE-Live Meetings

Instructor: Mary Beth L. Janssen

p 32



## Pottery: Wheel-Throwing for Beginners

**LEI0020**

Harper Main Campus

Instructor: Janice C. Kostelny

p 36



## Oil and Acrylic Painting: Beginning

**LEI0001**

Harper Main Campus

Instructor: Angela Redmond

p 35



## Pottery Workshop

**LEI0033**

Harper Main Campus

Instructor: Janice C. Kostelny

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## Personal Self-Defense Workshop

**LPS0030**

Harper Main Campus

Instructor: Pete Almeida

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# COMMUNITY EDUCATION COURSE SCHEDULE

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# Letter to Our Community

As we consider what opportunities our upcoming fall semester provides, I'd like to reflect upon a success story from one of our long-term Community Education writing students. As you probably realize, becoming an author can be difficult business. So, we are always happy when our students get published.

Student Kate Guerrero is the winner of the 2023 Soon To Be Famous Illinois Author Manuscript Project contest for her novel *Burn and Balm*. Kate has taught middle and high school English and dabbled in fiction, but during the pandemic she decided to begin a novel. To get started, Kate took a couple of Community Education classes and began getting words on paper. Having an instructor to hold her accountable and fellow students to support each other helped to keep her writing on track.

In an article announcing her contest win, Instructor Laura Ehrke said, "You feel this incredible creative energy generated during class. Ideas are sparked for both the student's own manuscript and for their cohort's works. Writing is such a solitary road and it's easy to veer off course, so this engagement keeps you committed to your projects."

Writers often tell you that being part of a community of writers is the greatest motivation, and Kate has found that at Harper College. She said she would have never finished the manuscript without check-ins during classes, feedback from her fellow authors and support from her instructor.

Maybe you are an aspiring writer, or maybe you're interested in pursuing other interests such as playing an instrument, painting or learning another language. Or, perhaps you want to give your career a boost by learning a new skill or becoming more proficient in an area critical to your work. This catalog is full of opportunities, and I encourage you to sit down with it for a while and enroll in something that will help fulfill you.

Finally, one last thought from Kate, "These courses are just a really great way to get a boost and have support." We hope to see you in our classes in the spring.



A handwritten signature in black ink that reads "Avis Proctor".

Dr. Avis Proctor  
President, Harper College

# Learning Options to Fit Your Life



## Live Online Classes

These are classes where an online meeting is being used like an in-person classroom. Days and times for the meetings are specified, with online lectures being used as the primary way in which course content is being presented. These classes will either utilize Webex or Blackboard (with Blackboard Collaborate Ultra for class meetings). Information on your virtual classroom will come directly from your instructor via email.



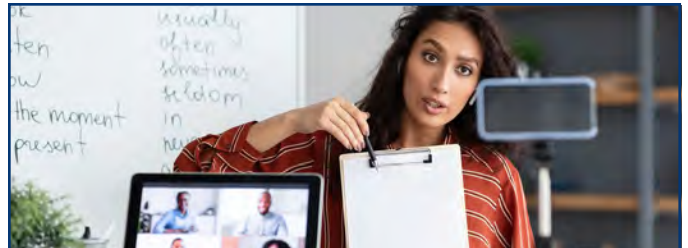
## Self-Paced Online Classes

In these classes, content (lectures, readings, videos, etc.) is placed on a protected website (Blackboard, in most instances). Some self-paced classes may have occasional class meetings, though meetings are not the primary way in which content is being presented to you. Self-paced classes will have active instructor participation and deadlines even without live meetings. You will receive instructions for accessing the class materials prior to the start of classes via email.



## In-Person Classes

These classes meet in-person at the designated campus or offsite location. The room number and most up-to-date information is available on the course page at [ce.harpercollege.edu](http://ce.harpercollege.edu). For information on prevention and resources related to COVID-19, please visit [harpercollege.edu/advisory](http://harpercollege.edu/advisory).



## Blended Classes

Blended classes use a combination of in-person and online meetings. Information on the class structure will come directly from the instructor.



## NEW: Flex Classes

Flex Learning courses offer students the flexibility to select between two or more options for how they participate in class sessions. These options may include (1) in-person meetings on campus, (2) "real-time" online meeting, and (3) self-paced online. Instructors will outline the learning options available for their class. Class meeting times are designated in the catalog and on the CE website.



# Digital Badges

Harper College Community Education is committed to providing you with the tools you need to reach your professional goals. One of the most exciting trends in career training these days is the digital badge movement.

Now, certain courses and training programs will earn a digital badge that you can proudly display in your resume, in an email to a potential employer, or in your social media profiles on LinkedIn, Facebook and elsewhere.

Learn more and start earning your next badge today!  
[ce.harpercollege.edu](http://ce.harpercollege.edu),  
**“Earn a Credential”**

## Business and Careers

Accounting and Finance for  
Non-Financial Managers (ONLINE Self-Paced)  
Bookkeeping (ONLINE Self-Paced) Customer  
Service (ONLINE Self-Paced) Customer  
Service and Sales Specialist Digital  
Marketing (ONLINE Self-Paced) Diversity,  
Equity, and Inclusion in the  
Workplace (ONLINE Self-Paced)  
Grant Writing Essentials  
Management (ONLINE Self-Paced)  
Online QuickBooks (ONLINE)  
Project Management (ONLINE Self-Paced)  
Six Sigma Green Belt (ONLINE Self-Paced)  
Statistics for Decision Making  
(ONLINE Self-Paced)  
Supervisory and Leadership (ONLINE Self-Paced)  
Supply Chain Basics

## Computers and Technology

Basic Game (ONLINE Self-Paced)  
Data Analysis (ONLINE Self-Paced)  
Mastering Computer Skills in the  
Workplace (ONLINE Self-Paced) Excel  
(ONLINE Self-Paced)  
Graphic Design Software Essentials  
(ONLINE Self-Paced)  
Microsoft Office Administrator  
Microsoft Office: Excel 2019  
Power BI (Business Intelligence)  
(ONLINE Self-Paced)  
SQL (ONLINE Self-Paced) WordPress  
(ONLINE Self-Paced)

## Fitness, Health & Wellness


Food, Nutrition and Health (ONLINE Self-Paced)  
Nutrition, Chronic Disease and  
Health Promotion (ONLINE Self-Paced)

## Music & Arts

Business Writing (ONLINE Self-Paced)  
Effective Grammar (ONLINE Self-Paced)  
Sound Recording  
Writing

## Personal Interests

Conversational Spanish



## Advance Your Career

Digital badges show your employer or industry your dedication to advancing your professional skillset. These badges help you stand out from the rest with a visual representation of your accomplishment provided by Harper College Community Education.

**Use your digital badge to:**

- Boost Your Resume
- Display in Your Email Signature
- Post on Your LinkedIn Page
- Share with Your Employer

Note: The courses required for any given badge may not be scheduled every term.



# Business & Careers

Advance your career, build your business or start a new career. Our courses and digital badges provide you the tools for success.

## WHAT'S NEW

- The Basics of Bookkeeping

## DON'T MISS

- Accounting and Finance for Non-Financial Managers Digital Badge
- Aviation Ground School
- Bookkeeping Digital Badge
- QuickBooks Digital Badge
- Digital Marketing Digital Badge
- Management Digital Badge
- Project Management Digital Badge
- Diversity, Equity, and Inclusion in the Workplace Digital Badge
- Statistics for Decision Making Digital Badge



Scan me to learn more about **Business and Careers**

Learn more at [ce.harpercollege.edu](http://ce.harpercollege.edu),  
**"Browse Our Programs/ Business and Careers"**

## Accounting, Bookkeeping and Finance



### The Basics of Bookkeeping

SELF-PACED

NEW!

How do you keep track of the day-to-day financial transactions of a business? Whether you are looking to advance in your career, or you're an entrepreneur, (or maybe you are a part of a family business), this course will help you if you are looking to understand the numbers.

The Basics of Bookkeeping course will help you understand, and know how to record, every penny that comes into your business and every penny that goes out of your business. This course shows you how to create a chart of accounts that meet your needs. All of the money you spend, and all of the money you earn, have a place to go. How do you record them? What are debits and credits? What do the numbers mean? How do I label accounts? Even if you outsource your bookkeeping needs, you should still have a basic understand of what happens with the money earned and the money spent. No one should be blind to their finances!

LRN0218-001

ONLINE-Self Paced

03/04/24-03/29/24

**TUITION & FEE: \$195.00**

### Basic Business Math



Gain the essential needs in Math with a business approach. Covers whole numbers, fractions, decimals, percentages, simple equations, and percentage formulas with examples of commissions, markups and markdowns, discounts, sales tax, simple and compound interest, and installment loans. Practice with bar, line and circle graphs, and follow with just a touch of statistics: averages, medians, modes, and more.

LBS0084-010 Harper Learning & Career Center, PH  
 04/08/24-04/10/24 MO WE 5:30 pm-8:30 pm  
 Instructor: Javier Zaragoza

**TUITION & FEE: \$175.00**





## Accounting - Cash is King



Cash management is one of the most important factors in the financial success of your business. D&B reports that 90% of all small business failures are due to poor cash management and inadequate cash flow, leading to more money getting paid out than collected. Non-financial managers usually make the key differences in day-to-day cash flow decision making. Learn how to optimize cash flow, uncover hidden internal and external sources of cash, and how to cultivate solid cash management in your company.

LRN0024-024

ONLINE-Self Paced

03/04/24-03/29/24

**TUITION & FEE: \$195.00**

## Financial Analysis and Planning for Non-Financial Managers



Designed for non-financial managers, business owners, entrepreneurs, and other decision-makers, this advanced course will take the mystery out of money matters. Throughout this course, financial information that drives your organization, as seen on the business's reports, will be assessed and analyzed to understand it. An understanding of this information will help you make smart decisions when it comes to budgeting, setting goals, and assessing performance within your own area of influence.

LRN0139-017

ONLINE-Self Paced

04/01/24-04/26/24

**TUITION & FEE: \$195.00**



## Online Self-Paced Bookkeeping Digital Badge



Whether you are an entrepreneur, running a family business, or just looking to add to your skill set, this Bookkeeping Digital Badge will provide you with the knowledge needed to measure and manage the financial health of your business.

This Digital Badge requires completion of three one-month online self-paced courses. You may register for the Digital Badge, which includes all three courses, or take the courses separately:

- **LRN0176: Bookkeeping Digital Badge**
- **LRN0177: Understanding Debits and Credits**
- **LRN0178: General Ledger and Month End Procedures**
- **LRN0179: Closing Procedures and Financial Statements**

## General Ledger and Month End Procedures



In this course, you will learn how to post journal entries to the correct general ledger accounts impacted by each transaction. This course will show you how to make sure your general ledger balances at the end of each month by preparing an unadjusted trial balance. You will learn how to look for errors when you don't balance, and how to determine to correct entries. After posting correcting entries and/or adjusting entries, you will verify debits and credits equal with an adjusted trial balance. This course also goes through the steps of performing monthly bank reconciliations.

LRN0178-011

ONLINE-Self Paced

03/04/24-03/29/24

**TUITION & FEE: \$195.00**

## Closing Procedures and Financial Statements



This course shows you how to create a worksheet used to adjust the account balances and prepare the financial statements. Use your financial statements to measure performance, make improvements and set goals. The final step covered in this course is closing your books and preparing them for the next accounting period; this is done by journalizing and posting closing entries.

LRN0179-010

ONLINE-Self Paced

04/01/24-04/26/24

**TUITION & FEE: \$195.00**

## QuickBooks Online Level 2



Now know how to work with more advanced QuickBooks Online topics. Become capable with such skills as how to customize settings, banking, credit cards, foreign currencies, statements for debts collection, using tags and projects.

LRN0206-005

ONLINE-Self Paced

03/04/24-03/29/24

**TUITION & FEE: \$195.00**



## Online Self-Paced QuickBooks Digital Badge



Save time, track money, and get important insights with QuickBooks Online. QuickBooks Online is the leading online accounting platform. It is the preferred choice for small business managers, owners, bookkeepers and accounting professionals. Get a comprehensive understanding of QuickBooks Online. Then learn how to work with more advanced QuickBooks Online topics.

This Digital Badge (LRN0204) requires completion of two courses:

- **QuickBooks Online Level 1 (LRN0205)**
- **QuickBooks Online Level 2 (LRN0206)**

BUSINESS & CAREERS

COMPUTERS & TECHNOLOGY

FITNESS, HEALTH & WELLNESS

MUSIC, ARTS & WRITING

PERSONAL INTERESTS

LIFELONG LEARNING INSTITUTE (LLI)

WORLD LANGUAGES

YOUTH & TEENS



## Aviation

### Aviation Ground School



Are you interested in becoming a professional or recreational airplane pilot? This aviation class will allow students to learn about aerodynamics, weight and balance, aviation weather, regulations, and human factors at the Harper College Campus. Further exploration will take place on field trips to DuPage Airport where students will sit in aircraft to learn about aircraft systems and flight controls, visit the control tower to see how ATC works then fly flight simulators. This is a practical class that can be used for, FAA 141 credit or just an exciting life experience. This class may be eligible for credit through the Illinois Aviation Academy. Successful completion of the class will prepare you for the FAA Private Pilot Written Exam.

LPA0002-014 Harper Main Campus  
04/01/24-05/08/24 MO WE 7:00 pm-9:30 pm  
Instructor: Bob Werderich  
**TUITION & FEE: \$275.00**

## Building Inspection and HVAC

### Residential Building Inspector (B1) (Municipal Government)



This 10-week course, on the 2018 International Residential Code - Building chapters featuring the use and application of basic building planning requirements for wall, floor, ceiling, roof framing, and materials in one and two-family dwellings. The instructor will identify and discuss code requirements for soils, footing and foundations, light and ventilation, ceiling height, minimum room sizes, emergency escape and rescue opening requirements and well as smoke detectors, and carbon monoxide detectors.

LBS0013-008 CLEC Enterprises, Inc.  
02/05/24-04/22/24 MO 6:00 pm-9:00 pm  
Instructor: Will Dettmer  
**TUITION & FEE: \$1150.00**



## Refrigerant Handling Workshop



Increase your odds of passing the EPA Technician Certification exam allowing you to handle and recover refrigerants at all technician levels. Students significantly improve their passing rates by taking this class which includes hands-on workshop and EPA exam. Students, however, may choose to enroll in course LMR0002, Refrigerant Handling Exam which is the exam only.

LMR0001-020 Harper Main Campus  
02/08/24-02/15/24 TH 12:00 pm-3:00 pm  
Instructor: Jose Vital  
**TUITION & FEE: \$160.00**

### Refrigerant Handling Exam



Take the EPA Technician Certification exam allowing you to handle and recover refrigerants at all technician levels. Students who need to retake the exam or need additional certifications should register for this course. Passing the exam satisfies the refrigerant certifications and EPA requirements.

LMR0002-071 Harper Main Campus  
03/14/24 TH 12:00 pm-3:00 pm  
Instructor: Jose Vital  
**TUITION & FEE: \$40.00**

LMR0002-072 Harper Main Campus  
04/11/24 TH 12:00 pm-3:00 pm  
Instructor: Jose Vital  
**TUITION & FEE: \$40.00**

LMR0002-073 Harper Main Campus  
05/09/24 TH 12:00 pm-3:00 pm  
Instructor: Jose Vital  
**TUITION & FEE: \$40.00**

## Business Communication and Conflict Resolution

### Effective Business Writing



Businesses increasingly rely on technology, technological skills alone do not guarantee success in the workplace. You must still develop your ideas, express them clearly, and persuade others of their viability. This course offers effective strategies to sharpen your writing skills by structuring your ideas logically, exercising diplomacy in letters and reports, and shaping your arguments. In contemporary business environments, information overload makes it necessary for you to communicate clearly and concisely. Trying to make sense of a disorganized email message can be frustrating given the number of emails you have to answer daily. By analyzing your audience, organizing your writing, and employing effective persuasive techniques, your writing will make an impact.

LBS0086-008 Harper Main Campus  
04/16/24-04/18/24 TU TH 1:30 pm-4:30 pm  
Instructor: Angela D Valentine  
**TUITION & FEE: \$250.00**



## Grammar Essentials



Refresh and refine your grammar usage for your professional life. Learn to state ideas clearly and concisely in written communications and present yourself in a professional manner. In this course, you will review the rules of grammar, identify common grammar errors, and refine your business writing style. Improving your grammar will help you deliver polished and professional written communications. Correct grammar and a refined, concise writing style can help you clearly express your ideas to others, streamline the directions and instructions that you deliver, and create impressive presentations and reports. This course is intended for working professionals in various job roles, both native and non-native English speakers, who use formal and informal written communications in the course of business, and who seek to improve their grammar usage.

LBS0085-009 Harper Learning & Career Center, PH  
03/13/24-03/20/24 WE 5:30 pm-8:30 pm  
Instructor: Javier Zaragoza  
**TUITION & FEE: \$175.00**

## Effective Interpersonal Communication for Business Professionals



Enhance your communication skills to interact more effectively with superiors, colleagues, team members, customers, and vendors. Effective communication improves overall job performance and success at the workplace. Learn how to engage in productive meetings, communicate through conflict, and interact appropriately with your peers.

LBS0098-003 Harper Main Campus  
04/23/24-04/25/24 TU TH 1:30 pm-4:30 pm  
Instructor: Angela D Valentine  
**TUITION & FEE: \$250.00**

## Career Readiness

### Digital Skills for Job Seekers LIVE

This course provides students with an introduction to basic digital skills needed for today's workforce. Includes an overview of operating systems, cloud-based word processing, spreadsheets, presentation applications, collaboration and remote work basics and online job seeking strategies.

LGP0015-007 ONLINE-Live Meetings  
01/16/24 TU 10:00 am-11:00 am  
Instructor: Angela D Valentine  
**TUITION & FEE: \$25.00**

LGP0015-008 ONLINE-Live Meetings  
04/09/24 TU 10:00 am-11:00 am  
Instructor: Angela D Valentine  
**TUITION & FEE: \$25.00**

### Power Your Online Job Search LIVE

This course teaches students how to manage the main tasks of an online job search. Learn how to keep track of jobs and to manage the application process using a spreadsheet, explore strategies to use Google Search to find open positions, learn the basic strategies and tips for online interviewing and more.

LGP0017-007 ONLINE-Live Meetings  
04/16/24 TU 10:00 am-11:00 am  
Instructor: Angela D Valentine  
**TUITION & FEE: \$25.00**

### Resume Writing Strategies LIVE

This course provides students with the tools needed to design a targeted resume to use when applying for positions in today's job market. Learn how to create and save your resume in cloud-based platforms so they can be accessed anytime from any device with a wifi connection. Learn the strategies to make your resume stand out and speak specifically to the targeted position. Includes cover letter and follow-up strategies. Topic will cover how to save resumes in different forms such as Microsoft Word, Google Docs and PDF formats.

LGP0016-007 ONLINE-Live Meetings  
04/11/24 TH 10:00 am-11:00 am  
Instructor: Angela D Valentine  
**TUITION & FEE: \$25.00**

## Customer Service



### Online Self-Paced Customer Service Digital Badge SELF-PACED

Good customer service is essential for all businesses and work organizations. With the increase in technology, human interaction with customers becomes more important. Learn to improve your customer service skills to enhance your career skill set, improve productivity, and increase your success.

This Digital Badge (LRN0056) requires completion of two courses:

- Keys to Customer Service (LRN0059)
- Extraordinary Customer Service (LRN0057)

### Extraordinary Customer Service SELF-PACED

Transform your customer service into something extraordinary and separate yourself from your competition. As a result, more repeat business will improve your bottom line. Extraordinary customer service comes from focusing on the few essential elements that yield big results. Discover how easy it is to tweak your customer service from the ordinary to the extraordinary. You will take away a customer service plan that will help you focus on the key elements of success.

LRN0057-025 ONLINE-Self Paced  
03/04/24-03/29/24  
**TUITION & FEE: \$145.00**



“

*This course has been extremely beneficial to me as it enabled me to focus on the aspects of customer service that we normally take for granted. E.P.*

”

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## ■ Diversity, Equity and Inclusion

### Inclusive Communication

SELF-PACED 

Respectable communication in the workplace encourages a cohesive collaborative environment, prevents inefficiencies, and ensures the right information gets to the right person at the right time. This unit will explore how communication differs across cultures. In addition, students will come to understand how communication can impact relationships with others in both positive and negative ways.

LRN0213-002

ONLINE-Self Paced

03/04/24-03/29/24

**TUITION & FEE: \$195.00**

### DEI and Organizational Success

SELF-PACED 

Diverse organizations are found to be more creative, more productive, have higher levels of employee engagement, and experience lower rates of attrition. Diversity is also shown to return higher profits. This unit will guide students in an understanding of why diversity, equity, and inclusion are important to organizational success. Students will learn to appreciate and work effectively with diverse groups, confront unconscious biases that hinder workplace inclusion, and identify essential factors that contribute to an inclusive workplace environment.

LRN0214-002

ONLINE-Self Paced

04/01/24-04/26/24

**TUITION & FEE: \$195.00**

## Online Self-Paced Diversity, Equity, and Inclusion in the Workplace Digital Badge

SELF-PACED 

This Digital Badge focuses on improving cultural competence and encourages continuous learning. Students will gain a better understanding of DEI to improve diversity, achieve equity, and foster inclusion. One must be intentional, consistent, and courageous.

This Digital Badge (LRN0211) requires completion of three courses:

- **What is DEI (LRN0212)**
- **Inclusive Communication (LRN0213)**
- **DEI and Organizational Success Your Organization (LRN0214)**

## ■ Entrepreneurship and Small Business

### Creating a Successful Business Plan

SELF-PACED 

Turn your business ideas into a solid plan for financing and long-term success. Committing your idea to paper in the form of a business plan not only increases your chances of obtaining financing, but also in keeping your business strategically focused. You will work through all the major components of writing a business plan and emerge with your first draft in hand. And most importantly, you will have completed the first and most difficult step on the path to small business success.

LPL0012-015

ONLINE-Self Paced

06/03/24-09/03/24

**TUITION & FEE: \$190.00**

### Starting a Consulting Practice

SELF-PACED 

This course is designed to help you set up a consulting practice. You will learn the complete process of starting and operating a consulting practice. Y

You will learn about surveys and assessments, the business start up process, including issues such as licensing and legalities. You will then develop a complete business plan for their consulting firm that details finances, pricing policies, contracting, and marketing. The course concludes with a discussion of record keeping and tax concerns. The course will keep you updated by citing resources such as books, periodicals, and organizations designed to help small businesses.

LPL0014-013

ONLINE-Self Paced

06/12/24-08/02/24

**TUITION & FEE: \$170.00**

### Start Your Own Small Business

SELF-PACED 

In this class, you will learn everything you need to know about starting a business. You will begin by discovering the tricks to picking the right opportunity for you. Next, you will learn how to develop proven marketing techniques to easily build sales. Since every business needs money, this course discusses traditional and non-traditional financing options. Finally, you will learn easy to implement employee management procedures and how to write business policies that help you build your business. In the final lesson, you will learn time management techniques especially for entrepreneurs.

LPL0013-013

ONLINE-Self Paced

06/03/24-09/03/24

**TUITION & FEE: \$185.00**

### Start Your Own Arts and Crafts Business

SELF-PACED **NEW!**

If you have an art or a craft and you dream about starting your own home-based or small business, this is the course for you! You will learn to start your own arts and crafts business from a professional artist. You will learn to create your own unique business identity, and discover what makes marketing in the arts and crafts business different from marketing in most other enterprises and find a sales approach that fits your personality. You will learn how to find and get into the best craft shows, as well as design booths that really draw customers in. You will discover how to price your work effectively so you can set yourself up for success whether you are selling through craft shows, in galleries, online, or even in your own retail store.

LPL0021-002

ONLINE-Self Paced

06/12/24-08/02/24

Instructor: Shirley George Frazier

**TUITION & FEE: \$129.00**



### Start and Operate Your Own Home Based Business SELF-PACED

Starting a home based business is the hottest trend in today's challenging business environment. Learn how to be your own boss and eliminate the stress of having a job. The benefits of working from home are endless.

Earn what you deserve, be independent, have tax deductions, do away with traffic, office politics and more! Learn how to develop the entrepreneurial qualities, motivation, discipline, creativity, that you will need to succeed. This class is a great way to start your own business or enhance the one you already have.

LPL0009-012 ONLINE-Self Paced  
 06/03/24-09/05/24  
**TUITION & FEE: \$185.00**



### Start Your Own Online Business SELF-PACED

This course will give you a solid foundation for building and growing a successful digital business. You will be given a step by step approach that is easy to follow, from building a simplified strategy to branding your business. You will learn to create a product and how to build and launch your own website, engage prospective customers, and implement a process that will drive fresh leads to your business. So whether you are looking to generate a nice side income or even to replace your current income and ditch your full time job, this course is for you.

LPL0010-012 ONLINE-Self Paced  
 06/03/24-09/03/24  
**TUITION & FEE: \$185.00**

## Google Professional

### Google for Educators

LIVE

NEW!

Empower your classroom with free Google tools and educational resources! Join us, even during lunch breaks, to explore innovative ways teachers can integrate free Google tools and computer courses for enhanced teaching and learning experiences. Unleash the potential of technology in education with this insightful online course. Open to anyone interested in learning about Google for Education. Taught by a Google Certified Trainer. Must have your own Gmail account and password to attend.

LGP0020-001 ONLINE-Live Meetings  
 03/21/24 TH 10:00 am-11:00 am  
 Instructor: Angela D Valentini  
**TUITION & FEE: \$25.00**



## Grant Writing

### Introduction to Grant Writing

Gain an overview of the grant writing process and the components of writing a successful grant proposal. In the non-profit community, there is a great demand for grant writers who understand the needs in developing a comprehensive grant proposal.

LVM0003 - 009 Harper Main Campus  
 04/09/24-04/16/24 TU 5:30 pm-8:30 pm  
 Instructor: Dr. Susanne Brock  
**TUITION & FEE: \$245.00**

### Advanced Grant Writing

Develop a comprehensive understanding of conducting needs statement research, developing a compelling project description, creating an effective budget, navigating the proposal review process, and implementing and managing new awards. If you are a grant writer, nonprofit professional, program manager, or an individual aiming to enhance your skills in the critical aspects of grant writing, this intermediate course is for you! Participants should have a basic understanding of grant writing fundamentals or have completed an introductory grant writing course.

LVM0006 - 001 Harper Main Campus  
 04/23/24-04/30/24 TU 5:30 pm-8:30 pm  
 Instructor: Dr. Susanne Brock  
**TUITION & FEE: \$245.00**

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## Healthcare

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### Healthcare Provider CPR Renewal



Renew your CPR certification in this American Heart Association (AHA) BLS for Healthcare Providers Renewal course. You will review cardiovascular health; basic life support techniques for choking victims; rescue breathing; CPR; and the use of an AED. Participants must demonstrate CPR and AED competencies for adult, child, and infant victims and pass a written exam. Prerequisite: Bring your current AHA BLS for Healthcare Providers card to class.

LCP0001-056 Harper Main Campus  
03/09/24 SA 5:00 pm-8:00 pm  
Instructor: William Cannone  
**TUITION & FEE: \$75.00**

LCP0001-057 Harper Main Campus  
05/14/24 TU 5:00 pm-8:00 pm  
Instructor: William Cannone  
**TUITION & FEE: \$75.00**

### Healthcare Provider CPR



This is the initial American Heart Association (AHA) Healthcare Providers CPR class. Learn about cardiovascular health and risk factors for heart disease. Practice techniques for choking victims, rescue breathing, CPR, and the use of an AED. Participants must demonstrate CPR and AED competencies for adult, child, and infant victims and pass written exam. Intended for any healthcare worker or student preparing to work in a hospital or clinical setting. Participants who pass will receive an AHA Healthcare Providers CPR card that is valid for two years.

LCP0002-191 Harper Main Campus  
03/12/24 TU 5:00 pm-9:00 pm  
Instructor: William Cannone  
**TUITION & FEE: \$95.00**

LCP0002-194 Harper Learning & Career Center, PH  
03/19/24 TU 8:30 am-12:30 pm  
Instructor: William Cannone  
**TUITION & FEE: \$95.00**

LCP0002-192 Harper Main Campus  
04/06/24 SA 9:00 am-1:00 pm  
Instructor: William Cannone  
**TUITION & FEE: \$95.00**

LCP0002-195 Harper Learning & Career Center, PH  
04/12/24 FR 8:30 am-12:30 pm  
Instructor: William Cannone  
**TUITION & FEE: \$95.00**

LCP0002-196 Harper Learning & Career Center, PH  
04/23/24 TU 8:30 am-12:30 pm  
Instructor: William Cannone  
**TUITION & FEE: \$95.00**

LCP0002-193 Harper Main Campus  
04/30/24 TU 5:00 pm-9:00 pm  
Instructor: William Cannone  
**TUITION & FEE: \$95.00**



### NLN Pre-Entrance Exam Preparation



Prepare for the National League of Nursing (NLN) pre-entrance exam (PAX) in this review course. The NLN PAX exam is required for students seeking admission to most Health Career programs at Harper College. Taught by content experts from Sylvan Learning Centers, who will review the verbal, math, and science sections of the exam, as well as test taking strategies.

LAH0004-040 ONLINE-Self Paced  
04/16/24-05/07/24 TU TH 6:00 pm-9:00 pm  
Instructor: Ken Frysztak  
**TUITION & FEE: \$249.00**

## Human Resources

### Remote Work Basics



Be effective when working remotely. Learn how to work, communicate remotely and collaborate with remote teams. Google Meet, Zoom, Webex, and Microsoft Teams will be covered.

LBS0057-012 Harper Learning &  
04/22/24 MO Career Center, PH  
Instructor: Angela D Valentine 1:30 pm-4:30 pm  
**TUITION & FEE: \$75.00**



In-Person

## Management



### Online Self-Paced Management Digital Badge



Enhance your management skills through this badge for supervisors, managers, and emerging leaders. Discover the keys for effectively managing your employees. Find out how to create clear expectations, engage and motivate employees, increase your effectiveness, and improve your management time and productivity.

**This Digital Badge (LRN0063) requires completion of three courses:**

- Management Boot Camp (LRN0064)
- Collaborative Management (LRN0001)
- Managing Generations in the Workplace (LRN0065)



### Collaborative Management SELF-PACED

Whether you manage or lead people, collaborative skills are essential to help harness the energy of groups and teams for maximum performance and productivity. Knowledge of collaborative skills will enable you to gain participation quickly, get input and buy-in for building consensus, and plan for cooperation to get crucial projects completed. This course will help you explore the principles of collaborative management and gain insight on how to expand your collaborative skills for success of your team or organization.

LRN0001-024 ONLINE-Self Paced  
03/04/24-03/29/24  
TUITION & FEE: \$245.00

### Managing Generations in the Workplace SELF-PACED

Today, several distinct generations are represented in the workforce. Discover what motivates each generation at work, what messages and incentives they value, and how they prefer to communicate. Identify practical strategies to help you manage Boomers, Gen X'ers, and Gen Y'ers more effectively.

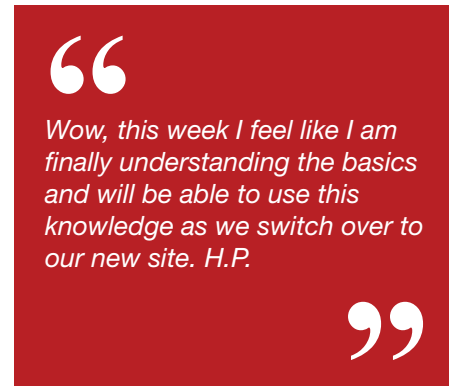
LRN0065-023 ONLINE-Self Paced  
04/01/24-04/26/24  
TUITION & FEE: \$175.00

## Marketing, Sales and Social Media

### Boosting Your Website Traffic SELF-PACED

Acquire the basic skills to boost your web site traffic, including how to analyze your visitor traffic, how to use search engine optimization (SEO) to get greater visibility and exposure in Google searches. You will also learn from an SEO expert how to redesign your web site copy to increase your visitors and results. No experience necessary.

LRN0039-023 ONLINE-Self Paced  
03/04/24-03/29/24  
TUITION & FEE: \$195.00



### Online Advertising SELF-PACED

Get the keys to making online advertising work for you and your organization. See how pay-per-click advertising with Google AdWords works and find out how to test low budget Adword campaigns. Learn how you can target local audiences. Then discover Facebook advertising and how you can determine the demographics and even numbers of people you want to reach. No experience necessary. Instructor is an online ad expert and can answer advanced level questions.

LRN0040-021 ONLINE-Self Paced  
04/01/24-04/26/24  
TUITION & FEE: \$195.00

### Social Media



### Marketing Using Social Media SELF-PACED

The benefits of social media make it an essential part of a business plan. Social Media Marketing has become more than running digital advertising campaigns; it allows your business to build a following of loyal customers through authentic posts and interactions creating excitement for your business as it grows. Each platform gives your business the tools to successfully build your brand, connect with your customers, and track analytics. This course will focus on Instagram, Facebook, TikTok, Pinterest, LinkedIn, Twitter, and Nextdoor.

LRN0054-025 ONLINE-Self Paced  
03/04/24-03/29/24  
TUITION & FEE: \$195.00



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## Project Management

### Introduction to Microsoft Project 2019



Familiarize with the basic features and functions of Microsoft Project. Covers the critical knowledge and skills a project manager needs to create a project plan with in Microsoft Project during the planning phase of a project. This course will enable you to draft a project plan with Microsoft Project and fill in and organize the details to achieve your goals. Learn to build a new project, track progress and analyze costs. Explore methods of fine tuning and troubleshooting your project plan for best results. Prerequisite: Some experience and competency with Microsoft Office applications, particularly Word and Excel, will be useful. Finally, having a foundational knowledge of project management concepts will help prepare you for working with Microsoft Project.

LCT0007-020 Flex: In-Person and ONLINE  
03/19/24-03/21/24 TU TH 6:00 pm-9:15 pm  
Instructor: John F. Chiappetta  
**TUITION & FEE: \$259.00**

### Project Management Processes



Acquire a well-rounded knowledge of the five Project Management Processes relating to the Project Management Body of Knowledge (PM-BOK) Guide. This basic information will assist you in learning the beginnings of Project Management, whether you are interested in project management, in a project management field, or in any line of work. Come away with a solid foundation of the five processes to learn and use when any type of project occurs in your employment arena.

LRN0079-026 ONLINE-Self Paced  
03/04/24-03/29/24  
**TUITION & FEE: \$195.00**

### Project Management Knowledge Areas



In today's business environment, there is a need for good project management. Project management provides visibility of project health to the business and the customer. Through continuous monitoring, early detection of variations to plan, schedule, and budget can be communicated to stakeholders for quick resolution, including project cancellation.

This course introduces the student to the 10 Project Management Knowledge Areas and their support role and relationships to the five Project Management Processes.

LRN0080-023 ONLINE-Self Paced  
04/01/24-04/26/24  
**TUITION & FEE: \$195.00**



### Online Self-Paced Project Management Digital Badge



In today's business environment, there is a need for good project management skills. Project Management provides visibility of project health to the business and the customer.

This Digital Badge (LRN0077) requires completion of three courses:

- Introduction to Project Management (LRN0078)
- Project Management Processes (LRN0079)
- Project Management Knowledge Areas (LRN0080)

## Six Sigma

### Intermediate Six Sigma Green Belt



This Intermediate Six Sigma Green Belt course builds on the ideas and skills learned in the Introduction to Six Sigma Green Belt course. In this course, participants will learn process analysis, data collection and analysis, probability and valid statistical conclusions, and hypothesis testing. Many participants find this course to be the most challenging of the certification courses.

LRN0102-024 ONLINE-Self Paced  
03/04/24-03/29/24  
**TUITION & FEE: \$195.00**



### Advanced Six Sigma Green Belt



Topics in this course include hypothesis testing, design of experiments, and statistical process control. Participants will have to apply the concepts learned in the Introduction and Intermediate Six Sigma Green Belt courses. The instructor will share many handouts, spreadsheets, and web links containing tools participants will use while completing Six Sigma projects.

LRN0103-022 ONLINE-Self Paced  
04/01/24-04/26/24  
**TUITION & FEE: \$195.00**



### Online Self-Paced Six Sigma Green Belt Digital Badge



Our online Six Sigma Green Belt training teaches problem-solving skills using the DMAIC, Define, Measure, Analyze, Improve and Control, model. Six Sigma Green Belts act as trained specialists in their organizations to help improve project effectiveness and efficiency. Participants are strongly encouraged to have a real-world project in mind as they complete the course. Instructors and mentors work closely with you as you work your project.

This Digital Badge (LRN0100) requires completion of three courses:

- Introduction to Six Sigma Green Belt (LRN0101)
- Intermediate Six Sigma Green Belt (LRN0102)
- Advanced Six Sigma Green Belt (LRN0103)



## ■ Manufacturing and Industry



### Distribution and Warehouse Essentials

Warehouses store goods and products until they are needed and, or ready for distribution. Warehousing allows for greater efficiencies and prevents goods from getting lost or stolen. Learn what distribution and warehousing practices and strategies exist within a global economy. Learn what companies do to create a competitive advantage through warehouse and distribution network design models. Explore current and future approaches companies use to integrate warehousing and distribution as a core competency within their supply chain strategy. Discuss what job roles and career paths exist in the Distribution and Warehousing field.

LBS0095-006 Harper Learning & Career Center, PH  
03/14/24 TH 5:30 pm-8:30 pm  
Instructor: Steve Schoultz  
**TUITION & FEE: \$125.00**



### Forklift Operator Training

Forklift Operator Training provides students with knowledge and skills to operate a powered industrial truck (forklift) in a safe and professional manner. Training combines formal classroom instruction, practical hands-on, behind-the-wheel training, and evaluation of workplace performance. Unlike a driver's license, there is no forklift license to obtain. Classes meet at Equipment Depot, 751 Expressway Drive, Itasca, IL 60143. Classes are conducted in English.

LBS0010-056 Equipment Depot  
03/05/24 TU 8:00 am-12:00 pm  
**TUITION & FEE: \$195.00**

LBS0010-057 Equipment Depot  
04/02/24 TU 8:00 am-12:00 pm  
**TUITION & FEE: \$195.00**

LBS0010-058 Equipment Depot  
05/07/24 TU 8:00 am-12:00 pm  
**TUITION & FEE: \$195.00**

## ■ Manufacturing Overview and Trends



Manufacturing is a vital factor in the United States in order to maintain world leadership in innovation. Review existing manufacturing practices and trends within a global economy. Learn ways companies create competitive advantage through manufacturing principles and network design models. Discover current and future approaches companies use to integrate manufacturing as a core competency within their supply chain strategy. Discuss what job roles and career paths exist in the Manufacturing sector and the career paths that exist within it.

LBS0096-007 Harper Learning & Career Center, PH  
03/21/24 TH 5:30 pm-8:30 pm  
Instructor: Steve Schoultz  
**TUITION & FEE: \$125.00**

### Supply Chain Management Basics



The flow of goods and services between businesses and locations is important nationally and in a global economy. Gain an overview of the end-to-end supply chain management process within a global economy. Explore the organizational and process strategies used to design a supply chain. Learn the controls used to ensure needs are fulfilled in a satisfactory and cost-efficient manner. Discover the importance of an effective and ethical supplier relationship to the achievement of supply chain goals. Discuss what job roles and career paths exist within the supply chain management field.

LBS0094-006 Harper Learning & Career Center, PH  
03/07/24 TH 5:30 pm-8:30 pm  
Instructor: Steve Schoultz  
**TUITION & FEE: \$125.00**



## ■ Occupational Safety & Health (OSH) Training

### Chemical Hazards in Manufacturing and General Industry



This course is designed to help organizations in manufacturing and all general industry to get information on how to identify chemicals hazards and how they affect their employees and work locations. Participants will also learn how to identify and avoid the hazards by being proactive and less reactive with its safety programs and chemical operations. Maintaining and sustaining chemical hazard awareness, and how to evaluate and re-evaluate all chemical hazards will also be covered within manufacturing and general industry guidelines. At the conclusion of this course, students will be able to apply the requirements of OSHA's Chemical Hazard Awareness Standards in Manufacturing and General Industry.

LOT0017-003 ONLINE-Live Meetings  
03/07/24 TH 8:00 am-12:15 pm  
Instructor: Michael Sarlitto  
**TUITION & FEE: \$149.00**

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### Confined Space Hazards in Construction and General Industry

LIVE

This course covers the requirements of the OSHA Permit-Required Confined Space Standard. Course topics include safety and health hazards associated with confined space entry, and the evaluation, prevention, and abatement of these hazards. The course covers OSHA requirements for both the General Industry and Construction standards. This course is designed for small employers or a designated representative (line supervisor or manager) with the responsibility to develop a permit-required confined space program. Upon course completion students will have a basic understanding of confined space hazards, evaluating and abatement of the hazards, the roles and responsibilities for attendants, entrants and entry supervisors, and determining when a confined space shall be classified as a permit-required confined space.

LOT0011-004 ONLINE-Live Meetings  
03/12/24 TU 8:00 am-12:15 pm

Instructor: Michael Sarlitto  
**TUITION & FEE: \$149.00**

### Electrical Hazard Awareness

LIVE

Electrical current can be very dangerous and even fatal. According to national workplace injury data from OSHA, electrocution is number three of the 'Fatal Four' The Most Common Causes of Construction Site Deaths. Injuries in the workplace can be reduced or avoided when employees are regularly trained and more aware of their surroundings. In this class, students are taught to understand the basics of electricity, what the various types of electrical hazards are, how to recognize electrical hazards in their workplace, and OSHA rules and regulations. The class also covers worker rights, workplace safety standards, and laws that are in place to protect employees. Upon completion of the course, students will have the working knowledge necessary to recognize electrical hazards, and how to prevent injuries in the workplace.

LOT0012-005 ONLINE-Live Meetings  
03/04/24 MO 8:00 am-10:00 am

Instructor: Michael Sarlitto  
**TUITION & FEE: \$75.00**

LOT0012-006 ONLINE-Live Meetings  
05/29/24 WE 8:00 am-10:00 am

Instructor: Michael Sarlitto  
**TUITION & FEE: \$75.00**

### Fall Hazard Awareness in Construction

LIVE

One of the top ten workplace injuries reported by OSHA are related to fall hazards. In the construction industry, the most common causes for injuries typically involve ladders, roofs, tops of equipment, scaffolds, and other elevated work surfaces. It is also reported that the number one type of OSHA safety violation on worksites is related to fall hazards. This course will examine the various types of fall hazards, and include details on how to identify them. It will also offer information on best safety practices, to include ladder safety principles. The course follows current OSHA's Fall Protection Standards, which provides clearly defined principles to follow on how to protect workers.

LOT0016-004 ONLINE-Live Meetings  
04/16/24 TU 8:00 am-12:15 pm

Instructor: Tamuriat Gilbert  
**TUITION & FEE: \$149.00**



### Infectious Diseases: Controls and Mitigation

LIVE

Exposure to infectious diseases is an issue for the public as a whole and has changed the way we all operate in or daily lives. This course will cover the various issues that have come up with regard to infectious disease control and mitigation processes in the workplace. The class will also cover OSHA rules, regulations and other industry standards related to infectious illnesses, controls to prevent exposure to COVID-19 and other infectious illness and include personal protective equipment procedures. This course will also provide suggested procedures to change their workplace safety programs.

LOT0009-004 ONLINE-Live Meetings  
03/21/24 TH 10:15 am-12:15 pm

Instructor: Robin Coyne  
**TUITION & FEE: \$75.00**

### Introduction to Infectious Diseases

LIVE

With the rise of COVID-19, the need for having a clear understanding of what the disease is, how it can be transmitted, and best practices for protecting the public and decreasing its spread, training and awareness is critical. In this course, students will learn about different infectious diseases, how they are transmitted, and safety procedures to promote safe workplace environments. The class also covers worker rights, workplace safety standards, and laws that are in place to protect employees.

LOT0008-004 ONLINE-Live Meetings  
03/21/24 TH 8:00 am-10:00 am

Instructor: Robin Coyne  
**TUITION & FEE: \$75.00**

### Intro to Safety and Health Management for Managers and Supervisors

LIVE

In this course, you will learn how to effectively implement a comprehensive safety and health management system. You will learn how to address key injury and illness prevention elements and those central issues that are critical to each element's proper management. The course structure includes interactive training and class discussion. Upon completion, you will have a better understanding and working knowledge necessary to implement successful and effective health and safety practices for your company.

LOT0007-004 ONLINE-Live Meetings  
04/22/24-04/24/24 MO WE 8:00 am-11:00 am

Instructor: Tamuriat Gilbert  
**TUITION & FEE: \$225.00**

LOT0007-005 ONLINE-Live Meetings  
05/28/24-05/30/24 TU TH 8:00 am-11:00 am

Instructor: Tamuriat Gilbert  
**TUITION & FEE: \$225.00**

### Lockout/Tagout

LIVE

What is considered a hazardous energy? Most think it involves electrical sources of energy, but hazardous energy can come in the form of steam from an uncontrolled pipe, large machinery designed to cut or crush something, conveyor belts, or any kind of equipment being repaired with exposed electrical wiring. This class will cover the practices and procedures used to power off and disable machinery to prevent injuries during service or maintenance of equipment from all sources of energy, including electricity. Upon course completion, you will have a better understanding and the working knowledge necessary to recognize hazards and reduce the possibility of workplace injuries.

LOT0013-005 ONLINE-Live Meetings  
03/04/24 MO 10:15 am-12:15 pm

Instructor: Michael Sarlitto  
**TUITION & FEE: \$75.00**

LOT0013-006 ONLINE-Live Meetings  
05/29/24 WE 10:15 am-12:15 pm

Instructor: Michael Sarlitto  
**TUITION & FEE: \$75.00**



### Machine Guarding and Tool Safety

LIVE

This course is designed to help organizations in manufacturing and all general industry classification to obtain information that will allow them to identify machine guarding and tool safety and how they affect their employees and their work locations. Participants will learn how to identify machine guarding and tool safety and how to avoid the hazards by being proactive and less reactive with its safety programs and general industry operations. Participants will learn how to maintain and sustain machine guarding and tool safety hazard awareness and how to evaluate and re-evaluate all machine guarding and tool safety within the general industry guidelines.

LOT0018-003 ONLINE-Live Meetings  
05/16/24 TH 8:00 am-12:15 pm

Instructor: Michael Sarlitto  
TUITION & FEE: \$149.00

### OSHA 10 Hour Construction

LIVE

Learn OSHA's best practices for reducing accidents and injuries at the workplace. Explore major hazards encountered in general industry and solutions for recognizing, controlling, and applying protections against them. Gain an understanding on employer responsibilities, filing complaints and OSHA rights for workers. Upon successful completion of the course, students will receive an OSHA 10-hour construction industry card.

LOT0004-005 ONLINE-Live Meetings  
03/13/24-03/15/24 WE FR 9:00 am-3:00 pm  
Instructor: Tamuriat Gilbert  
TUITION & FEE: \$295.00

### OSHA 30 Hour Construction

LIVE

Managers and Supervisors continuously seek to create a safe workplace. Explore the policies, procedures, and standards covered by OSHA 29 CFR 1910. Learn the core elements of a workplace safety and health program. Understand employer responsibilities for worker safety and worker rights. Safety protocols such as lockout/tagout, machined guarding mechanisms and industrial hygiene will be covered. Hazards encountered in multiple industries such as scaffolding and blood-borne pathogens will also be highlighted upon. Upon successful completion of the course, students will receive an OSHA 30-hour construction industry card.

LOT0005-004 ONLINE-Live Meetings  
04/10/24-04/19/24 WE TH FR 9:00 am-3:00 pm  
Instructor: Tamuriat Gilbert  
TUITION & FEE: \$750.00

LOT0005-005 ONLINE-Live Meetings  
04/10/24-04/19/24 TU WE TH 9:00 am-3:00 pm  
Instructor: Tamuriat Gilbert  
TUITION & FEE: \$750.00

### OSHA 10 Hour General Industry

LIVE

Learn OSHA's best practices for reducing accidents and injuries at the workplace. Explore major hazards encountered in general industry and solutions for recognizing, controlling, and applying protections against them. Gain an understanding on employer responsibilities, filing complaints and OSHA rights for workers. Upon successful completion of the course, students will receive an OSHA 10-hour general industry card.

LOT0002-012 ONLINE-Live Meetings  
05/07/24-05/09/24 TU TH 9:00 am-3:00 pm  
Instructor: Robin Coyne  
TUITION & FEE: \$295.00

### OSHA 30 Hour General Industry

LIVE

Managers and Supervisors continuously seek to create a safe workplace. Explore the policies, procedures, and standards covered by OSHA 29 CFR 1910. Learn the core elements of a workplace safety and health program. Understand employer responsibilities for worker safety and worker rights. Safety protocols such as lockout/tagout, machined guarding mechanisms and industrial hygiene will be covered. Hazards encountered in multiple industries such as scaffolding and bloodborne pathogens will also be highlighted upon. Upon successful completion of the course, students will receive an OSHA 30-hour general industry card.

LOT0003-011 ONLINE-Live Meetings  
04/09/24-04/19/24 TU TH FR 9:00 am-3:00 pm  
Instructor: Robin Coyne  
TUITION & FEE: \$750.00

LOT0003-012 ONLINE-Live Meetings  
05/22/24-05/31/24 WE TH FR 9:00 am-3:00 pm  
Instructor: Robin Coyne  
TUITION & FEE: \$750.00

### Preventing Slips, Trips, and Falls

LIVE

Safety is everyone's business. According to the National Safety Council slips, trips, and falls are a major cause of preventable injuries and deaths in the workplace. This course will increase awareness of hazards and workers' ability to prevent them, ultimately creating a safer work environment for all employees. Slips trips and falls happen everywhere - in retail stores, offices, schools, manufacturing facilities, corporate offices and at home. This training will help individuals in all settings recognize, evaluate and control slip, trip and fall hazards.

LOT0001-006 ONLINE-Live Meetings  
03/05/24 TU 8:00 am-12:15 pm  
Instructor: Tamuriat Gilbert  
TUITION & FEE: \$149.00

LOT0001-007 ONLINE-Live Meetings  
05/21/24 TU 8:00 am-12:15 pm  
Instructor: Tamuriat Gilbert  
TUITION & FEE: \$149.00

### Violence Prevention: Response to Active Shooter

LIVE

Workplace violence has been on the rise, leading to an increased need for violence prevention programs to protect workers and others in public and private settings. Employers are required to provide their employees with a place of employment that is 'free from recognized hazards that are causing or are likely to cause death or serious physical harm,' according to OSHA. This course provides employees with strategies on how to respond to an active shooter incident and applies to all types of workplace settings, including business offices, factories, hospitality/service industries, and buildings

LOT0020-003 ONLINE-Live Meetings  
03/07/24 TH 9:00 am-11:00 am  
Instructor: Oscar Augusto Galarza  
TUITION & FEE: \$75.00



## Violence Prevention: Developing an Emergency Action Plan LIVE

Part Two (2) of the Workplace Violence Prevention course series that highlights response to active shooter situations, this course is designed to provide business and organization leadership, human resources, and or stakeholders strategies on how to establish an Emergency Action Plan (EAP) for the response to an active shooter incident. The course is designed to provide participants with information on how to develop an EAP, policy, procedure, and program implementation for an organization. The preparedness/response plan will apply to all types of workplace settings -business offices, factories, hospitality/service industries, and buildings. Participants will also learn about where to find information, resources, training material, and additional support to develop plans for a response to an active shooter. The foundation of this course is based on already established suggested training, response, and procedural guidance from the DHS-Cybersecurity & Infrastructure Security Agency - Planning and Response to an Active Shooter, an Interagency Security Committee Policy and Best Practices Guide.

LOT0021-003 ONLINE-Live Meetings  
03/08/24 FR 9:00 am-11:00 am  
Instructor: James Kruger  
**TUITION & FEE: \$75.00**

## Concientización del Peligro de Caídas LIVE

Una de las diez principales lesiones en el lugar de trabajo reportadas por OSHA está relacionada con los peligros de caídas. En la industria de la construcción, las causas más comunes de lesiones generalmente involucran escaleras; techos; partes superiores de equipos, andamios y otras superficies de trabajo elevadas. También se informa que el tipo número uno de violación de seguridad de OSHA en los lugares de trabajo está relacionado con los peligros de caídas.

LOT0010-004 ONLINE-Live Meetings  
02/15/24 TH 8:00 am-12:15 pm  
Instructor: Juan Galvan  
**TUITION & FEE: \$149.00**

## Peligros en Espacios Confinados en la Construcción y la Industria General LIVE

Este curso abarca los requisitos de la norma de OSHA para Espacios Confinados que requieren permiso. Los temas incluyen los peligros asociados con la seguridad y la salud al ingresar a espacios confinados, así como la evaluación, prevención y reducción de estos peligros. Está diseñado para pequeños empleadores o representantes responsables de desarrollar un programa para espacios confinados que requieren permiso. Al finalizar el curso, los estudiantes comprenderán los espacios confinados, la evaluación y reducción de los peligros, las funciones y responsabilidades de los asistentes, los entrantes y los supervisores de entrada, y cómo determinar cuándo un espacio confinado debe clasificarse como uno que requiere permiso.

LOT0015-004 ONLINE-Live Meetings  
03/19/24 TU 8:00 am-12:15 pm  
Instructor: Juan Galvan  
**TUITION & FEE: \$149.00**

## Sensibilización Sobre Peligros Eléctricos y Bloqueo/Etiquetado LIVE

En esta clase, se les enseña a comprender los conceptos básicos de la electricidad, cuáles son los tipos de peligros eléctricos, cómo reconocer los peligros eléctricos en su lugar de trabajo y las normas y reglamentos de OSHA.

También explicará que involucra fuentes de energía eléctrica, la energía peligrosa en forma de vapor de una tubería no controlada, maquinaria grande diseñada para cortar o aplastar algo, cintas transportadoras o cualquier tipo de equipo que se repare con cableado eléctrico expuesto. Cubrirá las prácticas y procedimientos utilizados para apagar y desactivar maquinaria (bloqueo/etiquetado) para evitar lesiones durante el servicio o mantenimiento de equipos de todas las fuentes de energía, incluyendo la electricidad.

LOT0014-004 ONLINE-Live Meetings  
02/27/24 TU 8:00 am-12:15 pm  
Instructor: Juan Galvan  
**TUITION & FEE: \$149.00**

## Prevención de Resbalones, Tropezones y Caídas LIVE

¿Sabía que los resbalones, tropezones y caídas son la principal causa de accidentes en el trabajo? Además, según la Administración de Salud y Seguridad Ocupacional (OSHA), ¡El 8% de ellos son fatales! Esta clase interactiva, dirigida por un Entendedor de Extensión de OSHA, cubre el reconocimiento de los factores de riesgo y el control de los peligros de resbalones, tropiezos y caídas. Se anima a los trabajadores, gerentes y supervisores a asistir.

LOT0019-003 ONLINE-Live Meetings  
03/05/24 TU 8:00 am-12:15 pm  
Instructor: Juan Galvan  
**TUITION & FEE: \$149.00**



## Prevención de La Violencia: Respuesta a Un Tirador Activo LIVE

En los últimos años, la violencia en el lugar de trabajo ha ido en aumento, lo que ha iniciado una mayor necesidad de programas de prevención de la violencia para ayudar a proteger a los trabajadores y otros en entornos públicos y privados. Ya sea que se trate de un negocio, fábrica, escuela, centro comercial, lugar de culto o cualquier tipo de evento público, la necesidad de medidas generales de seguridad y / o orientación sobre cómo responder a eventos violentos es clara. Según OSHA, los empleadores deben proporcionar a sus empleados un lugar de trabajo que esté "libre de peligros reconocidos que causen o puedan causar la muerte o daños físicos graves". Este curso está diseñado para proporcionar a los empleados estrategias sobre cómo responder eficazmente a un incidente de tirador activo. El curso está diseñado para proporcionar a los participantes respuestas estratégicas a este tipo de incidentes. Se compartirá un plan de preparación / respuesta del tirador activo y se aplicará a todo tipo de entornos de trabajo: oficinas comerciales, fábricas, industrias de hospitalidad / servicios y edificios.

LOT0023-003 ONLINE-Live Meetings  
03/14/24 TH 9:00 am-11:00 am  
Instructor: Pete Almeida  
**TUITION & FEE: \$75.00**



**Prevención de Violencia:  
Desarrollo de Plan de Acción  
de Emergencia**

LIVE 

Parte Dos (2) de la serie de cursos de Prevención de Violencia en el Lugar de Trabajo que destaca la respuesta a situaciones de tiradores activos, este curso está diseñado para proporcionar liderazgo empresarial y organizacional, recursos humanos y / o estrategias de partes interesadas sobre cómo establecer un Plan de Acción de Emergencia (EAP) para la respuesta a un incidente de tirador activo. El curso está diseñado para proporcionar a los participantes información sobre cómo desarrollar un EAP, política, procedimiento e implementación de programas para una organización. El plan de preparación/respuesta se aplicará a todo tipo de entornos de trabajo: oficinas comerciales, fábricas, industrias de hostelería / servicios y edificios. Los participantes también aprenderán dónde encontrar información, recursos, material de capacitación y apoyo adicional para desarrollar planes para una respuesta a un tirador activo. La base de este curso se basa en la capacitación sugerida, la respuesta y la guía de procedimiento ya establecidas por la Agencia de Seguridad de Ciberseguridad e Infraestructura del DHS: Planificación y respuesta a un tirador activo, una Guía de políticas y mejores prácticas del Comité de Seguridad Interinstitucional.

LOT0024-003 ONLINE-Live Meetings  
03/15/24 FR 9:00 am-11:00 am  
Instructor: Pete Almeida  
**TUITION & FEE: \$75.00**

**Protección de Máquinas  
y Seguridad de Herramientas** LIVE 

Este curso está diseñado para ayudar a las organizaciones en la fabricación y toda la clasificación general de la industria a obtener información que les permita identificar la protección de la máquina y la seguridad de las herramientas y cómo afectan a sus empleados y sus lugares de trabajo. Los participantes aprenderán cómo identificar la protección de la máquina y la seguridad de las herramientas y cómo evitar los peligros siendo proactivos y menos reactivos con sus programas de seguridad y operaciones generales de la industria. Los participantes aprenderán cómo mantener y mantener la protección de la máquina y la conciencia de los peligros de seguridad de las herramientas y cómo evaluar y reevaluar toda la protección de la máquina y la seguridad de las herramientas dentro de las pautas generales de la industria.

LOT0022-003 ONLINE-Live Meetings  
04/17/24 WE 5:00 pm-9:15 pm  
Instructor: Juan Galvan  
**TUITION & FEE: \$149.00**

LOT0022-004 ONLINE-Live Meetings  
05/29/24 WE 1:00 pm-5:15 pm  
Instructor: Juan Galvan  
**TUITION & FEE: \$149.00**



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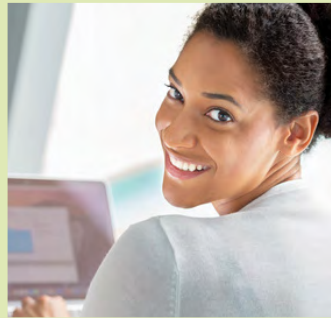
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## Artificial Intelligence and Automation



### AI Introduction to Artificial Intelligence



Gain a general awareness of AI and approaches to equip the future workforce with technical confidence to learn and apply AI Skills independently. Learn about emerging technologies and what AI Skills are needed for employment in a digital economy. Learn how AI is inclusive, impacts daily life and identify AI SMART components. AI applications, development, challenges and internal workings will also be covered.

LCE0016-009 Flex: In-Person and ONLINE  
 03/12/24-03/19/24 TU 6:00 pm-9:15 pm  
 Instructor: John F. Chiappetta  
**TUITION & FEE: \$135.00**

LCE0016-010 Flex: In-Person and ONLINE  
 04/30/24-05/07/24 TU 6:00 pm-9:15 pm

Instructor: John F. Chiappetta  
**TUITION & FEE: \$135.00**

### AI in the Workplace



Intel's AI for Workforce program helps to provide necessary AI skills for employability in the digital economy. Gain technical confidence and enhance employability for AI-related jobs. Learn how AI is currently helping to automate routine tasks and enhance decision-making in the workplace. Find out how to implement the latest technology trends including the AI program cycle and practical application projects. Gain AI technical confidence to prepare for growing job demands related to machine learning and discover your next steps in the AI skills journey.

LCE0020-005 ONLINE-Live Meetings  
 04/29/24 MO 6:00 pm-7:00 pm  
 Instructor: Annabel Hasty  
**TUITION & FEE: \$45.00**

### ChatGPT & AI Robots



Learn how the language model ChatGPT is changing the educational landscape. Find out strategies for utilizing ChatGPT for written assignments, research, and virtual instruction. Through this 1-hour workshop, explore strategies for using Generative AI in the classroom and learn ways to enhance personalized learning. Discover some of the latest AI Robots and their educational applications, including data analysis, language translation, and enhanced accessibility.

LCE0019-006 ONLINE-Live Meetings  
 05/06/24 MO 6:00 pm-7:00 pm

Instructor: Annabel Hasty  
**TUITION & FEE: \$45.00**

### Integrating AI Into Your Classroom



Come and learn ways to integrate artificial intelligence into your curriculum. Through this 1-hour interactive workshop, discover new ways to enrich your teaching with machine learning. This opportunity allows you to engage with AI and related technologies to prepare students' digital readiness and future success.

LCE0017-005 ONLINE-Live Meetings  
 04/22/24 MO 6:00 pm-7:00 pm

Instructor: Annabel Hasty  
**TUITION & FEE: \$45.00**

## Business Technical Skills

### Public Speaking for a Career in Technology



Learn the skill of effectively breaking down technical, complex subjects in a concise and efficient manner. Master the art of persuasion which is used to drive and align ideas and people under a centralized agenda or core business objective. This highly sought-after skill broadens opportunities in the tech space and creates a sense of unmatched confidence. Intended for current professionals or highly motivated students who understand the need of this skill and will apply it to current roles, responsibilities, and interviews.

LCE0021-004 Harper Main Campus  
 04/16/24-05/07/24 TU 6:00 pm-9:15 pm  
 Instructor: Jacob Bond  
**TUITION & FEE: \$350.00**

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## Cybersecurity

### Introduction to Information Security



In this course, students will be learning the foundations and fundamentals of the field of Information Security. This course will be covered in three parts that provide students with a modern perspective and approach to the vastly growing industry and its subgroups.

Students should expect the lectures, discussions, and assignments of this course to ground and train them in the required knowledge of Information Security. Students will also be provided strong career-based direction to set engaging and self-empowering goals to help ensure growth in both current and future roles.

LSP0001-016 Harper Main Campus  
03/12/24-04/09/24 TU 6:00 pm-9:15 pm  
Instructor: Jacob Bond  
TUITION & FEE: \$349.00

## Data Science

### Data Analysis

#### Evaluation Research



Road test evaluation research for your organization. You won't be disappointed. Evaluation research can give you and your organization a systematic assessment of the value of resources and time you commit to a project, product, or specific goal. Evaluation research can determine whether or not a process has achieved a goal or yielded the desired results.

Get introduced to the characteristics of evaluation research and how it can be directly applied to assess the impact or effectiveness of a program, policy, or procedure you want to road test in a professional setting.

LRN0209-002 ONLINE-Self Paced  
03/04/24-03/29/24  
TUITION & FEE: \$195.00

## Action Research



Action research is a form of investigation designed to attempt to solve problems and improve professional practices. It involves systematic observations and data collection which can be then used by the practitioner-researcher in reflection and decision-making.

Discover the features of action research and how it can be directly applied to answer questions and solve problems in collaboration with others in your specific professional context.

Come away with the ability to develop an action research plan to partner with your key stakeholders to collect data, analyze data, and determine findings to address this curiosity or solve the problem.

LRN0210-002  
04/01/24-04/26/24  
TUITION & FEE: \$195.00

ONLINE-Self Paced



## Online Self-Paced Data Analysis Digital Badge



Data Analysis is quickly becoming one of the most sought-after skills in the workplace. Companies produce vast amounts of data, but it is rare to have someone with the vision and ability to analyze data for trends and make valid predictions.

This Digital Badge requires completion of three courses:

- Introduction to Data Analysis (LRN0060) - Summer 2024
- Intermediate Data Analysis (LRN0061)
- Advanced Data Analysis (LRN0062)

Add a whole new skill set to your portfolio, and make a big difference in the success of your organization by acquiring data analysis skills.

## Intermediate Data Analysis



Many business decisions involve comparing groups of data for differences. For example, you might examine sales records to see if men and women prefer different product features. Or, you might see whether product recognition survey data relates to subsequent product purchase behavior. The Intermediate Data Analysis course introduces you to the statistical analysis methods behind these group differences and relationships. In addition, you'll learn how to work with ratings and graphs to create user-friendly reports of statistical results.

LRN0061-025 ONLINE-Self Paced  
03/04/24-03/29/24  
TUITION & FEE: \$195.00

## Advanced Data Analysis



Advanced Data Analysis teaches how to perform valuable inquiries for your business or organization. You acquire skills necessary to communicate these results through graphs and text so that your fellow employees will understand the implications of decisions they make. Take the guesswork out of important decisions and make them based on statistically significant information. Whether your business is home-based or a large company, this class will take you to the next level where important decision making is concerned.

LRN0062-022 ONLINE-Self Paced  
04/01/24-04/26/24  
TUITION & FEE: \$195.00

“

*This course really helped me realize my potential in Data Analysis. It is fantastic and I enjoyed every minute of it.*  
M.T.

”





## Online Self-Paced Power BI (Business Intelligence) Digital Badge

SELF-PACED

Earn a Power BI (Business Intelligence) Digital Badge by completing three online self-paced courses. You may register for the Digital Badge (LRN0170), which includes all three courses, or take the courses separately:

- Introduction to Power BI (LRN0171)
- Intermediate Power BI (LRN0172)
- Advanced Power PI (LRN0173)

This Digital Badge will enhance your skills in data analysis, giving you greater insight into your organization's performance and allowing you to make more informed decisions. Power BI is a widely used business analytics service offered by Microsoft.

### Intermediate Power BI (Business Intelligence)

SELF-PACED

Delve further into Power Query to ETL (Extract, Transform and Load) your data. Build the Data Model using modeling features and relationships. Perform calculations using DAX (Data Analysis Expressions) functions. Utilize Time Intelligence functions to view YoY or YTD reports. Add user friendly features to enhance your reports.

LRN0172-012  
03/04/24-03/29/24  
TUITION & FEE: \$195.00

ONLINE-Self Paced

### Advanced Power BI (Business Intelligence)

SELF-PACED

Expand your knowledge of Power BI Desktop to the highest level. This course focuses on the advanced capabilities of Power Query, Data Modeling and Reports. Check for data inconsistencies, design efficient queries, create proper relationships, and write DAX code to ensure reports update quickly and accurately. Add navigation and analytical features to your reports to enable consumers to analyze the results.

LRN0173-012  
04/01/24-04/26/24  
TUITION & FEE: \$195.00

ONLINE-Self Paced

## SQL

### Online Self-Paced SQL Digital Badge

SELF-PACED

Structured Query Language, SQL, is the industry standard database programming language.

Learn about relational database structures, the history and uses of Structured Query Language, and how to use Structured Query Language to create a database, add records to database tables, and how to use SQL queries to extract meaningful data from database tables. You will progress from creating simple SQL queries to querying multiple tables simultaneously, how to alter data and gather statistics from data stores in a database. Finally, you'll learn techniques that will enable you to write powerful queries that perform complicated searches and sorts on your data.

LRN0164-024  
03/04/24-05/31/24  
TUITION & FEE: \$595.00

ONLINE-Self Paced



## Online Self-Paced SQL Digital Badge

SELF-PACED

Structured Query Language (SQL) is the industry standard database programming language. It is one of the most in demand skills in occupations that require interaction with data and analyzing data. This Digital Badge will enhance your competitiveness in the field of database administration and data analyst jobs.

Earn a SQL Digital Badge by completing three one-month online self-paced courses. You may register for the Digital Badge, which includes all three courses, or take the courses separately:

- SQL Digital Badge (LRN0164)
- Introduction to SQL (LRN0165)
- Intermediate SQL (LRN0183)
- Advanced SQL (LRN0184)



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## Introduction to SQL

SELF-PACED

Learn how to write SQL code to create and populate database tables and how to write simple SQL queries that are capable of retrieving vast amounts of information from a database. You will discover the power of the relational database, how to create and manage database tables, and how to use SQL Select statements to precisely pinpoint and retrieve data from a database.

LRN0165-030 ONLINE-Self Paced  
03/04/24-03/29/24  
**TUITION & FEE: \$245.00**

## Intermediate SQL

SELF-PACED

Discover how to write powerful SQL queries that enable you to retrieve data from one table or from multiple tables stored in the database simultaneously. In this course, you will learn how to retrieve more meaningful data from one or more tables stored in a database. You will learn how to merge data from multiple columns, how to create calculated fields, and how to order and group the results from a query. You will also learn how to create a single join query or subquery to obtain data from multiple tables simultaneously.

LRN0183-021 ONLINE-Self Paced  
03/04/24-03/29/24  
**TUITION & FEE: \$245.00**

LRN0183-022 ONLINE-Self Paced  
04/01/24-04/26/24  
**TUITION & FEE: \$245.00**

## Advanced SQL

SELF-PACED

Take your SQL query skills to a new level by learning how to write more advanced SQL queries for enhanced decision making. In this course, you will learn how to write advanced subqueries, advanced join queries, and UNION queries that query more than one table. You will learn how to use transaction processing to ensure SQL statements execute completely or not at all and how to create stored procedures that enable you to store SQL statements for execution.

LRN0184-020 ONLINE-Self Paced  
04/01/24-04/26/24  
**TUITION & FEE: \$245.00**

LRN0184-021 ONLINE-Self Paced  
05/06/24-05/31/24  
**TUITION & FEE: \$245.00**

## Emerging Technologies

### Introduction to Practical Cryptography for the IT Professional

LIVE

Cryptography can be confusing. In this class we clarify the key points of understanding needed to set up and operate commercial software with cryptographic features. After a clear and simple exposition of the key techniques and features of cryptography, you will be shown software for the enterprise in action such as ssl certificates for Web servers, secure email, disk encryption and underlying software and hardware like MS PKI, HSMs, crypto utility tools, PGP, chip card, disk encryption. You will also be shown why cryptography is a controlled technique, what regulations apply and the Do's and Don'ts.

LCE0022-004 ONLINE-Live Meetings  
04/02/24-05/07/24 TU 6:00 pm-8:00 pm  
Instructor: Frederic Petit  
**TUITION & FEE: \$325.00**



## Online Self-Paced Graphic Design Software Essentials Digital Badge

SELF-PACED

The Adobe software tools are the leading software for graphic design. Adobe Illustrator is the industry standard computer illustration software. Adobe InDesign is the industry standard page-layout program that works with Adobe Illustrator and Photoshop seamlessly. Use Adobe Photoshop to effectively work with selection and editing tools, layers, and masks to edit, retouch and enhance existing images or create your own composite digital art work.

This Digital Badge requires completion of three courses:

- Adobe Illustrator Essentials (LRN0181)
- Adobe Photoshop Essentials (LRN0167)
- Adobe InDesign Essentials (LRN0182)



See Page 40 for our Digital Arts Classes

## ■ Fundamental Computer Skills

### Basic Computer Literacy Training (Spanish)



Basic Computer Literacy Training taught in Spanish. Learners will be introduced to computers and devices, internet concepts, and Microsoft Office applications. This is an instructor-led course which will be held at the Harper College Main Campus.

“Entrenamiento Básico de Computación o, Formación Básica de Alfabetización Digital impartida en español. Los alumnos conocerán las computadoras y los dispositivos, los conceptos de Internet y las aplicaciones de Microsoft Office. Este es un curso dirigido por un instructor que se llevará a cabo en el campus principal de Harper College.

LCT0082-003 Harper Main Campus  
03/12/24-03/14/24 TU WE TH 10:00 am-12:00 pm  
Instructor: Pete Almeida  
**TUITION & FEE: \$249.00**



### Introduction to Information Technology (IT)



If you are considering a career in Information Technology (IT), or want to gain a solid understanding of IT to help with your professional career, this course will provide you with the foundational knowledge on personal computers and Information Technology concepts. Explore which devices, operating systems and computer applications are commonly used at the workplace. Focus will also be applied to more advanced IT topics such as Networking, Cloud Computing, Databases, Application Development and Cybersecurity Concepts.

LCT0072-011 Harper Learning & Career Center, PH  
04/22/24-04/24/24 MO WE 6:00 pm-9:15 pm  
Instructor: Timothy Jansen  
**TUITION & FEE: \$175.00**



### Introduction to Computers Using Windows 10



Become comfortable using a personal computer (PC) and the Windows 10 interface. Explore Windows 10 and learn how to create documents, send email, browse the Internet, and share information between applications and with other users.

LCT0034-027 Harper Main Campus  
03/05/24-03/07/24 TU TH 1:30 pm-4:30 pm  
Instructor: Jennie A. Johns  
**TUITION & FEE: \$239.00**



## ■ Game Design

### Intermediate Video Game Design



Worldwide video game sales, including consoles, online, and mobile games, is projected to reach \$111 billion this year. Mobile games are the fastest-growing market segment. By 2019, Price Warehouse predicts social and casual game sales will exceed traditional game sales. In this course you will learn the basics of video game design process, the main video game genres, and use a game development application to begin your journey of making games.

LRN0020-020 ONLINE-Self Paced  
03/04/24-03/29/24  
**TUITION & FEE: \$245.00**

## ■ Microsoft Office

### Mastering Microsoft Excel



Microsoft Excel is the most widely used spreadsheet tool in the world. Keep your Excel skills current with this class, as it change with the features of Excel over time. Learn how to construct an Excel worksheet, populate it with content, and edit it for delivery in a variety of business situations. Master the options that will take your Excel worksheet from a collection of plain, drab numbers to an engaging multimedia presentation.

LRN0013-026 ONLINE-Self Paced  
04/01/24-04/26/24  
**TUITION & FEE: \$195.00**

### Mastering Microsoft PowerPoint



Bring your ideas to life and leave a lasting impression with Microsoft PowerPoint. Master the tools and techniques that turn humdrum slides into dynamic presentations that will captivate your audience. With hands-on practice and real-world examples, learn design principles and multimedia elements such as images, videos, and charts that elevate you to the next level.

Acquire critical know-how to deliver your presentations with confidence and ease. Whether you're a beginner or a seasoned user, you'll find new ways to work smarter, not harder. You'll leave class with in-demand skills and the ability to create professional, visually appealing presentations that will engage your audience and help you stand out.

LRN0217-001 ONLINE-Self Paced  
04/01/24-04/26/24  
**TUITION & FEE: \$195.00**



## Online Self-Paced Mastering Computer Skills in the Workplace Digital Badge



Earn a digital badge (LRN0215) that demonstrates your mastery of computer skills for the workplace. Get hands-on experience with Excel, PowerPoint and Word, the most widely used computer programs in the world, and gain skills to create professional documents, presentations, and spreadsheets.

## Excel

### Intermediate Excel



This course will help you learn how to organize, display and calculate your data into useful information. Find out how to consolidate your data proficiently into readable rows and columns using different table designs and styles. Create a unique style for yourself to improve your spreadsheet appearance to make the content easier to understand for your target audience. Discover how easily pivot tables can be created to quickly summarize large amounts of data. Through this course, these tasks will make your work outstanding and unique in what you do.

Note: This course is part of a Digital Badge for those who wish to earn a credential. You may register for this individual class, but if you would like to earn the Digital Badge, register for LRN0091- Online Self-Paced Excel Digital Badge.

LRN0116-026 ONLINE-Self Paced  
03/04/24-03/29/24  
**TUITION & FEE: \$195.00**

### Advanced Excel



Learning Advanced Excel contains these tools that can help you prepare your worksheets accurately, examine your data for authentication, and then find those answers to your most difficult questions. This course will help you learn these required business functions along with the tools required to analyze data efficiently within the workplace. Save time for yourself by protecting your valuable data and know with assurance that the entered data is accurate without any errors. By completing the course, discover how to attractively visualize your data into meaningful information with confidence.

LRN0117-024 ONLINE-Self Paced  
04/01/24-04/26/24  
**TUITION & FEE: \$195.00**

## Introduction to Excel 2019



Become an expert in data manipulation using Excel spreadsheets. Organizations rely on information to make sound business decisions. The amount of available data growing on a daily basis, there is an urgent need to make sense of all of that data. Learn how to organize, calculate, analyze, revise, update, and present your data in ways that will help the decision makers in your organization steer you in the right direction. This course provides a foundation for Excel knowledge and skills. Prerequisite: Introduction to Microsoft Windows or equivalent experience.

LCT0014-037 Harper Learning & Career Center, PH  
04/01/24-04/03/24 MO WE 5:30 pm-8:30 pm  
Instructor: Javier Zaragoza  
**TUITION & FEE: \$259.00**

LCT0014-038 Harper Main Campus  
04/09/24-04/11/24 TU TH 1:30 pm-4:30 pm  
Instructor: Javier Zaragoza  
**TUITION & FEE: \$259.00**

## Intermediate Excel 2019



Learn to analyze massive amounts of data, extract actionable information from it, and present that information to decision makers. This course builds upon the foundational knowledge presented in the Introduction to Excel course. Create advanced workbooks and worksheets that help organize organizational intelligence. Students will work with some of the advanced features in Excel including: charts, adding and formatting graphic objects and sorting and filtering data. Prerequisite: Introduction to Excel or equivalent experience.

LCT0030-036 Harper Main Campus  
04/08/24-04/10/24 MO WE 5:30 pm-8:30 pm  
Instructor: Javier Zaragoza  
**TUITION & FEE: \$259.00**

LCT0030-037 Harper Main Campus  
04/16/24-04/18/24 TU TH 1:30 pm-4:30 pm  
Instructor: Javier Zaragoza  
**TUITION & FEE: \$259.00**

## Advanced Excel 2019



Excel 2019 provides powerful data analysis capabilities. Learn to perform advanced data analysis, collaborate on workbooks with other users, and automate workbook functionality. Learn to use conditional logic to construct and apply elaborate formulas and functions. This course builds upon the foundational and intermediate knowledge presented in the Introduction and Intermediate Excel 2019 course. Prerequisite: Intermediate Excel or equivalent experience.

LCT0038-024 Harper Main Campus  
04/15/24-04/17/24 MO WE 5:30 pm-8:30 pm  
Instructor: Javier Zaragoza  
**TUITION & FEE: \$259.00**

LCT0038-026 Harper Learning & Career Center, PH  
04/23/24-04/25/24 TU TH 1:30 pm-4:30 pm  
Instructor: Javier Zaragoza  
**TUITION & FEE: \$259.00**

## Excel 2019 PivotTables



Summarize and organize raw data in a way that can be meaningfully presented to others. Gain a solid understanding of Pivot Tables to maximize effectiveness when analyzing data. Use Power Pivot along with Excel to analyze data from a variety of sources. To ensure success in this course, you should have experience working with Excel and PivotTables, understand spreadsheet concepts, and be comfortable creating basic PivotTables.

LCT0042 - 023 Harper Learning & Career Center, PH  
04/30/24 TU 1:30 pm-4:30 pm  
Instructor: Javier Zaragoza  
**TUITION & FEE: \$259.00**

LCT0042 - 021 Harper Learning & Career Center, PH  
05/06/24 MO 5:30 pm-8:30 pm  
Instructor: Javier Zaragoza  
**TUITION & FEE: \$259.00**

## Online Self-Paced Excel Digital Badge



Earn an EXCEL Digital Badge by completing three one-month online self-paced courses. You may register for the Digital Badge, which includes all three courses, or take the courses separately:

- Excel Digital Badge (LRN0091)
- Mastering Microsoft Excel (LRN0013)
- Intermediate Excel (LRN0116)
- Advanced Excel (LRN0117)

A must-have skill to succeed in business, whether an entrepreneur or a valued employee, is the ability to create, edit and manage spreadsheets. Microsoft Excel is the most used spreadsheet tool in the world. This Digital Badge will help you discover how to attractively visualize your data into meaningful information with confidence.





## Word

### Introduction to Word 2019



Microsoft Word 2019 is designed to help you move smoothly through the task of creating professional-looking documents. Its rich features and powerful tools can make your work easy, and even fun. In this course, you'll learn how to use Word 2019 to create and edit simple documents; format documents; add tables and lists; add design elements and layout options; and proof documents. Students need strong Windows and mouse skills to keep pace with this course. Keyboarding skills are recommended. Prerequisite: Introduction to Windows or equivalent experience.

LCT0013-024 Harper Main Campus  
03/12/24-03/14/24 TU TH 1:30 pm-4:30 pm  
Instructor: Angela D Valentine  
**TUITION & FEE: \$259.00**

### Mastering Microsoft Word



NEW!

Master the art of document creation and take your professional skills to the next level with Microsoft Word, which is essential for success in the modern business world. Discover how to format text, paragraphs, images, and pages with ease. Get hands-on experience creating professional-looking documents, from resumes and cover letters to reports and brochures.

Find out how to use templates and themes to save time and streamline your workflow. At the end of this class, you will be equipped with the skills to create, edit and share polished documents that will impress employers and co-workers and give you a competitive edge in the workplace.

LRN0216-001 ONLINE-Self Paced  
03/04/24-03/29/24  
**TUITION & FEE: \$195.00**

### Intermediate Word 2019



Creating professional-looking documents can give you and your organization a competitive edge. Implementing time-saving features such as document templates and automated mailings can help reduce expenses. Mastering these techniques will make you a valued employee in your organization. Learn to work with features such as formats, styles, and templates to create professional documents with a consistent look and feel. Add visual interest to your documents by using the tables and charts features. Quick Parts and templates provide efficiency and consistency when adding content, and long complex documents can be simplified and managed in Master Documents. Use the mail merge feature to automate sending individual letters to customers.

LCT0029-022 Harper Main Campus  
03/19/24-03/21/24 TU TH 1:30 pm-4:30 pm  
Instructor: Angela D Valentine  
**TUITION & FEE: \$259.00**



## Outlook

### Introduction to Outlook 2019



Learn how to use one of the most popular email applications around! Students will create, format, send, reply to, and forward messages. Also covered are working with attachments, managing contacts, and scheduling appointments and meetings. Prerequisite: Intro to Windows or equivalent experience.

LCT0021-022 Harper Main Campus  
05/07/24-05/09/24 TU TH 1:30 pm-4:30 pm  
Instructor: Angela D Valentine  
**TUITION & FEE: \$259.00**

## PowerPoint

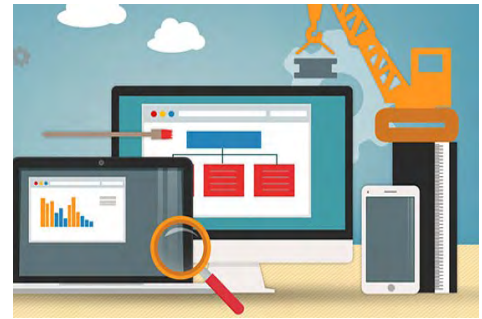
### Introduction to PowerPoint 2019



Create a presentation, work with outlines, modify the slide master, use the drawing tools, create a chart and customize templates. Learn how to create a slideshow that can be used for effective presentations. See how animation can hold your audience captive. Prerequisite: Strong Microsoft Windows skills and knowledge of Microsoft Word is helpful.

LCT0015-021 Harper Main Campus  
04/23/24-04/25/24 TU WE 1:30 pm-4:30 pm  
Instructor: Jennie A. Johns  
**TUITION & FEE: \$259.00**

## Web Design and Maintenance



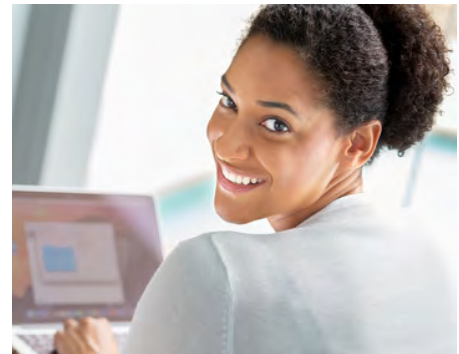
## Programming

### HTML Fundamentals



This course covers all the basics of HTML coding language. You will learn building simple web pages by hand coding, using HTML tags to create paragraphs, heading, lists, links, insert images, tables and more. We also cover creating a simple multi-page website with images, text and a navigation bar.

LRN0153-015 ONLINE-Self Paced  
03/04/24-03/29/24  
**TUITION & FEE: \$245.00**



BUSINESS & CAREERS

COMPUTERS & TECHNOLOGY

FITNESS, HEALTH & WELLNESS

MUSIC, ARTS & WRITING

PERSONAL INTERESTS

LIFELONG LEARNING INSTITUTE (LLI)

WORLD LANGUAGES

YOUTH & TEENS



# Fitness, Health and Wellness

## WHAT'S NEW

- The Formula of Trust

## DON'T MISS

- Online Self-Paced Food, Nutrition and Health Digital Badge
- Digital Badge in Nutrition, Chronic Disease and Health Promotion
- Yoga
- Gentle Somatic Movement for Pain Relief
- A Journey into Holistic Healing Arts
- Usui Shiki Ryoho and Holy Fire Reiki, Level I



Scan me to learn more about  
**Fitness, Health & Wellness**

Learn more at  
[ce.harpercollege.edu](http://ce.harpercollege.edu),  
"Browse Our Programs/  
Fitness, Health & Wellness"

## Dance



### Adult Basic Ballet



The most essential style of dance, ballet focuses on grace, poise, and strength through technique and choreography to both classical and contemporary music. You will be ready to dance at the next special occasion.

LPS0010-006 Harper Main Campus  
04/03/24-05/22/24 WE 5:15 pm-6:15 pm  
**TUITION & FEE: \$68.00**

### Ballroom Dancing



The undeniable romance of ballroom dancing is enjoying renewed popularity, so put on your dancing shoes and let the instructor lead you through the waltz, the fox trot, cha cha, and swing. You'll also learn some basic rhumba and tango. Singles as well as couples are welcome, but partners are not guaranteed. Please wear leather-soled shoes for easier movement.

LPS0008-006 Harper Main Campus  
04/06/24-05/25/24 SA 1:30 pm-2:30 pm  
**TUITION & FEE: \$68.00**



### Latin Social Dance



This class is for adults interested in learning the basic patterns of Latin dances such as merengue, salsa, bachata, cumbia, and cha-cha. Beginners and those with some experience will benefit from this course. The course will include exercises for Latin hip motion, better turns or spotting, rib cage isolations, and triple steps used in cha-cha and dash. Adults 18 and up. Singles are welcome in addition to couples.

LPS0007-005 Harper Main Campus  
04/01/24-05/20/24 MO 7:00 pm-8:00 pm  
**TUITION & FEE: \$68.00**

### Introduction to Bachata (Latin) Dancing



If you are ready to learn this fun and popular Latin dance, this class is for you. You will learn the fundamental steps, turns, connection, body movement, and combinations with proper technique and completely broken down so you don't have to guess. The class is open to individuals and couples. No special attire or shoes are required; however, we recommend that you avoid wearing gym shoes to sessions so you can turn smoothly on the wood floor. Questions? Call 847-310-3250. This class meets at a local dance studio. Visit [ce.harpercollege.edu](http://ce.harpercollege.edu) for the full details.

LEI0113-014 Reclaimed Fitness  
03/04/24-03/25/24 MO 8:15 pm-9:15 pm  
Instructor: Dora Parks  
**TUITION & FEE: \$70.00**

LEI0113-015 Reclaimed Fitness  
04/01/24-04/22/24 MO 8:15 pm-9:15 pm  
Instructor: Dora Parks  
**TUITION & FEE: \$70.00**

LEI0113-016 Reclaimed Fitness  
05/06/24-06/03/24 MO 8:15 pm-9:15 pm  
Instructor: Dora Parks  
**TUITION & FEE: \$70.00**

### Introduction to Cha Cha Dancing



In this class, you'll get to dance the cha-cha. You'll learn the fundamental rhythms, steps, turns, connection, body movement, and some combinations with proper technique and broken down. You don't need a partner; it is open to individuals and couples. No special attire or shoes are required; however, avoid wearing gym shoes to classes so you can turn quickly on the wood floor. This class occurs at a local dance studio; visit [ce.harpercollege.edu](http://ce.harpercollege.edu) for the full details.

LEI0129-003 Reclaimed Fitness  
03/05/24-03/26/24 TU 8:15 pm-9:15 pm  
Instructor: Dora Parks  
**TUITION & FEE: \$70.00**

LEI0129-004 Reclaimed Fitness  
04/02/24-04/23/24 TU 8:15 pm-9:15 pm  
Instructor: Dora Parks  
**TUITION & FEE: \$70.00**

LEI0129-005 Reclaimed Fitness  
05/07/24-05/28/24 TU 8:15 pm-9:15 pm  
Instructor: Dora Parks  
**TUITION & FEE: \$70.00**





## Wedding Party Dancing

Weddings, class reunions, and parties are more enjoyable if you know how to dance. You will learn the basics to have fun and be successful on the dance floor. We will cover slow/couples dancing, individual grooves, and group moves. You will be ready to dance at the next special occasion. Singles as well as couples are welcome, but partners are not guaranteed.

LPS0009-006 Harper Main Campus  
04/05/24-05/24/24 FR 5:45 pm-6:45 pm  
**TUITION & FEE: \$68.00**

## Introduction to Salsa Dancing

If you want to learn salsa but are too shy to jump in or explore more of this fantastic dance, this is the class for you. You will learn the fundamental steps, turns, connections, and several combinations, with proper technique and completely broken down, so you don't have to guess. The class is open to individuals and couples. No special attire or shoes are required; however, we recommend that you avoid wearing gym shoes to sessions so you can turn smoothly on the wood floor. This class meets at a local dance studio. Visit [ce.harpercollege.edu](http://ce.harpercollege.edu) for the full details.



LEI0112-015 MO Reclaimed Fitness  
03/04/24-03/25/24 7:15 pm-8:15 pm  
Instructor: Dora Parks  
**TUITION & FEE: \$70.00**

LEI0112-016 MO Reclaimed Fitness  
04/01/24-04/22/24 7:15 pm-8:15 pm  
Instructor: Dora Parks  
**TUITION & FEE: \$70.00**

LEI0112-017 MO Reclaimed Fitness  
05/06/24-06/03/24 7:15 pm-8:15 pm  
Instructor: Dora Parks  
**TUITION & FEE: \$70.00**

## Introduction to Cumbia Dancing

**NEW!**

Join us to learn Cumbia, a culturally diverse and high-energy dance; this class is for you. You will discover various fundamental steps, turns, connections, and combinations with proper technique and completely broken down so you don't have to guess. You don't need a partner for this class; it is open to individuals and couples. No special attire or shoes are required. However, avoid wearing gym shoes to turn on the wooden floor quickly. This class meets at a local dance studio; see details at [ce.harpercollege.edu](http://ce.harpercollege.edu).

LEI0130-003 Reclaimed Fitness  
03/05/24-03/26/24 TU 7:15 pm-8:15 pm  
Instructor: Dora Parks  
**TUITION & FEE: \$70.00**

LEI0130-004 Reclaimed Fitness  
04/02/24-04/23/24 TU 7:15 pm-8:15 pm  
Instructor: Dora Parks  
**TUITION & FEE: \$70.00**

LEI0130-005 Reclaimed Fitness  
05/07/24-05/28/24 TU 7:15 pm-8:15 pm  
Instructor: Dora Parks  
**TUITION & FEE: \$70.00**

## Fencing

### En Garde Fencing

The Epee style of fencing stalks the opponent waiting for the right opportunity and then follow with a quick attack and/or counterattack. In Epee, the entire body is a valid target much like in an actual duel. Perfect for all skills levels from beginners to advanced. Sword and face mask are provided. You should wear a sweatshirt or something similar to class. The class is co-listed with the Harper College Kinesiology department. This class is offered in two formats: Tuesday nights with organized instruction and a Tuesday/Thursday format with instruction on Tuesday and Thursday available as a practice night.

LPA0004-009 Harper Main Campus  
03/12/24-05/07/24 TU 6:00 pm-7:45 pm  
Instructor: Adam Ali  
**TUITION & FEE: \$175.00**

LPA0004-010 Harper Main Campus  
03/12/24-05/09/24 TU TH 6:00 pm-7:45 pm  
Instructor: Adam Ali  
**TUITION & FEE: \$235.00**



## Fitness



### Indoor Cycling

Are you ready to sweat and have a great workout while doing it? This indoor cycling class is set to music while simulating flat roads, hills, sprints, and interval training. Appropriate for all fitness levels.

LPS0019-014 Harper Main Campus  
04/03/24-05/22/24 WE 5:30 pm-6:15 pm  
**TUITION & FEE: \$68.00**

LPS0019-015 Harper Main Campus  
04/06/24-05/25/24 SA 9:00 am-9:45 am  
**TUITION & FEE: \$68.00**



### Pilates

Achieve and maintain core stability, including pelvic and shoulder stabilization, neutral alignment and patterned breathing. Build strength, flexibility and endurance without risking injury or adding bulk.

LPS0017-006 Harper Main Campus  
04/03/24-05/22/24 WE 9:00 am-9:45 am  
**TUITION & FEE: \$68.00**

### Traditional Pilates

**NEW!**

Employs a system of movements to increase range of motion balance, strength and awareness of the mind/body connection. This class is designed for students who are able to safely participate in cardiorespiratory and resistance activities and may include the use of equipment. This class is not designed for students who may have known heart, pulmonary, metabolic, physiological diseases and/or orthopedic challenges. This class is co-listed with the Kinesiology department.

LPA0007-002 Harper Main Campus  
03/11/24-05/08/24 MO WE 8:00 am-8:50 am  
**TUITION & FEE: \$175.00**

## Resist a Ball (Tone and Tighten)



Resist-a-balls are a fun, yet challenging way to help improve core strength, posture, balance and flexibility. Join us as you stretch, tone and tighten your body.

LPS0016-007 Harper Main Campus  
04/03/24-05/22/24 WE 8:00 am-8:45 am  
**TUITION & FEE: \$68.00**



## Werq (Cardio Dance)



Try this fun and addictive cardio dance workout based on rock and pop music.

LPS0012-006 Harper Main Campus  
04/13/24-05/25/24 SA 9:00 am-9:45 am  
**TUITION & FEE: \$68.00**

## Mindfulness and Holistic Living

### Digital Badge in Nutrition, Chronic Disease and Health Promotion



Understanding the role of food and water, and making appropriate changes in one's diet can have powerful effects, both positive and negative, on health throughout life. The burden of chronic diseases is rapidly increasing worldwide as traditional, largely plant based diets are quickly being replaced by high fat, energy dense diets with a substantial content of animal based foods. This digital badge addresses these issues and more and provides a solid foundation of knowledge and information to support individuals who wish to enhance their own well being as well as health care professionals who wish to evolve in their profession.

LPL0015-011 ONLINE-Self Paced  
06/03/24-09/03/24  
**TUITION & FEE: \$180.00**



### Online Self-Paced Food, Nutrition and Health Digital Badge



Food and nutrition have a profound impact on people's health and well-being, yet many people are not aware of what foods to eat, which diets are healthy, and where their food originates. The goal of this course is to provide a holistic overview of current food and nutrition issues and their impact on physical, social, emotional, and spiritual health.

Throughout this course, you will become more conscious of what you eat, why you eat it, how it is prepared, and what consequences your food choices have on your health as well as the health of the planet.

LPL0007-013 ONLINE-Self Paced  
06/03/24-09/03/24  
**TUITION & FEE: \$150.00**



### Skills for Making Great Decisions



Learn how to make excellent everyday decisions from an experienced counselor and life coach. You'll discover the steps necessary to achieve your goals, as well as the power that ordinary, everyday decisions can have over the quality of your life.

You will learn how to deal effectively with crisis, how to use your emotions as decision making tools, and how to work with others to make good decisions. The goal of this course is to give you the power to live the best life you can and make the very most of every opportunity.

LPL0005-013 ONLINE-Self Paced  
06/03/24-09/03/24  
**TUITION & FEE: \$190.00**

## Gentle Somatic Movement for Pain Relief



Experience freedom from chronic muscular pain, stress, injuries and tension by retraining your nervous system with Hanna Somatic Movement. This evidence-based self-care and mindfulness practice has been shown to alleviate neck and lower back pain. Benefits are experienced by people of all ages including athletes. These natural, gentle, safe movements help maximize flexibility, strength and balance and restore freedom of movement. Join me and experience these movements and freedom from pain. Since the movements in this class are practiced both sitting, and lying on the floor, it is important that you have enough mobility to be able to lay down and rise up again. Bring a mat or blanket and a pillow for comfort. Dress in comfortable, loose-fitting clothes.

LIO0026-005 Harper Main Campus  
03/11/24-04/22/24 MO 6:30 pm-7:45 pm  
Instructor: Jacqui Neurauter  
**TUITION & FEE: \$129.00**



## A Journey into Holistic Healing Arts



Reiki Master and Instructor, Melissa Gawron, will share her personal journey into unique spiritual practices and energetic healing modalities. Learn a brief overview about Reiki, Access Consciousness, Shamanism and other energetic practices while listening to her personal story. You will learn basics about each modality, helpful mindfulness techniques and ways to promote healing and relaxation in your life. I invite you to start your own personal journey into the Holistic Healing Arts.

LIO0029-002 Harper Main Campus  
03/20/24 WE 6:30 pm-8:30 pm  
Instructor: Melissa Gawron  
**TUITION & FEE: \$49.00**



## Usui Shiki Ryoho and Holy Fire Reiki, Level 1



Reiki is the Japanese Art of stress reduction and relaxation which can also promote healing. Reiki is made up of two Japanese words, Rei and Ki, which means spiritually guided life force energy. Reiki is spiritual in nature, but it is not religious. In this first level class, some of the things you will learn include what is Reiki, what are the 5 principles or precepts of Reiki, and what is an attunement. In class you will complete some meditation and self-reflection and you will receive the attunement process.

LIO0030-002 Harper Main Campus  
04/03/24-05/08/24 WE 6:30 pm-8:30 pm  
Instructor: Melissa Gawron  
**TUITION & FEE: \$189.00**



## Qigong Energy Breathing and Meditation



NEW!

Qigong Energy Breathing is a technique of slow, deep, and gentle breathing. This increases the volume of air the lungs, which increases the amount of oxygen available to the body. Qigong Meditation utilizes Energy Breathing, along with posture, focus, and visualization to bring the mind, body, spirit into alignment. The benefits can include calming of the mind and emotions, release of stress and anxiety, pain reduction, and can help regulate blood pressure. This is open to all levels. You may bring a meditation pillow for sitting or laying on as well as a light blanket. Yoga mats provided.

LPS0033-002 Harper Main Campus  
04/04/24-05/23/24 TH 7:15 pm-8:15 pm  
Instructor: Susan Churchill  
**TUITION & FEE: \$68.00**



## Qigong for Health and Wellness



NEW!

Qigong is an ancient Chinese practice which helps to balance the energy of the body, mind, and spirit. You will use simple, gentle movements, along with breath and visualization, to open energy blockages and bring ourselves into physical, mental and emotional balance. This class is great for beginners to advanced students. Benefits include increased energy, better sleep, pain reduction, stress relief, and overall wellbeing.

LPS0025-004 Harper Main Campus  
04/04/24-05/23/24 TH 6:00 pm-7:00 pm  
Instructor: Susan Churchill  
**TUITION & FEE: \$68.00**

## Skip into Spring Qigong Workshop



NEW!

Let Qigong help your body adjust to the changing season in this workshop. We will be releasing Winter energy and welcoming the energy of Spring. Our focus is on the Liver System. We will do a moving Qigong practice and a gentle meditation, specifically focused on detoxifying the liver channels. Additionally, we will use techniques for the Lung System to help relieve seasonal symptoms. This is open to all levels. You may bring a meditation pillow for sitting or laying on as well as a light blanket. Yoga mats provided.

LPS0034-001 Harper Main Campus  
03/16/24 SA 11:00 am-12:30 pm  
Instructor: Susan Churchill  
**TUITION & FEE: \$20.00**

## Forgiveness Journey with Qigong and Singing Bowls



NEW!

One of the greatest gifts you can give yourself is forgiveness. Forgive everybody, including yourself. Together, we will explore and release forgiveness through journaling, drawing, movement and sound. Susan, a certified Qigong facilitator, will lead you in movement to help you release anger in your body and bring in a sense of peace and ease. We complete the experience with Intuitive Energy Healer, Tamara, with a nurturing sound bowl healing to seal in your renewal of spirit.

LPS0035-001 Harper Main Campus  
04/20/24 SA 10:30 am-12:30 pm  
Instructor: Susan Churchill  
**TUITION & FEE: \$25.00**

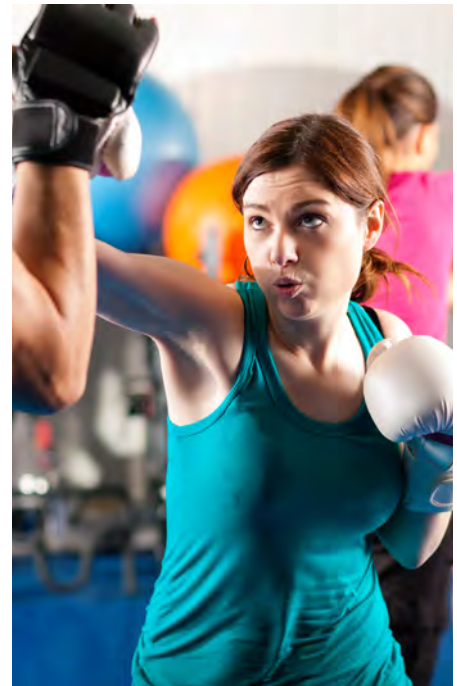
## The Formula of Trust



We are all familiar with phrases like just trust me and I have trust issues. Is trust a feeling? What if I forgive someone and I am hurt again? What breaks and repairs trust in relationships and in our trusting ourselves? Do forgiveness and boundaries play a role in our willingness to trust once we are betrayed? This fast-paced and interactive 90-minute class will explore the intersections of trust, forgiveness, and boundaries while teaching skills and strategies.

LIO0031-002 ONLINE-Live Meetings  
03/19/24 TU 6:30 pm-8:00 pm  
Instructor: Pamela Rak  
**TUITION & FEE: \$25.00**

## Self Defense and Martial Arts



### Boxing



NEW!

Emphasizing proper stance, technique, footwork, and offensive and defensive skills, you will develop your endurance while learning the skills and techniques of boxing in this great workout class. All equipment is provided. This class is co-listed with the Kinesiology department.

LPA0008-002 Harper Main Campus  
03/11/24-05/08/24 MO WE 10:00 am-10:50 am  
**TUITION & FEE: \$175.00**

### Judo and Self-Defense



This course provides an understanding and practical application of all aspects of judo and self-defense. Includes proper training methods, physical conditioning, techniques and rules and regulations for contests. Advanced students will be instructed on Randori and prepared for competition. This class is available to all levels and competition is not a requirement of this program. Designed for students who are able to safely participate in cardiorespiratory and resistance activities and may include the use of equipment.

LPA0005-004 Harper Main Campus  
03/16/24-05/11/24 SA 10:00 am-12:00 pm  
Instructor: Mark Metcalf  
**TUITION & FEE: \$175.00**

BUSINESS & CAREERS

COMPUTERS & TECHNOLOGY

FITNESS, HEALTH & WELLNESS

MUSIC, ARTS & WRITING

PERSONAL INTERESTS

LIFELONG LEARNING INSTITUTE (LLI)

WORLD LANGUAGES

YOUTH & TEENS

## Personal Self-Defense Workshop



Personal safety, security, and protection are top of mind for just about everyone due to the elevated number of personal attacks being carried out each day. Understanding what to do in the event of a physical attack before, during, and after is very useful, and in most cases can save your life. In this class, you will learn the concepts of situational awareness, and how to mentally respond/react during and after a physical attack. In addition, you will learn how to physically respond/react to a physical attack, which will include effective self-defense movements, and various types of strikes.

LPS0030-005 Harper Main Campus  
04/27/24 SA 1:00 pm-3:30 pm  
Instructor: Pete Almeida  
**TUITION & FEE: \$30.00**

## Wellness



### Baby Steps to Big Results



NEW!

If you have had trouble losing weight or improving your health, maybe you have not been doing the right things. In this workshop, Functional Medicine Practitioner Dr. Amy Iaquinta will provide you with the knowledge and the tools to address your health and lose weight by looking at the whole picture. Bring a notebook and pen for note taking.

LPS0038-001 Harper Main Campus  
04/10/24 WE 6:00 pm-7:30 pm  
**TUITION & FEE: \$30.00**



## Yoga

### Exploring Yoga



Experience the benefits of yoga including improved physical fitness, mental clarity, greater self-understanding, tension relief and general well-being. You will learn about postures, meditation, relaxation techniques and more. Wear comfortable clothing and bring a yoga mat.

LPS0023-007 Harper Main Campus  
04/03/24-05/22/24 WE 6:30 pm-8:00 pm  
Instructor: Ralph S. Nicksarlian  
**TUITION & FEE: \$105.00**

### Personal Self-Defense for Healthcare Workers



NEW!

A healthcare worker self-defense class is a valuable resource for individuals working in the healthcare industry, providing them with the necessary skills to protect themselves and others in potentially dangerous situations. This class outline aims to empower healthcare workers with mental and physical self-defense training, focusing on the unique challenges they may face in their roles. By equipping healthcare workers with the necessary skills and knowledge to protect themselves and others, this self-defense class will help create a safer and more secure environment for all those involved in the healthcare industry.

LPS0036-001 Harper Main Campus  
03/02/24 SA 1:00 pm-3:30 pm  
Instructor: Pete Almeida  
**TUITION & FEE: \$30.00**

LPS0036-002 Harper Main Campus  
04/02/24 TU 6:00 pm-8:30 pm  
Instructor: Pete Almeida  
**TUITION & FEE: \$30.00**



## Chair Yoga



Also called Mindfulness in Motion, Yoga means weaving or yoking together of mind, body and spirit. Imagine being in a relaxed yogic state and practicing wherever you sit regardless of your age, level of activity or physical size. Chair yoga is specifically designed for those that desire an adaptive yoga program whether for personal needs, workplace stress management, etc. You will move your entire body through its full range of motion in concert with your breathing to balance the nervous system, elicit a deep sense of relaxation in your mind-body physiology, increase flexibility, improve strength and balance and so much more. No yoga experience necessary. Bring a yoga strap or flexible belt/tie for some of the poses. Age: 16+ years.

LPE0005-029 ONLINE-Live Meetings  
03/18/24-05/13/24 MO 5:15 pm-6:15 pm  
Instructor: Mary Beth L. Janssen  
**TUITION & FEE: \$109.00**



## Hatha Yoga



This yoga class will focus on developing strength, flexibility and balance through the yoga poses practiced. Additional benefits of this course include breath work, meditation, and conditioning. Posture and poses learned are practiced at a slower pace than other forms of yoga.

LPS0031-004 Harper Main Campus  
04/01/24-05/20/24 MO 5:00 pm-6:00 pm

Instructor: Mary Kay Harton **TUITION & FEE: \$68.00**

## Yoga: Next Challenge

LIVE 

Often called, Meditation or Mindfulness in Motion, in this intermediate yoga class you will work on heightening your awareness, deepening your practice, creating balance and strength, thus wellness, within all the layers of your being physically, mentally, emotionally and spiritually. You'll learn and further refine your practice of yoga postures and healing breath work as to feel more comfortable, fluid, at ease and flexible in mind and body. This energizing, relaxing and transformative class is designed as the next step for those who have taken a beginning Yoga class. Age: 16+ years.



LPE0011-029 ONLINE-Live Meetings  
03/18/24-05/13/24 MO 6:30 pm-8:00 pm  
Instructor: Mary Beth L. Janssen  
**TUITION & FEE: \$149.00**

BUSINESS  
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COMPUTERS &  
TECHNOLOGY

FITNESS, HEALTH  
& WELLNESS

MUSIC, ARTS  
& WRITING

PERSONAL  
INTERESTS

LIFELONG LEARNING  
INSTITUTE (LLI)

WORLD  
LANGUAGES

YOUTH & TEENS

## Foglia Foundation Health and Recreation Center

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- *Senior (62 and up): \$35/month*
- *Military: \$35/month*
- *Harper Alumni: \$30/month*

### Membership Includes

- *Fitness Center*
- *Six-lane Pool*
- *Elevated Track*
- *Four Court Fieldhouse*
- *Group Exercise Classes*

1200 Algonquin Road | Palatine, IL | 847.925.6825 [harpercollege.edu/campusrec](http://harpercollege.edu/campusrec)

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for All Ages.*

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LESSONS, CLASSES,  
PROGRAMS, AND ENSEMBLES  
FOR ALL AGES

### WHAT'S NEW

- Adobe Premiere Pro Introduction
- Advanced Watercolor
- Art Institute of Chicago Semi-Private Guided Tour
- Beginning Crochet
- Beginning Glassblowing
- Video Production for Beginners
- Afro-Latin Drum Circle
- Introduction to the Fiddle
- Introduction to South Indian Music
- Hollywood at Harper
- Personal Coaches For Writers
- Writing One Step at a Time ... and more!

### DON'T MISS

- Pottery Classes
- Photography Classes
- Back Porch Revue Ensemble



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Learn more at  
[harpercollege.edu/cmac](http://harpercollege.edu/cmac)

## Art

### ■ Art Appreciation and History

#### Art Institute of Chicago Semi-Private Guided Tour



Join a small group tour of the Art Institute of Chicago and see some of the museum's most famous exhibits. The Art Institute of Chicago is widely regarded as one of the finest art museums in the world. The museum also boasts an Impressionist collection that rivals many museums around the world. You'll meet your high caliber guide at the front door then embark on a journey about the museum's history and the full story about the masterpieces on display and their background. Only eight people are allowed on this intimate tour. Follow your guide to skip the lines at the museum's best exhibits. The focus of this tour will be the exhibit Picaso: Drawing from Life, ending on April 8, 2024. For more details, visit [ce.harpercollege.edu](http://ce.harpercollege.edu).

LEI0124-002 Other Locations/Offsite  
03/15/24 FR 1:00 pm-3:30 pm  
Instructor: Angela Redmond  
**TUITION & FEE: \$125.00**

### ■ Art as a Business



#### Start Your Own Arts and Crafts Business

SELF-PACED



If you have an art or a craft and you dream about starting your own home-based or small business, this is the course for you! You will learn to start your own arts and crafts business from a professional artist. You will learn to create your own unique business identity, and discover what makes marketing in the arts and crafts business different from marketing in most other enterprises and find a sales approach that fits your personality. You will learn how to find and get into the best craft shows, as well as design booths that really draw customers in. You will discover how to price your work effectively so you can set yourself up for success whether you are selling through craft shows, in galleries, online, or even in your own retail store.

LPL0021-002 ONLINE-Self Paced  
06/12/24-08/02/24  
Instructor: Shirley George Frazier  
**TUITION & FEE: \$129.00**

### ■ Animation

#### Animation Lip Syncing



Animation Lip Syncing is a specialized course dedicated to the intricate art of synchronizing character lip movements with spoken dialogue. This course is designed for students and aspiring animators seeking to develop their skills in lip-syncing, a fundamental aspect of character animation that brings dialogue, emotion, and believability to animated characters.

LEI0143-001 Harper Main Campus  
03/13/24-05/08/24 WE 5:00 pm-7:00 pm  
Instructor: Michael Kohler  
**TUITION & FEE: \$329.00**



### ■ Drawing and Painting

#### Drawing Studio



Develop your skills through ongoing interaction with our expert instructor. If you have completed Drawing for Beginners or have the equivalent experience, you will enjoy a greater emphasis on rendering and producing a finished piece of work. The class will combine individualized attention with structured lessons that will help you build and refine your fundamental skills, particularly in human anatomy. Additional tools, including colored pencils, ink, pastel, and charcoal, also will be introduced.

LEI0003-013 Harper Main Campus  
03/19/24-05/14/24  
Instructor: Nonna L. Mynatt  
**TUITION & FEE: \$225.00**

“

*Nonna is enthusiastic and has a trained eye to spot problems and suggests corrections as well as demonstrates personally. She changes up the session with spotlights on artists and books and how they relate to subject matter. J. L.*

”

## Gouache Painting



Within this course, you will learn how to paint with gouache; an opaque watercolor. By use of various papers, brush applications, color schemes, and techniques; you will learn how to incorporate the medium into your portfolio. We will view notable artworks in gouache, while also creating studies and final pieces. You will learn about linear placement, capturing light, and everything you need to develop a gouache painting. All levels are welcome beginning to advance.

LEI0076-009 Harper Main Campus  
04/05/24-04/26/24 FR 7:00 pm-9:00 pm  
Instructor: Angela Redmond  
**TUITION & FEE: \$125.00**

## Oil and Acrylic Painting: Beginning



While you learn the fundamentals of painting with both acrylic and oil paint, you will be challenged to develop your skills. You will initially work with oil before trying your hand with acrylic paint. Our instructor uses an individualized approach to teaching, which stresses demonstrating and practicing the techniques needed to achieve your desired result. Completion of a drawing class or a similar experience is encouraged.

LEI0001-032 Harper Main Campus  
03/19/24-05/14/24 TU 7:00 pm-10:00 pm  
Instructor: Angela Redmond  
**TUITION & FEE: \$269.00**

## Oil and Acrylic Painting: Advanced



NEW!

Are you familiar with painting fundamentals and eager to pursue your unique artistic interests? Using your existing painting expertise as a base, are you interested in learning how to paint portraits, landscapes, and other complicated subject matter in various styles? This course is appropriate for you. This advanced painting course is designed to assist students at all skill levels and painterly comfort levels in developing their projects (landscape, still life, portraits, abstraction) and painting styles.

LEI0138-002 Harper Main Campus  
03/14/24-05/16/24 TH 7:00 pm-10:00 pm  
Instructor: William Blake  
**TUITION & FEE: \$299.00**



## Watercolor for Beginners



This course is designed for the beginning student or those seeking a refresher. It will help you learn the skills and techniques to create beautiful watercolor paintings. You will learn to mix and blend colors, control water, and use brush strokes for different effects. Information about using various watercolor paints, papers, and brushes will also be presented. You should complete a drawing course or have similar skills before taking a watercolor class.

LEI0004-007 Harper Main Campus  
03/07/24-04/11/24 TH 7:00 pm-9:00 pm  
Instructor: Angela Redmond  
**TUITION & FEE: \$125.00**

## Advanced Watercolor



Within this course, we will explore advanced techniques of watercolor painting. We will work with elements of capturing light, value, linear planes, and color through detailed landscapes, representational objects, animals and insects, portraiture, and abstraction. Watercolor for Beginners is a prerequisite to this course. Completion of Drawing for Beginners is recommended.

LEI0088-005 Harper Main Campus  
04/18/24-05/09/24 TH 7:00 pm-9:00 pm  
Instructor: Angela Redmond  
**TUITION & FEE: \$125.00**

## Calligraphy



## Brush Pen Copperplate



NEW!

Learn the basics of writing Copperplate script with a brush pen. A full alphabet of uppercase and lowercase letters will be taught. Use for hand-made cards, addressing envelopes, and more.

LEI0149-001 Harper Main Campus  
05/22/24-05/29/24 WE 6700 pm-9:00 pm  
Instructor: Anna Hess  
**TUITION & FEE: \$89.00**

## Printmaking and Paper Arts

### Hand Press Embossing



NEW!

Have fun creating mini embossed papers. Perfect for entertainment, such as place cards, gift tags, greeting cards, and artwork! We will use a pasta maker and other everyday items to emboss heavy printmaking paper to create beautiful, subtle designs. Please bring a variety of "flat" hard items. Good examples are keys, buttons, string, and tag board cut-outs; anything "flat" with a texture is perfect. We will create mini plates to emboss in class if you have nothing, so don't worry!

LEI0140-001 Harper Main Campus  
03/05/24 TU 6:00 pm-9:00 pm  
Instructor: Anna Hess  
**TUITION & FEE: \$49.00**

## Bronze Casting and Artistic Welding



### Artistic Welding



In this class, you will create elements of your design in steel and copper to make your indoor or outdoor space as individual as you are. This class will provide user-friendly instruction in steel handling techniques, including MIG welding and plasma cutting. These are the easiest and the safest methods to learn. No previous welding experience is necessary, but basic welding safety will be stressed. The instructor will assist with welding parts of your project as required.

LEI0019-016 Harper Main Campus  
03/16/24-05/11/24 SA 9:00 am-12:00 pm  
Instructor: John Kurman  
**TUITION & FEE: \$435.00**

### Bronze Casting



The lost wax method of bronze casting dates back more than 5,000 years and is still regarded as the most precise casting method. The process ensures incredibly accurate reproduction of your original sculpture, with all the original, exquisite detail recaptured. In this course, designed with the beginner in mind, we will provide demonstration and one-on-one assistance to help you learn this fascinating process. Students will be required to purchase metal.

LEI0018-025 Harper Main Campus  
04/01/24-05/20/24 MO 6:30 pm-9:00 pm  
Instructor: John Kurman  
**TUITION & FEE: \$235.00**

## Ceramics



### Pottery for Beginners and Advanced Students



In this course, beginners will learn several hand-building techniques, basic clay terms and techniques, and basic wheel throwing. You'll learn these skills through weekly demonstrations and interaction with the instructor. Advanced students are encouraged to pursue their interests and projects or develop and polish their pieces. Both beginners and experienced students will benefit from the instructor's assistance and interaction with other students.

LEI0013-058 Harper Main Campus  
03/16/24-05/11/24 SA 9:00 am-11:30 am  
Instructor: Bettie Gong  
**TUITION & FEE: \$410.00**

LEI0013-059 Harper Main Campus  
03/16/24-05/11/24 SA 12:00 pm-2:30 pm  
Instructor: Bettie Gong  
**TUITION & FEE: \$410.00**

### Pottery: Wheel-Throwing for Beginners



This class provides the instruction to begin shaping clay on an electric wheel. Although this is the most challenging technique to master, it can be gratifying and fun. Weekly demonstrations and instructor interaction will help you develop and strengthen the skills needed for success. Experienced students will also benefit from instructor assistance and are encouraged to pursue their interests and projects.

LEI0020-048 Harper Main Campus  
03/13/24-05/08/24 WE 3:00 pm-5:30 pm  
Instructor: Janice C. Kostelny  
**TUITION & FEE: \$410.00**

LEI0020-049 Harper Main Campus  
03/13/24-05/08/24 WE 6:30 pm-9:00 pm  
Instructor: Janice C. Kostelny  
**TUITION & FEE: \$410.00**

## Pottery Workshop



In this course, a continuation of Pottery for Beginners, you will receive individualized attention for projects that call for more complex techniques. In the context of this workshop, projects involving wheel throwing and hand construction may be completed. A deeper investigation of the ceramic arts will benefit students with a basic understanding of ceramics. Pottery for Beginners, Pottery, Wheel Throwing for Beginners, or a comparable experience level are prerequisites. For the Supply List, go to [ce.harpercollege.edu](http://ce.harpercollege.edu).

LEI0033-040 Harper Main Campus  
03/18/24-05/06/24 MO 3:00 pm-5:50 pm  
Instructor: Janice C. Kostelny  
**TUITION & FEE: \$410.00**

LEI0033-042 Harper Main Campus  
03/18/24-05/06/24 MO 6:30 pm-9:20 pm  
Instructor: Janice C. Kostelny  
**TUITION & FEE: \$410.00**



## Independent Art Lab



Continue developing your technical and aesthetic skills in calligraphy, drawing and sketching, painting, and sculpting as you work on projects at your own pace at our Learning and Career Center campus in Prospect Heights. This open, non-instructional workshop provides you with a set day and time and a studio containing drawing boards, easels, tables and chairs, and a sink for washing up. Bring your project(s) and materials.

LEI0036-036 Harper Learning & Career Center, PH  
03/19/24-05/14/24 TU 9:00 am-12:00 pm  
**TUITION & FEE: \$25.00**

## Crochet and Textile Arts

### Beginning Crochet



Crochet is a fun, versatile, portable, quiet, relaxing hobby that is useful for making gifts or simply for enjoyment! This class is for beginners who want to learn and develop this rewarding skill. You'll learn the basics, including beginning (chain stitch), single crochet, and finishing, and receive some valuable tips and tricks. Bring at least two skeins of worsted-weight cotton yarn and an I/9 (5.5mm) crochet hook. No prior crochet experience is required for this class.

LEI0119-003 Harper Main Campus  
04/05/24-04/26/24 FR 10:00 am-12:00 pm  
Instructor: Suzanne Labowicz  
**TUITION & FEE: \$125.00**



## Glass Arts and Jewelry

### Beginning Glassblowing



In this class, you can pick out the colors, experiment with specialty glass, and use different techniques. You'll also start making different paperweights to build your skills and learn how to blow the glass of different shapes and sizes. Each student can expect to make 8 - 12 pieces in this class. This class meets at a local studio; see full details at [ce.harpercollege.edu](http://ce.harpercollege.edu).

LEI0116-002 Other Locations/Offsite  
03/13/24 WE 6:00 pm-10:00 pm





### Glass Pendant



NEW!

Create your glass pendant. Pick your colors for the pendant from a wide variety of choices. The artist will instruct you at each step. After completing your project, it will be put into the kiln for three days to cool. You can pick it up after three days, or you can have it shipped for an additional fee. This class meets at a local studio, see full details at [ce.harpercollege.edu](http://ce.harpercollege.edu).

LEI0137-001 Other Locations/Offsite  
 04/25/24 TH 6:00 pm-9:00 pm  
 Instructor: Patterson Glass  
**TUITION & FEE: \$45.00**



### Orb Glass



You'll get to make three different pieces while utilizing various techniques. You can choose your own colors, including one Glo-in-the-Dark. The cost for this class includes all materials. Each person will get a tour of the studio, gallery, and Hot Shop and a short explanation of the instructor's background. The group will also receive a Demonstration of a Blown Art Glass Piece at the end of class. This class meets at a local studio; see full details at [ce.harpercollege.edu](http://ce.harpercollege.edu).

LEI0117-004 Other Locations/Offsite  
 01/18/24 TH 6:00 pm-9:00 pm  
 Instructor: Patterson Glass  
**TUITION & FEE: \$165.00**

LEI0117-005 Other Locations/Offsite  
 04/02/24 TU 6:00 pm-9:00 pm  
 Instructor: Patterson Glass  
**TUITION & FEE: \$165.00**



### Glass Flower or Shamrock



NEW!

Create your own Flower or Shamrock. Pick your colors for the Flower or Shamrock from various choices. The artist will instruct you at each step. After completing your project, it will be put into the kiln for three days to cool. You can pick it up after three days, or you can have it shipped for an additional fee. This class meets at a local studio, see full details at [ce.harpercollege.edu](http://ce.harpercollege.edu).

LEI0135-001 Other Locations/Offsite  
 03/07/24 TH 6:00 pm-9:00 pm  
 Instructor: Patterson Glass  
**TUITION & FEE: \$45.00**

### Glass Egg



NEW!

Create your glass Egg. Pick your colors for the Egg from a wide variety of choices. The artist will instruct you at each step. After completing your project, it will be put into the kiln for three days to cool. You can pick it up after three days or have it shipped for an additional fee. This class meets at a local studio, see full details at [ce.harpercollege.edu](http://ce.harpercollege.edu).

LEI0136-001 Other Locations/Offsite  
 03/21/24 TH 6:00 pm-9:00 pm  
 Instructor: Patterson Glass  
**TUITION & FEE: \$75.00**

### Sculpture Glass



You'll get to make three different sculptural pieces while utilizing various techniques. Each person will get a tour of the studio, gallery, and Hot Shop and a short explanation of the instructor's background. The group will also receive a Demonstration of a Blown Art Glass Piece at the end of class. This class meets at a local studio; see full details at [ce.harpercollege.edu](http://ce.harpercollege.edu).

LEI0118-004 Other Locations/Offsite  
 05/01/24 WE 6:00 pm-9:00 pm  
 Instructor: Patterson Glass  
**TUITION & FEE: \$200.00**



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FITNESS, HEALTH & WELLNESS

MUSIC, ARTS & WRITING

PERSONAL INTERESTS

LIFELONG LEARNING INSTITUTE (LLI)

WORLD LANGUAGES

YOUTH & TEENS

## Floral Design



### Floral Design



Check out what a flower design can do! For each workshop, a variety of options, supplies, and techniques are used. These workshops emphasize creating designs that stand out rather than sticking with conventional floral arrangements. Everyone will design their arrangement to take home and learn how to make a statement with vibrant, preserving bouquets! You'll get the knowledge necessary to elevate every day to the extraordinary!

#### Waxed Bulbs and Eggshell Candles

LEI0107-019 Harper Main Campus  
03/15/24 FR 9:30 am-12:30 pm  
Instructor: Anna Hess  
**TUITION & FEE: \$125.00**

#### Garden Party

LEI0107-015 Harper Main Campus  
03/23/24 SA 9:30 am-12:30 pm  
Instructor: Anna Hess  
**TUITION & FEE: \$125.00**

#### Arrangements for Entertaining

LEI0107-017 Harper Main Campus  
04/06/24 SA 9:30 am-12:30 pm  
Instructor: Anna Hess  
**TUITION & FEE: \$125.00**

#### Thinking Outside the Vase

LEI0107-014 Harper Main Campus  
04/19/24 FR 9:30 am-12:30 pm  
Instructor: Anna Hess  
**TUITION & FEE: \$125.00**

#### Mother's Day Inspired Flowers

LEI0107-016 Harper Main Campus  
05/10/24 FR 9:30 am-12:30 pm  
Instructor: Anna Hess  
**TUITION & FEE: \$125.00**

### Ikebana for Beginners: The Art of Japanese Flower Arranging

NEW!



If flowers and simple elegance are your aesthetic, then you'll love Ikebana. Ikebana is the Japanese art of flower arrangement, which expresses the beauty of nature through transforming plant materials into a work of art. With the principles of Ikebana, you can put together a stunning show using just a few stems. In this course, you will learn basic Ikebana arrangements. All the materials for the workshop will be provided. You will bring home your creative flower arrangement after the class!

LEI0128-001 Harper Main Campus  
03/15/24 FR 1:00 pm-3:00 pm  
Instructor: Minhua Liu  
**TUITION & FEE: \$70.00**

LEI0128-002 Harper Main Campus  
04/05/24 FR 1:00 pm-3:00 pm  
Instructor: Minhua Liu  
**TUITION & FEE: \$70.00**



### Deepen Your Ikebana Practice: Build Upon Beginner Basics

NEW!



Calling all Ikebana enthusiasts who have learned the fundamentals in the "Ikebana for Beginners" course! Ready to refine your skills and create even more stunning floral expressions? Join us for the second Ikebana course, where we will delve deeper into the captivating world of Japanese flower arranging.

LEI0150 - 001 Harper Main Campus  
05/31/24 FR 1:00 pm-3:00 pm  
Instructor: Minhua Liu  
**TUITION & FEE: \$70.00**

## Photography and Videography



### Immersive Photography Experience: Photographing Chicago Architecture

LIVE

Chicago has endless unique and worth-capturing locations to photograph. From its stunning skyline and architectural marvels to its outdoor serenity, lakes, parks, and rivers, capturing the history and tranquility of Chicago is an absolute delight for amateur and professional photographers. This course focuses on Chicago's architecture. The Photographing Chicago Architecture course is designed for photographers at any experience level. In this class, students can visually explore the nation's most beautiful city.

LEI0090-006 ONLINE-Live Meetings  
03/18/24-04/08/24 MO 7:00 pm-9:00 pm  
Offsite  
03/23/24-04/06/24 SA 7:30 am-11:30am  
Instructor: Harold Rail  
**TUITION & FEE: \$225.00**

“

*Harold is an excellent photography teacher. His assignments were interesting and helpful in improving my photographic skills. I would highly recommend his teaching skills. M. F.*



## Immersive Photography Experience: Street Photography Downtown Chicago



Chicago has endless locations to photograph that are unique and worth capturing. Chicago is well known for its diverse population; many well-known and famous photographers have developed their street and people portfolios in this city of characters; think of Vivian Maier, Victor Skrebneski, Gordon Parks, Garry Winogrand, and even as far back as Walker Evans. Throughout the many architectural marvels and its outdoor serenity, lakes, parks, and rivers, street photography in Chicago is an absolute delight for any photographer.

LEI0091-008 ONLINE-Live Meetings  
04/15/24-05/06/24 MO 7:00 pm-9:00 pm  
Offsite  
04/20/24-05/04/24 SA 7:30 am-11:30 am  
Instructor: Harold Rail  
**TUITION & FEE: \$225.00**

LEI0091-009 ONLINE-Live Meetings  
05/20/24-06/24/24 MO 7:00 pm-9:00 pm  
Offsite  
05/25/24-06/15/24 SA 7:30 am-11:30 am  
Instructor: Harold Rail  
**TUITION & FEE: \$225.00**

“

*Harold is a great instructor, who makes his classes very interesting and full of creative energy! V.V.*

”

## Landscape Photography



Landscape photography depicts the breadths that exist within the world, which are at times infinite and vast and at other times minute. While landscape photographs depict the existence of the natural world; they also emphasize man-made elements or disruptions in the landscape. People take photos of a landscape to recall a personal observation or experience while outdoors or traveling. It also brings them closer to nature and the elements, or to escape the artificial world.

Classes alternate between Online Live Meetings and Offsite Meetings.

LEI0091-009 ONLINE-Live Meetings  
05/29/24-07/17/24 WE 9:00 am-11:00 am  
Offsite  
06/05/24-07/10/24 WE 9:00 am-12:00 pm  
Instructor: Harold Rail  
**TUITION & FEE: \$199.00**

## Portrait Photography



This online portrait photography class is designed to teach you everything about taking beautiful images. You will learn how to work with individuals, groups, children, and pets. Learn from professional photographers to understand the effects of lighting and the gear that you will use. Each of your projects will be reviewed and judged by your instructor as you progress. You will have made a portfolio of powerful photos, and you will have the knowledge and skills to shoot outstanding portraits.

LEI0086-003 ONLINE-Live Meetings  
03/20/24-05/08/24 WE 7:00 pm-9:00 pm  
Instructor: Harold Rail



## Fundamentals of Newborn Photography



The course prepares beginner and professional photographers to enter the world of a particular area: photography of newborn babies. It offers step-by-step instructions on famous newborn poses, best angels, lighting setups, and digital backgrounds for these compositions. The course introduces the usage of the right props and equipment, baby warping, and relaxation techniques. It provides the learning steps for editing and enhancing RAW images.

LEI0094-008 Harper Main Campus  
04/05/24-05/10/24 FR 3:30 pm-5:10 pm  
Instructor: Edyta Pavulska  
**TUITION & FEE: \$249.00**

“

*Edyta, thank you for all the things you showed us in the class tonight. I'm eally enjoying your class and hands on experience you are giving me. N.*

”

## Challenging Photographic Advanced Assignments Course



NEW!

This course is for advanced photography students and explores ways to complete challenging and thought-provoking photographic assignments. It includes photo essay/story assignments, explorative self-image assignments, forced perspective, using alternative light sources, minimalism or abstract photography, multiple exposures, etc. Each week, our online meetings will investigate and research a specific and challenging assignment, discuss means for carrying it out, and allow individual self-exploration to complete the work.

LEI0132-001 ONLINE-Live Meetings  
03/14/24-05/09/24 TH 7:00 pm-9:00 pm  
Instructor: Harold Rail  
**TUITION & FEE: \$225.00**



## Video Editing for Beginners



Learn to edit videos in our beginner-friendly course. You'll learn to organize your projects and use different editing styles to fit your goals. We'll explore using transitions, working with audio, and adding still images and text to your videos. This course will teach essential techniques for any video editing system, with no expensive software required. Turn any video into a polished piece for personal or professional use. Students should be comfortable using a computer.

LEI0054-005 ONLINE-Live Meetings  
03/13/24-05/08/24 WE 5:00 pm-6:45 pm

Instructor: Daniel McCallum  
**TUITION & FEE: \$259.00**

## Video Production for Beginners



Interested in making your own YouTube or social media videos but you don't know how to get started? This course will cover the essential tools and techniques you need to make a great video. You'll learn how to plan a video shoot, compose a shot, use audio effectively, and discover how simple lighting can transform the look of your video. Everything you learn in this course can be used with any camera you own - no special equipment is needed.

LEI0028-004 ONLINE-Live Meetings  
03/16/24-05/11/24 SA 9:00 am-11:00 am  
Instructor: Daniel McCallum  
**TUITION & FEE: \$289.00**



## Online Self-Paced Graphic Design Software Essentials Digital Badge

SELF-PACED

The Adobe software tools are the leading software for graphic design. Adobe Illustrator is the industry standard computer illustration software. Adobe InDesign is the industry standard page-layout program that works with Adobe Illustrator and Photoshop seamlessly. Use Adobe Photoshop to effectively work with selection and editing tools, layers, and masks to edit, retouch and enhance existing images or create your own composite digital art work.

This Digital Badge requires completion of three courses:

- Adobe Illustrator Essentials (LRN0181)
- Adobe Photoshop Essentials (LRN0167)
- Adobe InDesign Essentials (LRN0182)

## Software for Artists

### Adobe Premiere Pro Introduction

LIVE

Adobe Premiere Pro is a powerful and popular tool for editing high-quality video. Whether for business, personal, or educational use, this course will get you started learning the fundamental tools you need to be successful with Adobe Premiere Pro. Learn how to create and organize projects and work with any media. You'll explore various tools for editing video, adjusting audio, basic color correction, effective transitions, and how to share your video when it's finished. The course requires access to Adobe Premiere Pro.

LEI0139-003

03/13/24-05/08/24 WE

Instructor: Daniel McCallum

TUITION &amp; FEE: \$259.00

ONLINE-Live Meetings

7:00 pm-8:45 pm



### Adobe Photoshop Essentials

SELF-PACED

This fundamental course covers Adobe Photoshop CC most commonly used tools, menus and panels. You'll learn all the basics of Photoshop to effectively work with selection and editing tools, layers, and masks to edit, retouch and enhance existing images or create your own composite digital art work. Impress your business organization, friends and family by enhancing their photos and create magazine cover quality enhanced images. Access to Adobe Photoshop software required.

LRN0167-014  
03/04/24-03/29/24

ONLINE-Self Paced

TUITION &amp; FEE: \$225.00

### Adobe InDesign Essentials

SELF-PACED

Adobe InDesign is the industry standard page-layout program that works with Adobe Illustrator and Photoshop seamlessly. InDesign allows you to create simple to complex multi-page documents such as brochures, flyers, books and magazines. This course is a comprehensive exploration of InDesign tools and capabilities to create professional documents. You will learn how to manage the InDesign environment, create, setup, design, enhance and finalize multi-page documents. Access to Adobe InDesign software required.

LRN0182-010  
04/01/24-04/26/24

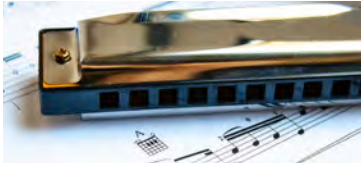
ONLINE-Self Paced

TUITION &amp; FEE: \$225.00



# Music

## Music Classes



### Blues Harmonica Fundamentals LIVE

Join with others to make music in a fun, welcoming environment. We focus on the basics from producing single notes to understanding song form. Reading music is not required. You will learn basic harmonica chords, licks, and solo techniques while jamming together and receiving encouraging feedback and having fun socializing. You may repeat repertoire classes as needed. There are dozens of songs to learn at every skill level. Songs change from session to session. Students should bring a diatonic harmonica in the key of C. The Hohner Marine Band, Crossover, or Special 20 models are recommended. 'If you can breathe, you can play,' Joe Filisko.

LMU0008-031 ONLINE-Live Meetings  
03/14/24-05/09/24 TH 7:00 pm-8:15 pm  
Instructor: David Kachalon  
**TUITION & FEE: \$215.00**



### Guitar 2



Learn new chords, bass runs, arpeggios, and how to use a capo. Explore different rhythms and pick simple melodies. Before taking Guitar 2, you should be able to play basic open chords in the keys of A, D, E, and G, smoothly without losing the beat. Bring your own guitar, guitar picks, spare set of strings, a three ring notebook and dividers, and your guitar book.

LMU0031-011 Harper Main Campus  
03/12/24-05/07/24 TU 6:30 pm-7:50 pm  
Instructor: Jeremie Witz  
**TUITION & FEE: \$225.00**



### Group Ukulele



Learn how to play the ukulele, the most lovable little four-stringed instrument. You will learn a variety of pieces from different genres including classical, popular, spiritual, blues, jazz, and holiday. Instruments will be provided for the whole duration of the course.

LMU0006-024 Harper Main Campus  
03/12/24-05/07/24 TU 5:30 pm-6:30 pm  
Instructor: Jeremie Witz  
**TUITION & FEE: \$159.00**



“

The instructor is such an outstanding instructor. I look forward to class because I know that not only will I learn basic ukulele skills, but I will have the most enjoyable time during class. There is a wide range of students in the class, from one student who has the basics down pat to those in the middle and then there is myself, who is challenged by arthritic fingers that are fused with pins. Despite my physical limitations, he has found a way to adapt my hand position so that I can execute the chords. He manages to challenge the top student so that he is not bored while making us more challenged students feel like we can do it! The camaraderie he fosters in class is amazing and we feel like a family despite the difference in our musical abilities. I have taken other community education classes but never had an instructor so knowledgeable and friendly. He is one in a million, and truly an asset to Harper College.

”



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FITNESS, HEALTH & WELLNESS

MUSIC, ARTS & WRITING

PERSONAL INTERESTS

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WORLD LANGUAGES

YOUTH & TEENS

## PRIVATE MUSIC LESSONS

Registration for private music lessons is open throughout the year  
- for more information call 847.925.6659.

Private lessons are usually scheduled once a week for 30, 45, or 60 minutes for 8 or 16 weeks. We can also arrange to schedule any number of lessons as desired, arranged on a case-by-case basis.

- 30 minutes per week:  
8 weeks, \$325; 16 weeks, \$589
- 45 minutes per week:  
8 weeks, \$440; 16 weeks, \$879
- Available only on request - 60 minutes per week:  
8 weeks, \$589; 16 weeks, \$1069

Instruments we offer:

- **Ages 5 - 8**  
Piano, Suzuki piano, orchestral percussion, violin, Suzuki violin, cello, double bass\*, guitar (including electric\*), jazz guitar, ukulele, banjo\*, jazz piano mandolin, drums, fiddle, voice\*, and hand drum.
- **Ages 9 - 10**  
All of the above plus accordion, flute, clarinet, trumpet, double bass and harmonica\*.
- **Ages 11 - 17**  
All of the above plus viola, oboe, saxophone, bassoon, trombone, French horn, voice, euphonium, and tuba.
- **Ages 17+**  
All of the above

**\*Some instruments require that we meet with younger children for assessment.**

### Questions?

Visit [harpercollege.edu/cmac](http://harpercollege.edu/cmac) or contact Issa at [iboulos@harpercollege.edu](mailto:iboulos@harpercollege.edu) for more information.





### Piano Pleasure, Beginners 1 and 2

This class is designed for students with little or no previous piano lessons. Students will use the Alfred Piano 101 for Beginners (book 1) to focus on music notation, staff note reading, rhythms, finger exercises, and playing short songs in various styles. Those with previous piano experience will expand on previously learned concepts and focus on advancing staff reading with key signatures, playing with both hands simultaneously, scale and chord techniques, and playing music in a broader range of styles.

LMU0036-025 Harper Main Campus  
 04/12/24-05/10/24 FR 9:30 am-10:20 am  
 Instructor: Cheryl Lim  
**TUITION & FEE: \$94.00**

### Piano Pleasure, Beginners 3 and 4

The Beginners 3 and 4 levels of Piano Pleasure will finish Piano 101 Book 1 and begin Piano 101 Book 2. You will continue progressing through more complex staff reading, moving freely about the keyboard, obtaining more technical skills and facility with scales, chords and arpeggios, and moving into intermediate piano repertoire.

LMU0101-012 Harper Main Campus  
 04/12/24-05/10/24 FR 8:30 am-9:20 am  
 Instructor: Cheryl Lim  
**TUITION & FEE: \$94.00**



### Piano Pleasure, Intermediate

Students will continue mastering more advanced piano skills with emphasis on musicianship and repertoire. Pieces comparable to the level of Bach Minuets and Clementi Sonatinas will be covered. We will explore repertoire from classical and jazz genres, as well as technique and theory. Prerequisite Piano Pleasure Beginners 1 and 2, 3, and Piano Pleasure Developing, or approval of instructor. Please contact 847.925.6659 for more information.

LMU0040-016 Harper Main Campus  
 04/12/24-05/10/24 FR 10:30 am-11:20 am  
 Instructor: Levonne S. Mrozinski  
**TUITION & FEE: \$94.00**

## Music Ensembles

### Afro-Latin Drum Circle

Afro-Latin music's distinctive percussion sound is the conga; percussionists may perform with just about anyone! Students will understand the Puerto Rican bomba and plena and the fundamental Cuban tumbao pattern utilized in son or salsa (including cha cha and mambo). Harper will loan djembes to all students who register for the course.

LMU0147-002 Harper Main Campus  
 03/23/24-05/18/24 SA 10:00 am-12:00 pm  
 Instructor: Victor Gonzalez  
**TUITION & FEE: \$249.00**



**Look for more ensembles to join in our summer and or visit [harpercollege.edu/cmac](http://harpercollege.edu/cmac) for details.**





See our Youth and Teens section on p 68 for youth music classes and lessons.

**For Youth Private Lessons**

Visit [harpercollege.edu/cmac](http://harpercollege.edu/cmac) or contact Issa at [iboulos@harpercollege.edu](mailto:iboulos@harpercollege.edu) for more information.



**Youth Music, Theater, Art and More at InZone**

Coming soon - look for our 2024 InZone Catalog to see our extensive listing of classes in Music, Art and more. Visit [harpercollege.edu/inzone](http://harpercollege.edu/inzone) to learn more about our popular summer camp program for ages 6-14.

## ■ Sound Recording

### Sound Recording III Mixing and Editing Techniques



Students in this course work with previously recorded material, often the material they recorded in Sound Recording II Recording Techniques, and are taught the fundamental principles of good mixing and editing. Each student gets hands-on experience processing the sound using the latest software technology, focusing on blending and balancing the final mix. Discussion of effects processors, such as compression, gating, reverb, and delays also takes place. This course concludes with a discussion of mastering techniques. Prerequisites Sound Recording I and Sound Recording II.

LMU0019-029 Harper Main Campus  
03/21/24-04/25/24 TH 7:00 pm-10:00 pm  
Instructor: Elliott Ross  
**TUITION & FEE: \$299.00**



Look for Introduction to Electronic Computer Music class in our summer catalog or visit us at [harpercollege.edu/comac](http://harpercollege.edu/comac) for details.



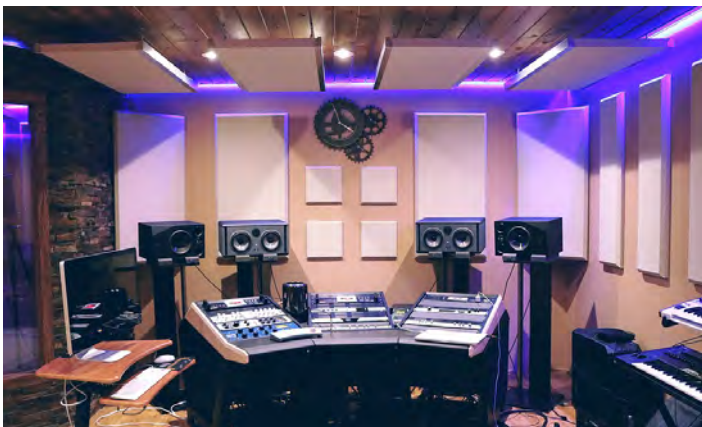
### Sound Recording Digital Badge

Learn audio recording and production and earn a Digital Badge.

Whether our interest is in launching a career in the audio industry or you want to maximize your home, school, or professional recording studio, you will gain the knowledge you need with this program. The Sound Recording Digital Badge program builds your knowledge and expertise in the fundamentals of sound recording and acoustics as well as studio recording technologies and techniques. Gain hands-on experience working with a professional recording engineer in a professional environment. Learn techniques in music recording, post-production, audio for video, voice over, and more.

**This Digital Badge requires completion of three courses:**

- LMU0018 - Sound Recording I Introduction
- LMU0020 - Sound Recording II Recording Techniques
- LMU0019 - Sound Recording III Mixing and Editing Techniques



## ■ Music Appreciation, History, Theory



Check our fall catalog for offerings of Music Appreciation, History and Theory classes or visit us at [harpercollege.edu/comac](http://harpercollege.edu/comac)

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WORLD LANGUAGES

YOUTH & TEENS

## ■ Theater and Performing Arts

### Acting



### Improv for Everyone



Sharpening your improv skills will not only enhance your performances but will also increase your confidence with interacting in the business world. You will practice basic improv techniques as well as more advanced aspects that are utilized in complicated games. Skills including agreement, listening, and being in the moment are useful in both the improv and business worlds. Through exercises and games, you will tap into your creativity while thinking on your feet. Whether you are a beginner or an advanced improv player, join us for a fun, supportive environment where creativity can flourish.

LFA0002-027 Harper Main Campus  
04/01/24-05/20/24 MO 7:00 pm-9:00 pm

Instructor: Deb Quentel and Tracy Boland  
**TUITION & FEE: \$139.00**

### Introduction to Voice-Overs: Getting Paid to Talk



If you have been told you have a great voice, you rely on your voice in your occupations, or you are simply curious about the voice over field, then this class is for you. Learn what the pros look for and how to prepare for interviews. You will learn what a voice over is, how they are created and who is involved. You will discuss how to find your specific voice niche, where to look for work opportunities and how to avoid common mistakes. You will hear audio examples from working voice over artists, and then you will record a short commercial script for playback at the end of class. This introduction to voice overs is taught by voicecoaches, a collaborative of voice acting and production professionals.

LFA0001-024 ONLINE-Live Meetings  
03/21/24 TH 6:30 pm-8:00 pm  
Instructor: Voice Coaches  
**TUITION & FEE: \$49.00**

LFA0001-025 ONLINE-Live Meetings  
05/20/24 MO 6:30 pm-8:00 pm  
Instructor: Voice Coaches  
**TUITION & FEE: \$49.00**



## Theater



### Play Reading Series



These reading sessions offer an engaging method for comprehending literature that you may be familiar with or are learning about for the first time on a deeper level. Reading can be fun, but plays are designed to be recited aloud, not read by oneself. This is a terrific chance to bring the plays to life. Anyone interested in theater, leisure reading, or simply wanting to meet other community members may find the programs appealing. These sessions will also be helpful to any acting student because they provide a fantastic opportunity to immerse oneself in the play's atmosphere. We will examine the plays' themes, plots, literary styles, and historical context in a welcoming and engaging environment. The instructor will select different play every semester, and open to suggestions.

LFA0003-022 Harper Main Campus  
05/28/24-07/02/24 TU 7:00 pm-9:00 pm

Instructor: Mary Christel  
**TUITION & FEE: \$119.00**



# Writing Studio



## Business and Technical Writing



### Online Self-Paced Business Writing Digital Badge

SELF-PACED

Discover the keys to successful writing for the workplace. Whether you are writing a report, memo, letter or publicity notice, business writing has some defined characteristics for success. This certificate will take you to the next level where business writing is a skill for personal and organizational success.

This Digital Badge (LRN0160) requires completion of three courses:

- LRN0161: Business Writing
- LRN0162: Effective Copying
- LRN0163: Writing News and Press Releases

## Effective Business Writing



Businesses increasingly rely on technology, technological skills alone do not guarantee success in the workplace. You must still develop your ideas, express them clearly, and persuade others of their viability. This course offers effective strategies to sharpen your writing skills by structuring your ideas logically, exercising diplomacy in letters and reports, and shaping your arguments. In contemporary business environments, information overload makes it necessary for you to communicate clearly and concisely. Trying to make sense of a disorganized email message can be frustrating given the number of emails you have to answer daily. By analyzing your audience, organizing your writing, and employing effective persuasive techniques, your writing will make an impact.

LBS0086-008 Harper Main Campus  
 04/16/24-04/18/24 TU TH 1:30 pm-4:30 pm  
 Instructor: Angela D Valentine  
**TUITION & FEE: \$250.00**



## Writing News and Press Releases

SELF-PACED

Being able to write a good news story, press release or publicity notice is a skill that can set you apart in the workplace. Getting the word out is an essential activity for every organization. Acquire the skills good journalists have and learn how to craft a news story, press release or publicity notice that will get attention.

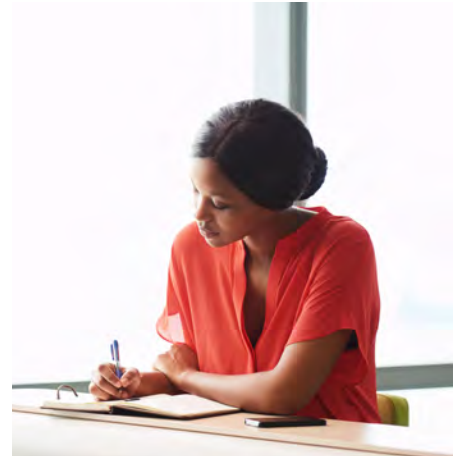
LRN0163-014 ONLINE-Self Paced  
 04/01/24-04/26/24  
**TUITION & FEE: \$195.00**

## Business Writing

SELF-PACED

Take away the key practices you need to develop and hone your business writing communication effectively and successfully. Get the best practices for crafting effective, professional business documents. Find out how to avoid grammatical pitfalls. And acquire business writing principles that will be good for years to come.

LRN0161-016 ONLINE-Self Paced  
 06/03/24-06/28/24  
**TUITION & FEE: \$195.00**



## Effective Copywriting

SELF-PACED

Whether you are sending out a press release, communicating internally with a memo or promoting your own skills on LinkedIn, strong writing skills are the key to success. Come away with the tools and techniques you need to improve your copywriting skills and learn how to avoid the common writing mistakes that can hold you back.

LRN0162-015 ONLINE-Self Paced  
 03/04/24-03/29/24  
**TUITION & FEE: \$195.00**



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## ■ Creative Writing: Fiction and Non-Fiction

### Fiction Writer's Workshop LIVE

The Fiction Writer's Workshop is designed for every level of writer who is seeking to develop the tools needed to write a story or begin a novel. By combining in-class exercises and reading your work out loud, you will gain an understanding of how to shape a compelling story. Everyone has a story. This class will give you the tools to unlock the story in you.

LLA0014-010 ONLINE-Live Meetings  
04/11/24-05/16/24 TH 6:30 pm-8:30 pm  
Instructor: Laura Ehrke  
**TUITION & FEE: \$289.00**

“

*Laura is a wonderful instructor. Creative writing classes can be intimidating, but Laura is generous and supportive. She gives examples and exercises that help you be more creative. She also helped set the tone of the class for the students by being accessible and open-minded. I recommend her class to anyone who has not taken a class like this before and wants to find encouragement. Highly recommended. P.R.*

”



## Personal Coaches for Writers

LIVE 

Work with an online or in-person writing coach to improve the quality of your work. Our coaches use a hands-on approach to improving your writing process and the final product. They guide creative and academic writers in various genres, such as fiction, novel writing, short story, poetry, memoir, essay, creative nonfiction, and thesis. Unlike teachers or editors, our coaches focus on you as a whole, both creatively and intellectually. They collaborate with writers and authors and become your creative partners. They possess an intimate understanding of the creative process and practical knowledge of the publishing industry. Once registered, one of our coaches will reach out to you and build a plan that responds to your needs. A new section will be created reflecting the total number of coaching hours needed and providing details about the overall cost.

LLA0108-002 Harper Main Campus Or ONLINE  
03/12/24-12/13/24



## ■ Novel Writing



### Novel Workshop Intensive LIVE

Stay motivated while writing your novel! This intensive novel workshop meets twice a month for five months and will help you reach your goals by providing structure, guidance, support and accountability. Become part of a supportive, creative cohort as we discuss craft, workshop scenes and brainstorm to work out drafting challenges. During at least one class per month, you will meet one-on-one with the instructor, a published novelist, for a ten-minute private coaching session to discuss your book. Writers of all genres and levels are welcome. Class meets on Wednesdays 5/8, 5/22, 6/5 6/26, 7/10, 7/24 8/14, 8/28 9/11 and 9/25.

LLA0052-003 ONLINE-Live Meetings  
05/08/24-09/25/24 WE 6:00 pm-9:00 pm  
Instructor: Laura Ehrke  
**TUITION & FEE: \$525.00**

“

*I've taken two writing classes (Short Story Writing Workshop and Write a Novel in 30 Days Workshop) with Laura Ehrke, and enjoyed them both. Her exercises and supporting material are helpful and informative. She is a caring instructor, and her classes are just plain fun. P. G.*

”

# Harper College Student wins Soon to Be Famous Statewide Author Contest



Harper College student Kate Guerrero recently won the 2023 Soon to Be Famous Illinois Author Manuscript Project Contest. Her winning manuscript involves the early era of motherhood.

When Kate Guerrero’s children were little, she rotated among side hustles. Like other stay-at-home moms that she knew, Guerrero tried her hand at small businesses, starting an Etsy shop and selling craft kits.

Little did she know that her experience in the “momfluencer” world of essential oils and online crafts would inspire her first novel – and help her become an award-winning author.

That’s what happened when the Harper College student recently won the 2023 Soon to Be Famous Illinois Author Manuscript Project Contest for “Burn and Balm”. Her manuscript involves the early era of motherhood, along with the specific experiences that come with this period of parenting, tenuous friendships and plenty of stress.

The journey to “Burn and Balm” began in the middle of getting her children through the COVID-19 pandemic in 2020. Seeking a creative outlet for herself, Guerrero enrolled in Harper CE’s NaNoWriMo (National Novel Writing Month) Challenge course.

According to course instructor Laura Ehrke, the goal of NaNoWriMo isn’t to finish with a perfectly completed novel, but to get authors’ ideas out of their heads and onto the page. Guerrero said that the rigorous word count benchmarks, along with the support of Ehrke and her classmates, served as crucial, external motivation.

“This was a lot harder than I expected and Laura is so overwhelmingly encouraging to everyone,” she said. “At first, it’s like when your mom says that kind of stuff. But then you realize she’s right – you can keep going.”

Guerrero continued to enroll in Ehrke’s 180 Day Novel Intensive and Novel Workshop Intensive classes, designed to assist authors as they develop and refine their works.

With her instructor’s encouragement, Guerrero submitted to the manuscript contest, which involves all of the libraries in Illinois. Ehrke was confident “Burn and Balm” would do well; Guerrero wasn’t as sure. Validation of Guerrero’s talent and perspective was solidified when she won the contest for unpublished Illinois authors in September. Prizes include a professional line edit and a professionally designed book cover.

Guerrero expressed gratitude for Harper’s courses and Ehrke’s counsel, as well as the enthusiasm and dedication of the cohort that formed among a handful of Harper writing students. She said that she would have never finished the manuscript without check-ins during classes (held online) and the feedback from her fellow authors. Ehrke agreed that something “magical” happens among her students and she is proud of their success.

“You feel this incredible creative energy generated during class. Ideas are sparked for both the students’ own manuscripts and for their cohorts’ projects,” she said. “Writing is such a solitary road and it’s easy to veer off course, so this engagement keeps authors committed to their work.”

Guerrero now has multiple projects of her own. A freelance copywriter by day, she estimates that she’s more than 70% done with writing her second novel, about a married mother whose high school crush reappears in her life in a way that threatens her future and livelihood. After winning the Soon to Be Famous contest, she plans to explore her options to become published – something that seemed unattainable before took her first Harper course three years ago.

“It’s been a great experience. I never considered doing anything like this before the pandemic, but I’m so glad I did,” Guerrero said. “These courses are just a really great way to get a boost and have support.”

## Poetry



### Poems in Everyday Life



This course will discuss strategies for making writing part of your everyday life. You will experiment with prompts and exercises to take the language and experiences of your every day (whether work, school, family, and everything in between) and bring it onto the page. We will read and learn from poets who have done this well and share and receive feedback on poems written for the course. While many writing exercises will be poetry, writers of all genres and interests are welcome!

LLA0043-005 Harper Main Campus  
04/03/24-04/24/24 WE 6:00 pm-7:30 pm  
Flex: In-Person and ONLINE  
Instructor: Shyretha Brown  
**TUITION & FEE: \$129.00**



### Add Lyrics to Your Life

Don't miss our new poetry classes, taught by Shyretha Brown.



## Publishing and Book Marketing



### How to Self-Publish - On Demand



This course will start your personal journey to becoming a royalty earning self published author. Write the next Great American Novel. Share your professional expertise. Tell your family's story. Whatever you dream of writing, write and publish it yourself. Learn how to produce e-books and print books through Amazon's Kindle Direct Publishing, and other online platforms, that will give you worldwide reach for your work from a successful self-published author.

LLA0051-008 ONLINE-Self Paced  
03/01/24-05/17/24  
Instructor: Roxanne Boersma  
**TUITION & FEE: \$129.00**

05/20/24-08/11/24 ONLINE-Self Paced  
Instructor: Roxanne Boersma  
**TUITION & FEE: \$130.00**

“

*Before meeting Roxanne, I didn't have a clue on promotion and advertising of my books on Amazon Kindle. After only a few sessions under Roxanne's tutorship beginning this past February, she has turned a floundering project into a hopeful literary endeavor that has quickly made me over \$400 in revenue as of this date. Not only does Roxanne possess the technical know-how, she is a kind and patient teacher who can offer easy to understand guidance to even those of us who are computer illiterate. T.D.*

”



# Personal Interests

Personal interest courses feed your passions and are just plain fun! Enroll with a friend or meet new friends.

## WHAT'S NEW

- Healthy and Delicious Cooking
- How to Buy a Vacation Home or Retirement Property
- How to Sell your Home for Top Dollar

## DON'T MISS

- More Than Mere Ghost Stories: Investigating Folklore
- Folklore of American Cemeteries
- Electrical Repair
- First Time Home Buyer: What You Need to Know



Scan me to learn more about **Personal Interests**

Learn more at [ce.harpercollege.edu](http://ce.harpercollege.edu),  
**"Browse Our Programs/ Personal Interests"**

## Boating

### Boating Skills



This introduction to the safe operation of sail and power watercraft is presented by Fox Valley Power Squadron. Topics include: boat handling under normal and adverse conditions, navigation rules and aids, knots and lines, nautical charts, basic piloting techniques, docking, proper use of the marine radio, trailering, safety equipment, personal watercraft usage and relevant state and federal regulations. Course meets standards of National Association of State Boating Law Administrators, includes proctored exam as required by many states and insurance companies for youth/adult certification (for operation of motor driven watercraft without adult supervision) and discounted insurance rates. Includes all materials.

LPA0001-010 Harper Main Campus  
 04/09/24-05/02/24 TU TH 6:30 pm-9:00 pm  
**TUITION & FEE: \$89.00**

## Do It Yourself

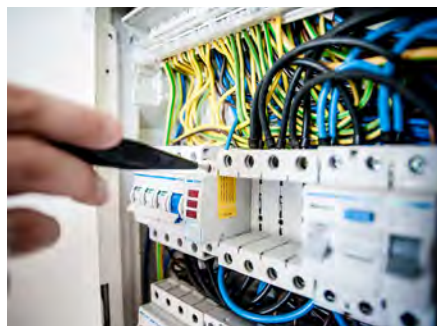


### Bicycle Maintenance Basics



This class will cover cleaning and lubing, basic eight-point inspection, flat repair, gear and brake adjustments, and wheel truing on and off bike. Bring your bicycle to class and get hands on experience. Additional material will be handed out in class. Tools and all cleaning supplies are provided. Rene Lawell is a long time bike enthusiast and first worked in a bicycle shop 35 years ago to help fuel her passion.

LHF0001-013 Harper Main Campus  
 04/20/24 SA 9:00 am-1:00 pm  
 Instructor: Rene Lawell  
**TUITION & FEE: \$69.00**



### Electrical Repair



It is shocking, but true: you can easily handle your own minor electrical repairs. If you do not want to pay an electrician hundreds of dollars you can learn to safely test and replace light switches, outlets, light fixtures, and ceiling fans. Be trained in the basics of home electrical systems and how you can make informed decisions concerning repairs, purchases and maintenance. This presentation is taught by Ernie Hagenow Jr., a licensed electrician and president of Genuine Electric, Inc., a local contractor.

LHF0003-015 Harper Main Campus  
 04/25/24 TH 6:00 pm-9:00 pm  
 Instructor: Ernie Hagenow  
**TUITION & FEE: \$99.00**

LHF0003-016 Harper Main Campus  
 05/23/24 TH 6:00 pm-9:00 pm  
 Instructor: Ernie Hagenow  
**TUITION & FEE: \$99.00**

“

*I've had some experiences doing my own home repair, which is the reason I signed up to take this class -- to further my knowledge in that area. I found Ernie to be quite personable, knowledgeable, and prepared. As he moved the class through the various electrical areas he was presenting, he was always willing to accept questions as they came up and answer them satisfactorily. I appreciated his preparation for the class, the pacing he provided, and his personal connection with us in class. I am very happy I took the class and recommend him highly. J. S.*

”

BUSINESS & CAREERS

COMPUTERS & TECHNOLOGY

FITNESS, HEALTH & WELLNESS

MUSIC, ARTS & WRITING

PERSONAL INTERESTS

LIFELONG LEARNING INSTITUTE (LLI)

WORLD LANGUAGES

YOUTH & TEENS



## Green Living Basics: Solar

Coming this summer! In this class, Engage with industry experts, including instructors and contractors from the Illinois IBEW Renewable Energy Fund, and gain valuable insights to make informed decisions about solar energy acquisition. Visit [ce.harpercollege.edu](http://ce.harpercollege.edu) for details.

## Humanities

### Travel Abroad: Being an Ally to LGBTG+ Communities



NEW!

In this course, students will develop the attitudes, skills, and knowledge needed to be active supporters of, and advocates for, the gay, lesbian, bisexual, transgender, and queer plus (LGBTQ+) communities. This course focuses on gender and sexual diverse persons across the lifespan. The course is meant for the general public and intended on developing a process for the development of being an ally. Topics include the "coming out" process, controversial issues (e.g., religion). Discussions and research surrounding controversial issues affecting the gender and sexual minority community serve as the focal point.

LAA0031 - 001 Harper Main Campus  
05/21/24-07/09/24 TU 6:30 pm-8:30 pm  
**TUITION & FEE: \$269.00**



## International Study Trip to London

Visit London with the guidance of two of Harper College's outstanding faculty members. More than just an opportunity to be a tourist, you'll gain international experience, cross-cultural communication skills, and global awareness, that are all becoming increasingly important in work and study.

This spring, you can choose from a course specifically developed for Community Education students or the specially tailored Sociology 101. Both have a focus on cross-social comparison between the US and UK and include a 10-day site visit to London (May 22 to June 2, 2024).

You'll attend a Shakespearean play at the Globe, take a Canal Cruise, visit the Migration Museum and Westminster, and engage in a London Scavenger Hunt. You will also visit the neighborhood markets of Borough, Brick Lane, and Camden.

Course tuition varies depending on the course you enroll in.

In addition, the travel portion of the class is estimated at \$2,477 (\*which is subject to change) and includes transport from/ to airport in London; accommodation (10 nights); 14 meals and local transport pass (zones 1-3). It Does not include Harper tuition (attending a 3 credit class or a CE only class), airfare (approx. \$1,000) and miscellaneous expenses.

An application, registration in class and the downpayment on the travel portion of the program will be due in early February.

**For more information:**  
Prof. Jim Gramlich, 847-925-6279  
[jgramlic@harpercollege.edu](mailto:jgramlic@harpercollege.edu)

Angelica Rackow, 847-925-6436  
[arackow@harpercollege.edu](mailto:arackow@harpercollege.edu)

[studyabroad@harpercollege.edu](mailto:studyabroad@harpercollege.edu)

### Travel Abroad: A US and UK Comparative Experience



NEW!

You will analyze the structure and dynamics of human society through classroom study and 10 days of travel to London, accompanied by Harper College sociology and theatre professors. Attend a Shakespearean play at the Globe Theatre, a canal cruise, the Migration Museum, Westminster, and a London scavenger hunt. Visit neighborhood markets in Borough, Brick Lane, and Camden. You'll examine the sociological concepts of gentrification, immigration, demographic and economic change, inequality, social movements, and civic disengagement. Enhance your learning with a cross-social comparison between the US and UK.

LAA0029-001 Harper Main Campus  
04/16/24-04/23/24 TU 6:30 pm-8:30 pm  
**TUITION & FEE: \$175.00**



### Travel Abroad and Introduction to Sociology – US and UK Society and Culture



NEW!

This experience allows you to utilize a sociological perspective to analyze the interrelations among human societies, individuals, organizations, and groups to understand human behavior and human societies. Define and analyze social structure, culture, social interaction, social institutions, social stratification, community, and various social change strategies. You'll discuss contemporary social problems and issues including racial and ethnic relations, sexism, and class inequality. Your study will be enhanced by a 10-day visit to London led by Harper College sociology and theatre professors. Activities include a Shakespearean play at the Globe Theatre, a canal cruise, the Migration Museum, Westminster, a London scavenger hunt, and visits to neighborhood markets in Borough, Brick Lane, and Camden. Registering in this class puts you in the for-credit class offered by the Sociology Department, however you will not be graded

LAA0030-001 Harper Main Campus  
04/01/24-06/02/24 MO WE 5:30 pm-7:00 pm  
**TUITION & FEE: \$375.00**

## Food and Wine

### Baking and Cooking



#### Apple Galette

LIVE

NEW!

This course focuses on making a simple, yet rich apple galette with multiple layers of flavor.

Join us and learn the secrets to a flaky crust with perfectly sweet and tart apple filling. Following along with Chef Susan, this free from tart will delight your friends and family. Make sure to have the ice cream on hand!

LFS0080-001 ONLINE-Live Meetings  
04/02/24 TU 6:30 pm-8:00 pm  
Instructor: Susan Taves  
**TUITION & FEE: \$39.00**



### Healthy and Delicious Cooking



Whether you want to experiment with new recipes beyond your usual or elevate your family meals or date nights, this course is for you. Learn new techniques from an experienced chef such as: how to cook from scratch and make real food with whole, natural ingredients and what to stock in your pantry. Together we will prepare a variety of soups, pasta sauces, salad dressings, breads, and make foods that are both healthy and delicious.

LFS0065-003 Harper Main Campus  
04/03/24-05/08/24 WE 6:30 pm-9:00 pm  
Instructor: Samantha Segura  
**TUITION & FEE: \$239.00**

LFS0065-004 Harper Main Campus  
05/22/24-07/03/24 WE 6:30 pm-9:00 pm  
Instructor: Samantha Segura  
**TUITION & FEE: \$239.00**



### Mexican Fiesta Series

LIVE

Join us for one, two or all three meals of this dinner series. Mexican food is as diverse as its terrain. We will explore regional specialties that don't always get attention north of the border. Week One we will prepare homemade corn tortillas, your choice of braised maitake mushroom or chicken, and a delicious green mole sauce. Week Two we will prepare flour tortillas with traditional duck or vegetables, and a rich easy pasilla sauce. Week Three will start with a charred salsa favored by the Mayans, followed by Snapper Veracruzano. We will pair with Spanish rice and a refreshing drink with Flor de Jamaica. All ingredients, shopping list, equipment and recipe will be sent to you in advance.

LFS0067-002 ONLINE-Live Meetings  
03/05/24-03/19/24 TU 6:30 pm-8:00 pm  
Instructor: Susan Taves  
**TUITION & FEE: \$99.00**

### Mexican Fiesta 1st

LIVE

Mexican food is as diverse as its terrain. We will prepare homemade corn tortillas, your choice of braised maitake mushroom or chicken, and a delicious green mole sauce. All ingredients, shopping list, equipment and recipe will be sent in advance.

LFS0069-002 ONLINE-Live Meetings  
03/05/24 TU 6:30 pm-8:00 pm  
Instructor: Susan Taves  
**TUITION & FEE: \$39.00**

### Mexican Fiesta 2nd

LIVE

Join us for a delicious Mexican meal in the comfort of your home. We will prepare flour tortillas with traditional duck or vegetables and a rich easy pasilla sauce.

All ingredients, shopping list, equipment and recipe will be sent to you in advance.

LFS0070-002 ONLINE-Live Meetings  
03/12/24 TU 6:30 pm-8:00 pm  
Instructor: Susan Taves  
**TUITION & FEE: \$39.00**

### Mexican Fiesta 3rd

LIVE

Join us for a delicious Mexican meal prepared by you at home. We will start with a charred salsa favored by Mayans, followed by Snapper Veracruzano that features the Spanish and African influence of foods from Veracruz. We will pair it with Spanish rice and a refreshing drink with Flor da Jamaica.

All ingredients, shopping list, equipment and recipe will be sent to you in advance.

LFS0071-002 ONLINE-Live Meetings  
03/19/24 TU 6:30 pm-8:00 pm  
Instructor: Susan Taves  
**TUITION & FEE: \$39.00**

## Wine Appreciation

### American Wine Series



NEW!

Explore the major wine regions of the United States, including California, Oregon and Washington. Develop your wine tasting skills and learn how to pair American wines with different types of food. Gain insights into the current trends in American winemaking and the future of the industry. This series course enrolls you in LFS0076, American Wine History, LFS0077, California Wines, LFS0078, Oregon Wines and LFS0079, Washington Wines. Each class includes a tasting.

LFS0075-001 Harper Main Campus  
03/06/24-04/10/24 WE 7:00 pm-9:00 pm  
Instructor: Marcel G. Flori  
**TUITION & FEE: \$229.00**

### American Wine History



NEW!

You will be provided an overview of the history of American wines, focusing on the various wine-making regions and grape varieties in the United States. The North American continent is home to several native species of grape, but the industry is now based almost entirely on the cultivation of the European *Vitis vinifera*, which was introduced by European settlers. While California now produces 84% of all U.S. wine, you will also explore other rich areas of production including Oregon, Washington, New York, and Virginia.

LFS0076-001 Harper Main Campus  
03/06/24 WE 7:00 pm-9:00 pm  
Instructor: Marcel G. Flori  
**TUITION & FEE: \$49.00**

### California Wines



NEW!

You will be introduced to California wines, with a focus on the grape varieties present. You will start your journey with a history of wine production in California. You will then move into an examination of the geography and varieties of California wines including, Napa Valley, Sonoma County, Mendocino, Paso Robles, Santa Barbara and Monterey.

LFS0077-001 Harper Main Campus  
03/13/24-03/20/24 WE 7:00 pm-9:00 pm  
Instructor: Marcel G. Flori  
**TUITION & FEE: \$99.00**



**Oregon Wines****NEW!**

You will be introduced to Oregon's wines, with a focus on the grape varieties present in the region. Learn about the unique climate and geography of Oregon's wine regions, and how these factors influence the characteristics of the wines produced there. You will be introduced to the types of wine produced in Oregon, including red, white, and sparkling wines with grape varieties of Pinot Noir, Chardonnay, Pinot Gris, and Riesling. You'll hear about the characteristics of each variety, including flavor profiles, growing conditions, and ideal food pairings.

LFS0078-001 Harper Main Campus  
04/03/24 WE 7:00 pm-9:00 pm  
Instructor: Marcel G. Flori  
**TUITION & FEE: \$49.00**

**Washington Wines****NEW!**

You will get an in-depth understanding of the wines produced in Washington State. You'll examine the history, geography, and culture of Washington's wine industry. You'll learn about and taste the major grape varieties grown in Washington State, including Cabernet Sauvignon, Merlot, Syrah, Chardonnay, Riesling, and Sauvignon Blanc while exploring the regional variations in grape varieties grown in the Yakima Valley, Walla Walla Valley, and Columbia Valley.

LFS0079-001 Harper Main Campus  
04/10/24 WE 7:00 pm-9:00 pm  
Instructor: Marcel G. Flori  
**TUITION & FEE: \$49.00**

**Makerspace  
Workshops****Introduction to Mosaic**

Learn everything you need to create a beautiful mosaic artwork. With special attention placed on techniques and skills, this 3 hour class includes the patterns and materials to construct a small panel.

LLM0056-008 Harper Main Campus  
03/01/24 FR 10:00 am-1:00 pm  
**TUITION & FEE: \$20.00**

**Watercolor Basics****NEW!**

Start with watercolor exercises to get the brush strokes down, then make you own set of greeting cards to take home.

LLM0085-001 Harper Main Campus  
04/19/24 FR 10:00 am-12:00 pm  
**TUITION & FEE: \$15.00**

LLM0085-002 Harper Main Campus  
04/19/24 FR 1:00 pm-3:00 pm  
**TUITION & FEE: \$15.00**

**Miniature Fairy  
Book Nook****NEW!**

Create a whimsical and decorative fairy book nook complete with small miniatures, paint, moss, plants, stones, and more. Add a miniature book to complete the display, then add it to your bookshelf.

LLM0084-001 Harper Main Campus  
03/08/24 FR 10:00 am-1:00 pm  
**TUITION & FEE: \$15.00**

**Sewing 101****NEW!**

Interested in learning how to sew? Join us for an introductory 2-hour sewing workshop where you will learn about mending and try it yourself out on jeans. Materials and sewing machines will be provided.

LLM0086-002 Harper Main Campus  
03/15/24 FR 10:00 am-12:00 pm  
**TUITION & FEE: \$10.00**

LLM0086-003 Harper Main Campus  
04/16/24 TU 2:00 pm-4:00 pm  
**TUITION & FEE: \$10.00**

**Paranormal Studies****Occult Aspects of  
the UFO Enigma****LIVE!**

Join thirty-year paranormal investigator, historian, and author Ursula Bielski for a look into the strange personalities and practices behind the UFO enigma. We'll look at the ties between Alistair Crowley, L. Ron Hubbard and Jack Parsons--the brain trust of the Jet Propulsion Laboratories. We'll look at how some of the most compelling phenomena of the UFO movement--including the explosion of 'contactee' and 'abduction' experiences--were reportedly initiated by Ouija boards and ancient conjuring. And we'll delve into the shrouded myth of the so-called Collins Elite: a group of government agents who reportedly vowed to stop the American government from a diabolical pact with fraudulent extraterrestrials

LAA0028-002 ONLINE-Live Meetings  
04/10/24-04/24/24 WE 6:30 pm-8:00 pm  
Instructor: Ursula Anne Bielski  
**TUITION & FEE: \$69.00**

**Spectral Studies by  
Renowned Paranormal Expert Ursula Bielski**

Don't miss your chance to add some spirit to the season with our new paranormal classes taught by Ursula Bielski, the founder of Chicago Hauntings, Inc. and the host of PBS' "The Hauntings of Chicago" (WYCC). An historian, author, and parapsychologist, Ursula has been writing and lecturing about Chicago's supernatural folklore and the paranormal for nearly 20 years, and is recognized as a leading authority on the Chicago region's ghostlore and cemetery history. She is the author of ten popular and critically acclaimed books, including the Chicago Haunts series and Graveyards of Chicago.



## Personal Finance

### First Time Home Buyer: What You Need to Know



Tired of Renting? This class offers assistance and insights into the process of home ownership. Learn all you need to know about buying your first home; getting familiar with contracts, closing costs, inspections, down payments, appraisals, interest rates and negotiations. Familiarize yourself with Down Payment Assistance Programs and how to qualify.

LPF0004-022 Harper Main Campus  
05/08/24 WE 6:30 pm-8:15 pm  
Instructor: Michael Olach  
**TUITION & FEE: \$29.00**



### How to Sell Your Home for Top Dollar



How do you sell your house for top dollar in this market? Learn real estate sales and marketing strategies to assist you in successfully selling your property. Discussion will include the market driving trends, how to do a market analysis, determining the value of your property, getting your home sale ready, advertising and showing your home, and handling an offer, including the basics of required paperwork. You'll get insight on appraisals, home inspections, and what to do or not to do to get your home ready to sell.

LPF0006-009 Harper Main Campus  
03/13/24 WE 6:30 pm-8:00 pm  
Instructor: Michael Olach  
**TUITION & FEE: \$29.00**



## Students with Intellectual Disabilities



### Cooking Classes

#### Cooking II for Students with Intellectual Disabilities



This course will continue the basics of cooking and meal planning. You will learn how to prepare a menu and cook breakfast, lunch dinner, appetizers and desserts. Selected recipes will expand upon the number of ingredients as well as include participants' suggestions. We will eat our finished product together to practice dining with others. You will receive a printed recipe for your own notebook.

LDD0002-013 Harper Main Campus  
03/12/24-05/07/24 TU 5:45 pm-7:15 pm  
Instructor: Cindy Hoef  
**TUITION & FEE: \$199.00**



## THE CAREER SKILLS INSTITUTE

The Harper College Career Skills Institute (CSI) is an educational program for students with mild cognitive disabilities, ages 18 and above. CSI assesses and strengthens basic employability skills and helps students develop realistic career plans.

A Learning Community: Cohorts of not more than fifteen students stay together for two years, trained by professional support staff and instructors. Year One focuses on basic academics and communication. Year Two focuses on career exploration with a guided vocational experience.

#### How CSI Students Benefit:

- Build academic, vocational, and social skills
- Learn appropriate work behavior and problem-solving skills for the workplace
- Develop career-related interests
- Receive an honest assessment of their career potentials
- Better understand the continuing supports they will require in the workplace.

For More Information, visit [harpercollege.edu/ce/csi](http://harpercollege.edu/ce/csi) or contact Eric Wiebe, Program Coordinator, at 847.925.6000 ext 6161 or email: [we38933@harpercollege.edu](mailto:we38933@harpercollege.edu)

BUSINESS  
& CAREERS

COMPUTERS &  
TECHNOLOGY

FITNESS, HEALTH  
& WELLNESS

MUSIC, ARTS  
& WRITING

PERSONAL  
INTERESTS

LIFELONG LEARNING  
INSTITUTE (LLI)

WORLD  
LANGUAGES

YOUTH & TEENS



# Lifelong Learning Institute (50+)

## WHAT'S NEW

- An Introduction to the East Asian Garden
- Edouard Manet and Modern Beauty
- Ghosts of Route 66
- Helpful Tools for Plant Based Food from a Professional
- Herbs for Winter Blues
- Should or Could You Be Your Loved Ones Caregiver
- The Atomic Age and Its Chicago Beginnings

AND MORE!

## DON'T MISS

- Barbie The Doll
- Earth's Exotic Creatures
- Graveyards of Chicago
- Great Decisions Discussion 2024
- Norman Rockwell



Scan me to learn more about Lifelong Learning Institute

Learn more at [ce.harpercollege.edu](http://ce.harpercollege.edu), "Browse Our Programs/ Lifelong Learning Institute"

## Art

### Norman Rockwell: America's Premier Artist/Illustrator



Norman Rockwell (b. 1884), 20th-century American illustrator, painter, and author, has enjoyed a broad popular appeal for his depictions of American culture. He began studying painting at age 14. Seven years later he submitted his first successful cover painting to the Saturday Evening Post Magazine, which published 323 original Rockwell works during a period of 47 years. Rockwell's covers, which show Americans of all ages working and playing, at prayer and in meetings, in times of stress and in times of triumph, offer profound commentaries on American life.

LLI0075-002 Harper Main Campus  
05/07/24 TU 1:00 pm-2:30 pm  
Instructor: Ralph Burin  
TUITION & FEE: \$39.00



### The Master Builders - Gang, Gehry, Jahn, and Friends



First views, rare entries, and detailed descriptions of the latest designs by Chicago's modern master architects and the expert who inspired them. See Gang's skyline - dominating 101 floor St. Regis and its plush new hotel, her curvaceous five-part 82- floor Aqua and more. Revel in Frank Gehry's ever-evolving styles, and Helmut Jahn's last work, Michigan Avenue's 1000M, plus conversion of the celebrated Thompson Center. Re-connect with Louis Sullivan through an insiders tour of the one-time Auditorium Hotel (Roosevelt University, assisted by Jerome O'Connor, a decades-long architectural tour guide and author.

LLI0625-001 Harper Main Campus  
05/13/24 MO 10:00 am-12:00 pm  
Instructor: Jerome O'Connor  
TUITION & FEE: \$39.00





## LIFELONG LEARNING INSTITUTE (LLI)

### Our Members Say It Best...

- "I've enjoyed making time for Harper's Lifelong Learning Institute for several years now. As all retirees know, our days are filled with lots to do, and Harper gives us the added advantage of new ideas, programs, lectures and an opportunity to meet like-minded people. I consider the membership fee that the Institute charges one of the best investments I've made."
- "I'm a member of Harper's LLI because I have always loved to learn new things in many different areas, especially history, music of all types, painting, sculpture and current events. LLI offers reasonably priced classes in these areas taught by interesting experts. It's a productive and fulfilling way to spend my time."
- "Harper's Lifelong Learning program has been a great place to learn more about the things I'm interested in, to broaden my horizons, and to make new friends. I have really enjoyed the variety of courses. Now, if we only had a course about how to make more time in one's day!"

Lifelong Learning Institute (LLI) is an experiential and discussion learning program for older adults. It offers you fresh, relevant and fun courses in a seminar format. That means no exams or homework – just spirited discussions, hands-on activities and new connections with lifelong learners just like you.

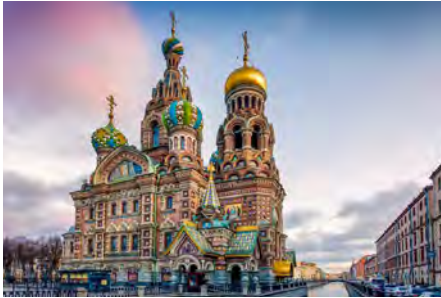
Learn in intimate groups led by distinguished Harper College faculty and experts in a variety of professional fields. Program leaders create engaging and innovative programs specifically for lifelong learners. Choose from a new group of featured seminar topics each semester.

### Lifelong Learning Institute Annual Membership

Become a Premier Member of our popular program for older adults and receive a 50% discount on designated LLI courses. Membership covers January through December 2024. Membership is just \$50 for the whole year!

**Sign up for 2024 Premier Membership at [harpercollege.edu/lli](http://harpercollege.edu/lli) or call 847-925-6300.**

## History



### Mission to Moscow - and St. Petersburg



NEW!

"A riddle wrapped in a mystery inside an enigma," spoken in 1939 by Churchill in describing Russia, resonates from then to now. Jerome M. O'Connor, author of *The Hidden Places of World War II*, and a three-time visitor covering the Soviet Union era to the Russian Federation, describes the famous and overlooked sites. Descend into the world's deepest and extravagantly decorated Stalin-era subway, the challenges in obtaining a visa, and view Soviet era housing alongside Western-style towers. Stay along with the instructor in Moscow's Metropol Hotel, made famous in *A Gentleman in Moscow* by Amor Towles.

LLI0613-001 Harper Main Campus  
04/23/24 TU 10:00 am-12:00 pm  
Instructor: Jerome O'Connor  
**TUITION & FEE: \$39.00**



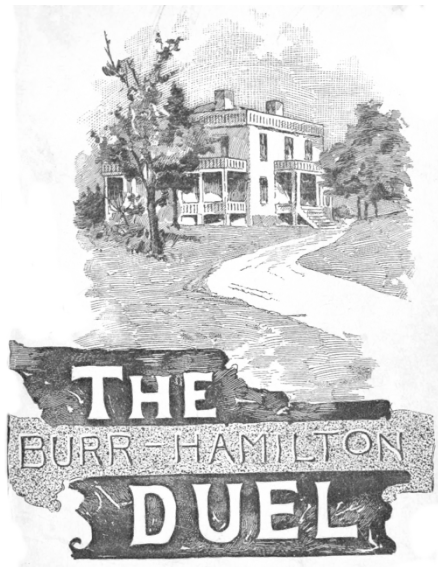
### Roman Identity Family, Religion and Law



NEW!

The Roman Empire is often portrayed as one of warfare, conquest, and political chaos. When, however, we look at Roman culture during the period of Augustus we can see cultural themes of family, religiosity and the law reemerge after a long period of civil war. You'll examine these features of Roman society to broaden your understanding of life during the formation of the Augustan Empire.

LLI0624-001 Harper Main Campus  
03/14/24 TH 2:00 pm-3:30 pm  
**TUITION & FEE: \$39.00**



### The Duelists Aaron Burr and Alexander Hamilton

LIVE

NEW!

In 1804, vice-president Aaron Burr met former Secretary of the Treasury Alexander Hamilton on a riverbank at dawn with loaded pistols, to settle an affair of honor with a duel. The result was tragic. The story of how Hamilton and Burr ended up in that duel - now an award-winning musical - is full of intrigue. This presentation will explore the characters of Hamilton and Burr, the roles they played in their revolutionary times, and how the struggles and passions of their era led them to the final duel.

LLI0606-001 ONLINE-Live Meetings  
03/18/24 MO 10:00 am-12:00 pm  
Instructor: Joyce Haworth  
**TUITION & FEE: \$39.00**



### The History of Sears, Roebuck, and Company vs Amazon



NEW!

Long before there was Amazon, there was Sears, Roebuck, and Company - where you could purchase any product or service available on the face of the earth at fabulously low prices. Just how did this retail icon influence architecture, commerce, merchandise, lifestyle, and popular culture? Come and explore the rich and fascinating history of the World's Largest Store (WLS) from its humble beginning in 1886 to the present.

LLI0622-001 Harper Main Campus  
04/10/24 WE 10:00 am-11:30 am  
Instructor: Barbara Barrett  
**TUITION & FEE: \$39.00**

 Harper College

# The University Center

A BACHELOR'S DEGREE WITHIN YOUR REACH

[harpercollege.edu/university](https://harpercollege.edu/university)



Northern Illinois University



## Personal Interest



### Earth's Exotic Creatures



Let's take a look at some of the more unusual creatures that have evolved on our planet! What about a hot pink snail? Or a snail that is larger than some dogs! Birds that have a hypnotic iridescent dance to attract females. How about a crab that could fill up your hot tub? Or one with the arms that look like a gorilla? Fish that are bigger than humans or one that looks like ...a blob? Or a bat that looks like it has the face of a moose? NO..these are not photo shopped! These are critters that share this planet with us! Join us in touring the more unusual...the weirdest of the weird in the animal kingdom!

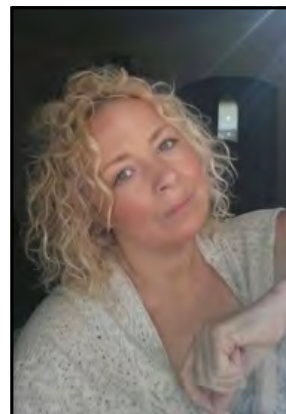
LLI0345-002 Harper Main Campus  
03/19/24 TU 1:00 pm-2:30 pm  
Instructor: Suzanne Rausch  
**TUITION & FEE: \$39.99**



### Ghosts of Route 66 **LIVE** **NEW!**

For generations Americans have sought adventure on one of the world's most famous roads: Route 66. But there's a dark side to the neon diner signs and sunshine-soaked stretches of desert highway. Author and Ghostlorist Ursula Bielski is your driver for a haunted, historic trip down the Mother Road, where you'll search for ghosts at an uncanny Chicago hotel, the notorious Joliet Prison, Meramec Caverns, Santa Monica Pier and many more of the old road's most notorious sites, meeting some of America's most infamous characters along the way.

LLI0626-001 ONLINE-Live Meetings  
05/03/24 FR 1:00 pm-3:00 pm  
Instructor: Ursula Bielski  
**TUITION & FEE: \$39.00**



## Spectral Studies by Renowned Paranormal Expert Ursula Bielski

Don't miss your chance to add some spirit to the season with our new paranormal classes taught by Ursula Bielski, the founder of Chicago Hauntings, Inc. and the host of PBS' "The Hauntings of Chicago" (WYCC). An historian, author, and parapsychologist, Ursula has been writing and lecturing about Chicago's supernatural folklore and the paranormal for nearly 20 years, and is recognized as a leading authority on the Chicago region's ghost-lore and cemetery history. She is the author of ten popular and critically acclaimed books, including the Chicago Haunts series and Graveyards of Chicago.

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YOUTH & TEENS



### Spanish Course for Brain Stimulation and Wellness Experience



The benefits of learning a foreign language at an older age go beyond exercising the brain. Like learning any other skill, learning a new language provides a sense of reward and boosts confidence. In turn, this tends to give many seniors a boost in their social lives. Plus, the actual process of learning a new language provides plenty of opportunities to socialize. Taking classes with other like-minded people and practicing a newly learned language with native speakers are the best ways to become fluent, make friends, and stimulate your mind.

LLI0595-002 Flex: In-Person and ONLINE  
03/06/24-04/24/24 WE 11:00 am-12:00 pm  
Instructor: Rene E. Castellanos  
**TUITION & FEE: \$312.00**



## Science and Technology



### The Moon Race Part 2 Project Gemini



While Project Mercury proved that NASA could successfully launch astronauts into orbit and recover them, many lessons still needed to be learned before landing on the moon. Taking place between 1965 and 1966, Project Gemini featured a 2-man spacecraft and a more powerful rocket. Project Gemini set out to practice many of the maneuvers and techniques required to travel to and land on the moon such as learning to intercept and dock with other spacecraft, learning how to perform outside the spacecraft in a spacesuit, and testing astronauts' endurance to survive in space for weeks at a time. This is the second class of a series outlining NASA's race to the moon, but you do not have to have attended the previous session.

LLI0608-001 ONLINE-Live Meetings  
04/17/24 WE 10:00 am-11:30 am  
Instructor: Mike Frederiksen  
**TUITION & FEE: \$39.00**

## Theology

### The Gospel of Mary of Magdalene



According to the second century Gospel of Mary of Magdala, Mary is Jesus' confidante, his interpreter, and his replacement. She supports Jesus' ministry financially and may have been 'the beloved disciple' mentioned in John's Gospel. Jesus divulges to her teachings unknown to other disciples, and after the resurrection she occupies the position he leaves vacant. And yet early in Christianity, Mary of Magdala becomes a woman dishonored and discarded. This talk examines the woman, the myth, and the gospel that bears her name.

LLI0577-002 Harper Main Campus  
03/12/24 TU 10:00 am-12:00 pm  
Instructor: Jerrol Leitner  
**TUITION & FEE: \$39.00**

# LIFELONG LEARNING INSTITUTE (LLI)

AGES 50+

LLI is an experiential and discussion learning program for older adults. It offers you fresh, relevant and fun courses in a seminar format. That means no exams or homework – just spirited discussions, hands-on activities and new connections with lifelong learners just like you.

Learn in intimate groups led by distinguished Harper College faculty and experts in a variety of professional fields. Program leaders create engaging and innovative programs specifically for lifelong learners. Choose from a new group of featured seminar topics each semester.

Learn more at [harpercollege.edu/lli](http://harpercollege.edu/lli)



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## FITNESS AND WELLNESS CLASSES IN THE HEALTH AND RECREATION CENTER – BUILDING M

Through a partnership with Palatine Park District, fitness and wellness classes will now be offered through the Community Education Department in Building M. The Foglia Foundation Health and Recreation Center was fully renovated in 2018 and features excellent facilities and programming.

A sample of the classes to be offered includes:

- Dance
- Self Defense
- Yoga
- Martial Arts

Learn more on p. 28



## TELL YOUR STORY CREATIVE AND NOVEL WRITING COURSES

Have you thought about writing your story and sharing life-altering events? Dreaming of writing a book? Now is the time! Our writing courses help you achieve your goals, whether you just have an idea or started and can't get to the finish line. Instructors and fellow writers provide guidance, support, and accountability to reach your goal.

Learn more on p. 47

*“As a result of taking CE writing classes, I can confidently call myself a writer and proudly tell people that I am writing a novel. I believe in my writing abilities, and a lot of that has to do with the encouragement I have received from my instructor, Laura.”* -Ann, CE Student

# Library Classes

## ■ One Book One Harper Spring 2024: Book Discussions

Meet with others who share a passion for reading and learning. Book discussions are sponsored by the Harper College Library's One Book One Harper program. Book discussion will be held in the Library.

Please contact Christine Kuffel (847.925.6859) (ckuffel@harpercollege.edu) with questions, or to register.

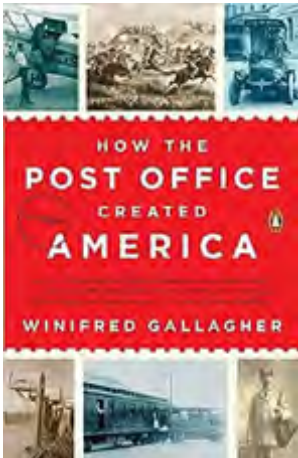
### *How the Post Office Created America: A History* by Winifred Gallagher



Many of us get something in the mail six days a week. Yet, most know very little about the origin of the Post Office, its leaders, and its impact on major historic events. A rich and engaging tribute to this omnipresent but often overlooked service. Facilitated by Jim Edstrom.

LLM0088-001  
Friday, March 8, 2024

Harper Main Campus, Building F  
2:00 pm-3:00 pm  
**FREE**



## One Book One Harper: Book Discussions, continued

### *The Trackers: A Novel* by Charles Frazier



This descriptive historical fiction introduces us to Depression-era Wyoming, and folks with roving hearts and an interest in the arts. A stout plot and seedy characters add to the dramatic tone of this title.

LLM0089-001  
Friday, April 5, 2024

Harper Main Campus, Building F  
2:00 pm-3:00 pm  
**FREE**

## ■ Virtual Presentations

Join us to learn more about a variety of fascinating topics.

Please contact Christine Kuffel (847.925.6859) (ckuffel@harpercollege.edu) with questions, or to register. All programs will be hosted virtually using WebEx.

### *Hollywood Style: Icons of Fashion* w/ Dr. Annette Bochenek



Nothing beats the aesthetic and allure of Golden Age Hollywood glamour. Learn about the imaginations and innovations that created the icons we remember today. These were the original influencers!

LLM0091-001  
Thursday, March 14, 2024

Online-Live Meeting  
7:00 pm-8:00 pm  
**FREE**



### *Masterpiece Mysteries: History Unraveled* w/ Jennifer Scavone



There is more to art than what the eye can see. Learn about the role conservation work has played in discovering the underlying secrets behind the showpieces. This program will definitely have you looking at things differently...

LLM0092-001  
Thursday, April 11, 2024

Online-Live Meeting  
7:00 pm-8:00 pm  
**FREE**





## ■ Spring 2024 Workshops: Library Make Shop

Please contact Kristin Allen at [kallen@harpercollege.edu](mailto:kallen@harpercollege.edu) with questions about Make Shop classes.



### Miniature Fairy Book Nook



Create a whimsical and decorative fairy book nook complete with small miniatures, paint, moss, plants, stones, and more. Add a miniature book to complete the display, then add it to your bookshelf. Make Shop will provide All tools and materials.

LLM0084-001  
Friday, March 8, 2024  
Fee: \$15.00  
Instructor: Kat Bowman

Harper College, Make Shop (F222)  
10:00 am-1:00 pm



### Sewing 101



Interesting in learning how to sew? Join us for an introductory 2-hour sewing workshop where you will learn about mending and try it yourself on jeans! Make Shop will provide materials and sewing machines.

LLM0086-002  
Friday, March 15, 2024  
Fee: \$10.00  
Instructor: Jessica Prus

Harper College, Make Shop (F222)  
10:00 am-12:00 pm

LLM0086-003  
Tuesday, April 16, 2024  
Fee: \$10.00

Harper College, Make Shop (F222)  
2:00 pm-4:00 pm



# World Languages

## DON'T MISS

- Conversational Spanish I, II, III, IV
- Conversational Spanish Digital Badge
- Conversational French I, II
- Conversational Italian I, II



Scan me to learn more about **World Languages and Culture**

Learn more at [ce.harpercollege.edu](http://ce.harpercollege.edu),  
**"Browse Our Programs/  
 World Languages and Culture"**

## French

### Conversational French I



Conversational French I is for beginners. Start with the alphabet, numbers and greetings to learn the essentials of pronunciation as well as basic grammar and vocabulary needed to greet people, talk about yourself and express needs. By the end of the course you will have some knowledge of the culture and should be able to speak at least 10 percent of your conversation in this language.

LLL0008-025  
 03/13/24-05/08/24 WE  
 Instructor: Chantal E. Rainey  
**TUITION & FEE: \$199.00**

Harper Main Campus  
 6:30 pm-8:30 pm



## German



### Conversational French II



After you complete Conversational French I, or if you learned basic skills in this language from prior study, take Conversational French II. You are comfortable with some grammar and especially present tense and will now learn how to communicate what you have done via past tense. Build on your basic linguistic skills as you explore more topics related to life and travel. By the end of the course you will possess an increase in ability to speak the language, from 10 percent to at least 25 percent of your conversation.

LLL0009-018  
 03/14/24-05/16/24 TH  
 Instructor: Chantal E. Rainey  
**TUITION & FEE: \$225.00**

Harper Main Campus  
 6:30 pm-8:30 pm

## Sprechen Sie Deutsch?

Look for German language classes in our upcoming Fall 2024 CE Catalog.



## Italian



### Dialoghiamo In Italiano

LIVE

Non si sente a suo agio delle sue capacità colloquiali? Vuole migliorarle o accelerarle di più? Sente il desiderio di esplorare e conoscere la cultura italiana in modo più completa? Soprattutto se ha recentemente completato il III livello di conversazione presso l'Università di Harper, perché non si unisca ad un gruppo di assoluta conversazione di lingua italiana? In questo corso di otto settimane, la presenza dell'istruttore assicura l'uso corretto di ciò che ha imparato nei corsi precedenti. Inoltre, le darà la conoscenza aggiuntiva sugli aspetti culturali del paese e delle persone usando l'italiano. Potrà immergersi nell'italiano con delle conversazioni su avvenimenti attuali con varie letture, film, arte ed altre materie culturali. La raccomandiamo di unirsi a noi al più presto.

LLL0019-027

ONLINE-Live Meetings

03/12/24-05/07/24 TU

7:00 pm-9:00 pm

Instructor: Pieranna Fanella

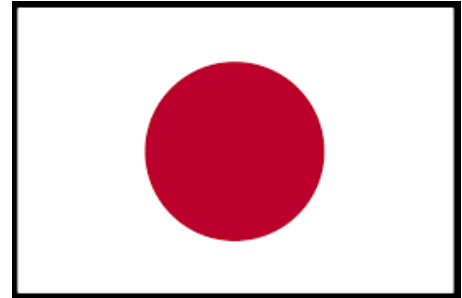
TUITION & FEE: \$199.00

### Parli Italiano?

Look for more Italian language classes in our upcoming Fall 2024 CE Catalog.



## Japanese



Look for Japanese language class in our upcoming Fall 2024 CE Catalog.



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# Spanish



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## Say Sí to Success Earn the Conversational Spanish Digital Badge



Understanding and speaking Spanish has become increasingly important in the job market. Many employees see these skills as a preferred or even a necessary job requirement. Proficiency in Spanish might give you that complete advantage as you seek your next job or promotion. Completion requirements:

- Conversational Spanish I
- Conversational Spanish II
- Conversational Spanish III
- Conversational Spanish IV
- Digital Badge in Spanish - Online Component

### Conversational Spanish I

Conversational Spanish I is for beginners. Start with the alphabet, numbers and greetings to learn the essentials of pronunciation as well as basic grammar and vocabulary needed to greet people, talk about yourself and express needs. By the end of the course you will have some knowledge of the culture and should be able to speak at least 10 percent of your conversation in this language.

LLL0002-046 Flex: In-Person and ONLINE  
03/18/24-05/13/24 MO 6:30 pm-8:30 pm  
Instructor: Rene E. Castellanos  
**TUITION & FEE: \$199.00**

### Conversational Spanish II

After you complete Conversational Spanish I, or if you learned basic skills in this language from prior study, take Conversational Spanish II. You're comfortable with some grammar and especially present tense. Now learn how to communicate what you have done via past tense. Build on your basic linguistic skills as you explore more topics related to life and travel. By the end of the course you will possess an increase in ability to speak the language, from 10 percent to at least 25 percent of your conversation.

LLL0003-036 Flex: In-Person and ONLINE  
03/12/24-05/07/24 TU 6:30 pm-8:30 pm  
Instructor: Rene E. Castellanos  
**TUITION & FEE: \$225.00**



### Conversational Spanish III

You've completed Conversational Spanish I and II or from another program you've become comfortable engaging in a simple dialogue by using proper grammar with present and past tense. Enroll in Conversational Spanish III for proficiency in past tense and begin to learn future tense. By the end of the eight-week course you will be comfortable in conjugating new words and you should be able to compare how your knowledge in the language grew from 25 percent to at least 45 percent of your conversation.

LLL0004-029 Flex: In-Person and ONLINE  
03/13/24-05/08/24 WE 6:30 pm-8:30 pm  
Instructor: Rene E. Castellanos  
**TUITION & FEE: \$225.00**

### Conversational Spanish IV

Complete the lessons and build upon the fundamentals you've learned with longer dialogues and translations in Conversational Spanish IV. At the end of this course you should feel superior to your initial skill by now speaking at least 70 percent of the language during conversations. Follow up Conversational Spanish IV with the immersion environment of a Discussion course to hone your skills and avoid losing what you've gained in your language studies.

LLL0005-028 Flex: In-Person and ONLINE  
03/14/24-05/16/24 TH 6:30 pm-8:30 pm  
Instructor: Rene E. Castellanos  
**TUITION & FEE: \$225.00**

### Digital Badge in Spanish - Online Component

This component of the Digital Badge in Spanish incorporates audiovisual exercises, quizzes, and tests to hone speaking, listening, reading and writing skills via an online multimedia Supersite. Instructor works with you in the background assigning, correcting, and providing feedback. This course requires enrollment in Conversational Spanish I, II, III or IV each time, and cannot be taken alone. The purchase of a Supersite Plus Code is required to access the online site for assignments. Attendance to an orientation session is mandatory where course requirements will be explained.

LLL0006-032 Flex: In-Person and ONLINE  
03/11/24-05/10/24  
Instructor: Rene E. Castellanos  
**TUITION & FEE: \$129.00**

“  
As always your Spanish classes are packed with new information about the language. You make it easy to learn Spanish and keep it very interesting. Every student I talked with previously said “Professor Castellanos teaches with energy and presents information about grammar, new vocabulary and pronunciation, and keeps it easy to learn.” Online class is just the same. Thank You. SP  
”

## Discusion En Espanol



¿Usted ya se siente a gusto con su habilidad de hablar en español, pero todavía no tiene la fluidez deseada? If you have recently completed Conversational Level III or Accelerated Level II at Harper College, join the Discusion En Espanol course. In this eight week course, the presence of the teacher will ensure that you are correctly using what you have learned and will help you gain additional knowledge into the cultural aspects of the people and countries that use Spanish. Submerge yourself in Spanish conversation with current events and incorporation of lectures, movies, art and other cultural subjects. Inscríbese hoy.

LLL0018-022 Flex: In-Person and ONLINE  
03/12/24-05/14/24 TU TH 5:30 pm-6:30 pm  
Instructor: Rene E. Castellanos  
**TUITION & FEE: \$199.00**



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## Youth Music



**Sing and Play Piano** Harper Main Campus  
(Ages 4-6)



Join us for this fun introduction to piano! Creatively designed for young children, ages 4-6, this approach combines singing, listening, small and large movement, and learning to play songs on the piano. Sing and Play Piano lays a solid foundation for future piano lessons or instrument study. A piano or keyboard at home is recommended, materials purchased separately.

LMY0124-006

Harper Main Campus

02/01/24-05/02/24 TH

5:15 pm-5:55 pm

Instructor: Kathlyn Sbarboro

**TUITION & FEE: \$189.00**

## Youth & Teens

### DON'T MISS

- Sing and Play Piano (Ages 4-6)
- Sylvan ACT Exam Prep
- Sylvan SAT Exam Prep



### INZONE MUSIC AND ARTS CLASSES

See our upcoming InZone catalog to view our popular music and arts classes offered in our 2024 InZone Summer Camp or visit [harpercollege.edu/inzone](http://harpercollege.edu/inzone) to learn more.



### PRIVATE MUSIC LESSONS

Registration for private music lessons is open throughout the year - for more information call 847.925.6659.

Details can be found in the Music, Arts & Writing section, p 42.



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**Youth and Teens**

Learn more at  
[ce.harpercollege.edu](http://ce.harpercollege.edu),  
**"Youth and Teens"**

## PIANO PREPARATORY PROGRAM

### 30 MIN PRIVATE LESSONS & 50 MIN GROUP LESSONS FOR 15 WEEKS

The program consists of a combination of group and private instruction. Group lessons offer peer reinforcement, social interaction, ensemble experience, and group activities. Private lessons provide individual attention for technical development and interpretive and expressive insights. Combining these approaches give you a comprehensive 15-week curriculum. Participate in one 30-minute private lesson and one 50-minute group lesson each week. In addition to learning an instrument, students will enhance playing technique and develop listening skills, intonation, rhythmic accuracy, and expression.



Returning students must receive the CRN from their instructors. New students must complete the First-Time Student Application at [bit.ly/cmacprivatelessons](https://bit.ly/cmacprivatelessons). You may register after the Piano Facilitator reviews their application and assesses their level. For more information, contact Kathy Sbarboro at [ksbarbor@harpercollege.edu](mailto:ksbarbor@harpercollege.edu).

## STRINGS PREPARATORY PROGRAM

### 30 MIN PRIVATE LESSONS & 50 MIN GROUP LESSONS FOR 15 WEEKS

This private and group instruction bundle combines group and private instruction for children ages 6 to 15. Group lessons offer peer reinforcement, social interaction, ensemble experience, and group activities. Private lessons provide individual attention for technical development and interpretive and expressive insights. By combining these two approaches, you receive a comprehensive 15-week curriculum. Participate in one 30-minute private lesson and one 50-minute group lesson each week. Students are grouped according to age and level. Instructors will use the Associated Board of the Royal Schools of Music – ABRSM theory Method, delivering over 650,000 music exams and assessments annually in 93 countries.



Students learn music reading, rhythm, theory, listening skills, finger and hand development, improvisation, and composition through fun classroom activities. Children progress through varied and progressive musical repertoire from leading contemporary and traditional classical composers. For more information contact us at [cmad@harpercollege.edu](mailto:cmad@harpercollege.edu).



## Benefits of Music Education for Children

### Why study music?

The benefits of studying music are many and extend well beyond the joy of learning an instrument, particularly for young students. Participation in musical activities has been found to enhance:

### Intellectual and Cognitive Growth

- Through music experience, the learner is involved in perceiving, making judgments and comparisons, evaluating, analyzing and synthesizing, creating and reflecting.

### Creativity and Self Expression

- Music is an essential way of communicating ideas and feelings with other people, developing a better understanding, appreciation, and perception.
- Music education engages and enhances imagination

### Coordination

- Playing musical instruments can improve gross motor skills, hand-eye coordination, balance and enhance long-term memory and recognition patterns.

### Social Skills

- Social behaviors such as cooperation, collaboration, team-building, and sensitivity to social and cultural beliefs and practices are promoted.
- Personal growth, such as self-discipline, self-esteem, independence, and self-knowledge, are also addressed.

### Retention

- Studies over the past 20 years have shown that students who study music achieve better in mathematics, reading, and learning foreign languages.
- The ability to listen actively is a benefit in all subjects.

### CMAC's Fundamental Beliefs

- Music Education is preparation for life.
- Music Education is a lifelong process.
- Everyone can engage with and enjoy music.

Learn more at [harpercollege.edu/cmhc](https://harpercollege.edu/cmhc)





Sylvan ACT Exam Prep



It's proven that students can increase their ACT scores in a matter of weeks. Harper partners with Sylvan Learning to offer the ACT exam prep at Sylvan locations within the Harper community. With small group instruction, practice tests, and the SylvanPrep online tool, students cover all areas of the ACT exam. Sylvan guarantees increased scores when students attend a minimum of 80% of scheduled in-class time and complete eight hours of on-line instruction. Students are awarded six complimentary hours of Sylvan instruction if they do not meet this goal. Prerequisite: LAS 0003 ACT/SAT Practice 101.

LAS0001-029 Sylvan LRC
04/14/24-05/26/24 SU 2:00 pm-6:00 pm
Instructor: Ken Fryszak
TUITION & FEE: \$599.00

Sylvan SAT Exam Prep



It's proven that students can increase their SAT scores in a matter of weeks. Harper partners with Sylvan Learning to offer the SAT exam prep on the College campus. With small group instruction, practice tests, and the SylvanPrep online tool, students cover all areas of the SAT exam. Sylvan guarantees increased scores when students attend a minimum of 80% of scheduled in-class time and complete eight hours of online instruction. Students are awarded six complimentary hours of Sylvan instruction if they do not meet this goal. Prerequisite: LAS 0003 ACT/SAT Practice 101.

LAS0002-025 Sylvan LRC
04/14/24-05/26/24 SU 2:00 pm-6:00 pm
Instructor: Ken Fryszak
TUITION & FEE: \$599.00



Model United Nations

Look for the Model United Nations course (for ages 11-14) in our summer catalog or visit us at ce.harpercollege.edu to learn more.

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MUSIC, ARTS & WRITING

PERSONAL INTERESTS

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YOUTH & TEENS

# Community Education Registration



## Register Online Visit [ce.harpercollege.edu](http://ce.harpercollege.edu)

1. Select your course and click 'add to cart'
2. At checkout, log into the student portal or create a new account
3. Provide payment and complete checkout
4. You will receive a confirmation email with details
5. Enjoy your class!



## Register by Phone Call 847.925.6300

We can register you over the phone.

Course information may change. You will receive an email a few days prior to the start of your class which includes the exact dates, times and location. Log onto your Harper CE account (sign in at [ce.harpercollege.edu](http://ce.harpercollege.edu)) or call 847.925.6300 for up-to-date information.

## Questions?

Monday-Friday, 8:30 a.m. – 4:30 p.m.



Phone: 847.925.6300



Chat: [ce.harpercollege.edu](http://ce.harpercollege.edu)



Email: [ce@harpercollege.edu](mailto:ce@harpercollege.edu)

### **Books/Supplies**

Supply lists for courses are on individual course pages at [ce.harpercollege.edu](http://ce.harpercollege.edu).

### **Tuition Waivers**

Do not apply to classes offered by third parties, including courses that begin with the prefixes LRN and LPL.

### **Drops/Withdrawals/Refunds**

A student must drop a class at least 3 days or more before it begins in order to receive a full refund. There are no refunds for withdrawals. The College reserves the right to cancel any section of any course for any reason. If a class is cancelled, a full refund will be given reflecting the original payment method.

### **Student Discounts (Age 65+)**

These discounts apply to tuition only (fees are not discounted) for certain Community Education courses. Discounts can't be combined with other discounts and don't apply to courses delivered through a partnership or by a third-party providers (i.e. courses that begin with the prefix LPS, LRN or LPL). If a discount is available, it will appear as an option in the shopping cart during checkout. For details, visit [ce.harpercollege.edu](http://ce.harpercollege.edu) or call 847.925.6300.



## TELL YOUR STORY

### CREATIVE AND NOVEL WRITING COURSES

Have you thought about writing your story and sharing life-altering events? Dreaming of writing a book? Now is the time! Our writing courses help you achieve your goals, whether you just have an idea or started and can't get to the finish line. Instructors and fellow writers provide guidance, support, and accountability to reach your goal.

Learn more on p. 47

*“As a result of taking CE writing classes, I can confidently call myself a writer and proudly tell people that I am writing a novel. I believe in my writing abilities, and a lot of that has to do with the encouragement I have received from my instructor, Laura.”* -Ann, CE Student

## NEW CAREER COURSES COMING THIS SUMMER:

- Green Living Basics: Solar
- Solar Energy Career Exploration
- Introduction to Microsoft Teams
- American Heart Association Heartsaver® CPR/AED/First Aid



Visit [ce.harpercollege.edu](http://ce.harpercollege.edu) for more information.



## SAY SÍ to SUCCESS

### EARN THE CONVERSATIONAL SPANISH DIGITAL BADGE

Understanding and speaking Spanish has become increasingly important in the job market. Many employees see these skills as a preferred or even a necessary job requirement. Proficiency in Spanish might give you that complete advantage as you seek your next job or promotion.

Find out more on p. 66

Completion requirements:

- Conversational Spanish I
- Conversational Spanish II
- Conversational Spanish III
- Conversational Spanish IV
- Digital Badge in Spanish - Online Component

This is Harper College (USPS 668-870) is published by William Rainey Harper College, with 1 issue in March, June, July, and December. Periodical postage paid at Palatine, IL.

## ECRWSS Residential Customer

December 2023

**THIS IS HARPER COLLEGE**



## INTERNATIONAL STUDY TRIP TO LONDON

Visit London with the guidance of two of Harper College's outstanding faculty members. More than just an opportunity to be a tourist, you'll gain international experience, cross-cultural communication skills, and global awareness, that are all becoming increasingly important in work and study.

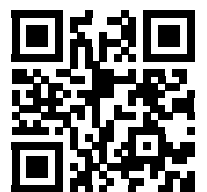
This spring, you can choose from a course specifically developed for Community Education students or the specially tailored Sociology 101. Both have a focus on cross-social comparison between the US and UK and include a 10-day site visit to London (May 22 to June 2, 2024).

You'll attend a Shakespearean play at the Globe, take a Canal Cruise, visit the Migration Museum and Westminster, and engage in a London Scavenger Hunt. You will also visit the neighborhood markets of Borough, Brick Lane, and Camden.

For more details, see p. 52

## FIND US AT YOUR FAVORITES

CE Site and Blog at [ce.harpercollege.edu](http://ce.harpercollege.edu)



**Scan me** to learn more about  
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